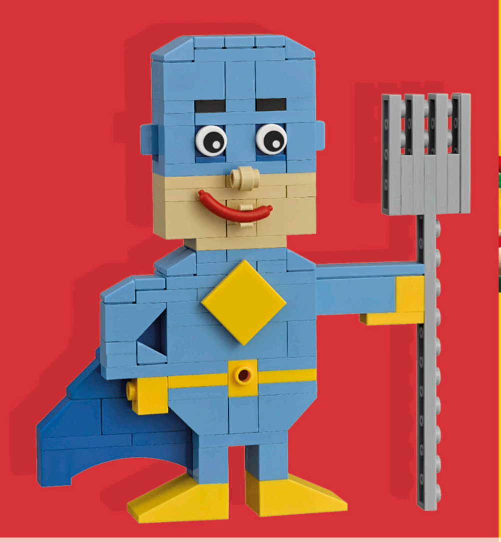

Get creative

Look after the planet

Be curious

100 ways to Rebuild the world™

Care for others

Build to make you happy

Bring joy

100 ways to Rebuild the world™

Written by
Helen Murray

DK

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Introduction

Be inspired to make a difference to the world around you—all while getting creative with your LEGO® bricks! Even the smallest changes and acts of kindness can make a big difference.

Discover 100 different ways to be brave, curious, and kind—to yourself, to others, to your community, and to the planet. You can read the book from cover to cover, dip in for ideas, or even see if you can complete the checklist on page 90. Grab your LEGO bricks and get inspired to make the world an even more awesome place to live!

THINK BIG ... BUT START SMALL!
PIZZA

SMALL CHANGES CAN MAKE A BIG DIFFERENCE!

What will you do today?

It can be hard to know where to begin to rebuild the world! Here are a few questions you can ask yourself to get started. What are you waiting for?

Who needs some love today?

My family

Surprise them with one of these: **78** Treat someone (p.74); **24** Host an awards night (p.31); **83** Give a thoughtful gift (p.77).

A neighbor

Make someone's day: **6** Give a thank-you card (p.15); **67** Be a good neighbor (p.66); **99** Spread some cheer (p.89).

A classmate

Reach out to someone in your class: **13** Share your skills (p.20); **30** Help a classmate (p.36); **38** Welcome everyone (p.43).

A friend

Bring a smile to a pal's face with one of the following: **8** Make someone laugh (p.16); **40** Step into their shoes (p.44); **70** Be their biggest fan (p.68).

Me!

Take care of yourself: **58** Have sweet dreams (p.58); **90** Celebrate the little things (p.82); **94** And breeeeathe! (p.85).

Animals

Discover how you can help: **9** Be animal aware (p.17); **37** Bee friendly (p.42); **95** Be kind to furry friends (p.86).

Where shall I help out today?

At home

Take on one of the following: **28** Top a chore chart (p.34); **44** Be a chef (p.47); **50** Tell a LEGO® tale (p.52).

At school

Give one of these a try: **3** Boost positivity (p.13); **60** Start a club (p.60); **82** Volunteer at school (p.76).

In my community

Why not try these? **46** Hunt for rainbows (p.49); **57** Befriend an elderly person (p.58); **75** Start a "library of things" (p.72).

The wider world

Start here: **51** Be awesome and recycle (p.53); **35** Lights out (p.40); **96** Take a shower challenge (p.87).

What are you in the mood for?

Being active

Break a sweat: **4** Ready, steady, grow … (p.14); **18** 3, 2, 1 … run! (p.25); **47** Become a team player (p.50).

Discovering something new

Try one of these: **62** Celebrate heroes (p.61); **85** Start a special book club (p.79); **87** Explore the world (p.80).

Getting super creative

Take on a challenge: **17** Be a food-waste hero (p.24); **33** Say cheese! (p.38); **54** Celebrate where you live (p.55).

Being dramatic

Put on a showstopping performance: **23** Sing for joy (p.30); **43** Make your school sparkle (p.46).

Getting organized

Take on a challenge to begin sorting: **10** Become a cleaning whiz (p.18); **20** Give toys a new home (p.28); **42** Swap it! (p.45).

Fancy a team challenge?

Yes

Want to build with friends? Try one of these: **32** Start a chain of creativity (p.37); **36** Solve it! (p.41); **63** Build together (p.62).

No

Playing alone? Take on one of these fun solo activities: **19** Go on a bug hunt (p.26); **45** Celebrate you! (p.48); **73** Focus your mind (p.71).

What's the weather like?

THE LEGO NEWS

Bad!

Stay inside and try a new activity: **15** Create a family game (p.22); **21** Discover your history (p.29); **80** Read all about it! (p.75).

Beautiful!

Head outside with one of these: **12** Be a litter champion (p.20); **77** Get outdoors! (p.73); **84** Meet new critters (p.78).

Or why not try something totally random?

How about one of these?

7 Save your pennies (p.16);
25 Go on a pet adventure (p.32);
97 Look around you! (p.87).

Offer a hug

1

If someone in your family has woken up in a sad or grumpy mood, show them you care about them by giving them a squeeze! It's quick, it's free, and scientists have found that a good hug helps reduce bad feelings. Share a hug and you'll both feel the happy benefits.

AW, COME HERE!

Pick up a friendship

2

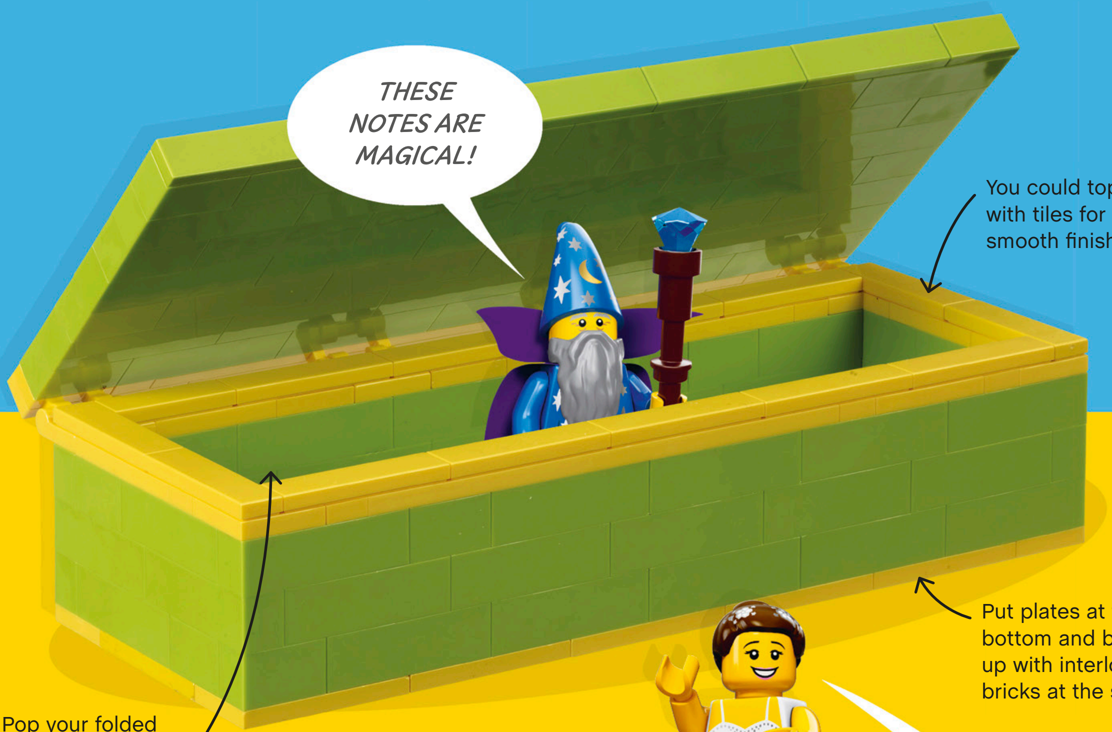
Get back in touch with a friend you no longer see. Perhaps you now go to different schools, or your buddy has moved away. If you live far apart, why not write a letter? You could become pen pals. Have fun telling each other what has been happening in your lives.

IT'S TURNED CHILLY RECENTLY
IT'S VERY HOT HERE!

3

Boost positivity

Bring sunshine to every day with a gratitude box for home or school. Have fun building your LEGO® box together. Then write on a piece of paper one or two things each day that you are thankful for, and put them in the box. Take turns reading them out loud to each other for a positive start or end to your day.


THESE NOTES ARE MAGICAL!

You could top it with tiles for a smooth finish

Put plates at the bottom and build up with interlocking bricks at the sides

Pop your folded up pieces of paper in the box

I LOVED DANCING WITH MY FRIENDS TODAY

PLAYING WITH MY NEW LEGO SET WAS SO MUCH FUN

I SAW A BEAUTIFUL RAINBOW!

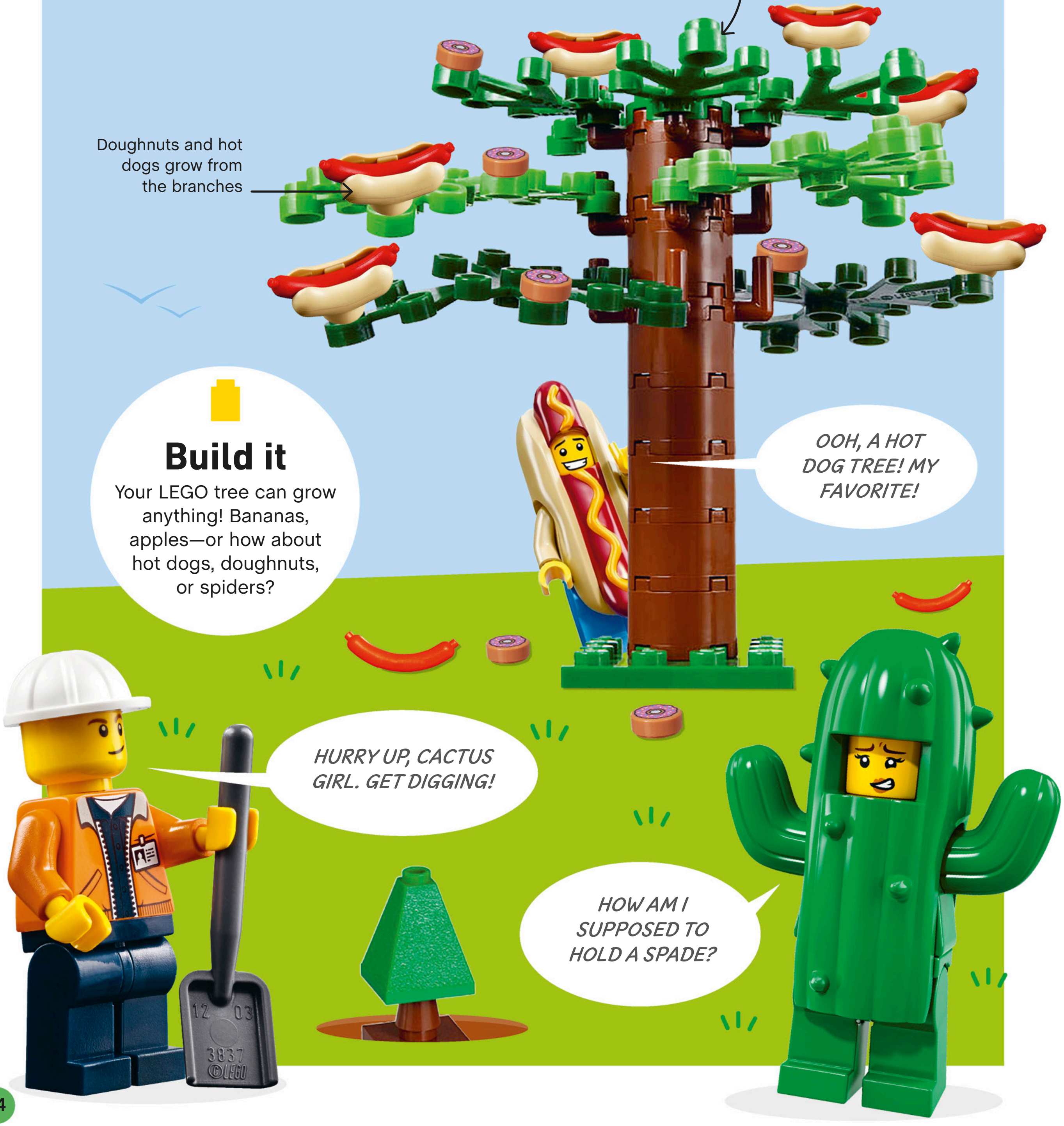
Build it

Your box could have a lid if you have LEGO hinge pieces, or you could leave it open.

Ready, steady, grow ...

4

Look for volunteering groups in your area to see if you can help plant a tree at a local park or woods. Trees absorb pollution and help clean the air. Why not build a fun LEGO tree first for inspiration?



Leaf pieces connect to round plates with bars

Doughnuts and hot dogs grow from the branches

OOH, A HOT DOG TREE! MY FAVORITE!
HURRY UP, CACTUS GIRL. GET DIGGING!
HOW AM I SUPPOSED TO HOLD A SPADE?

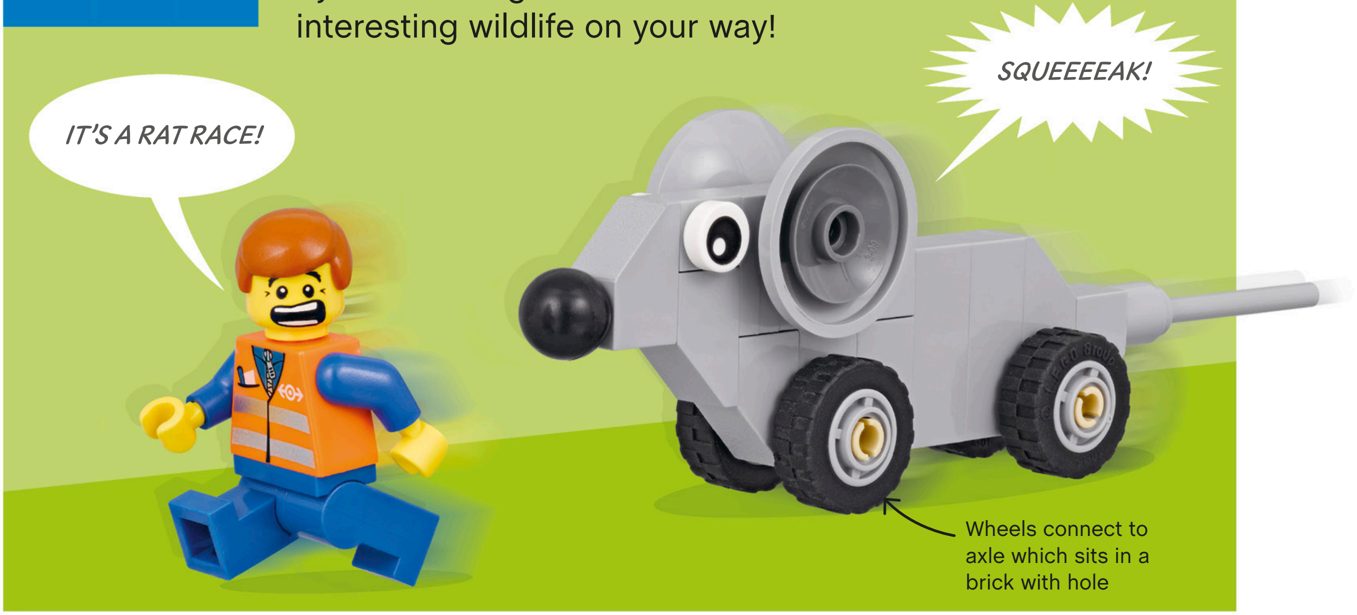
Build it

Your LEGO tree can grow anything! Bananas, apples—or how about hot dogs, doughnuts, or spiders?

5

Get moving!

Help cut down on pollution by cycling or walking when you can, instead of traveling by car. You might even see some interesting wildlife on your way!

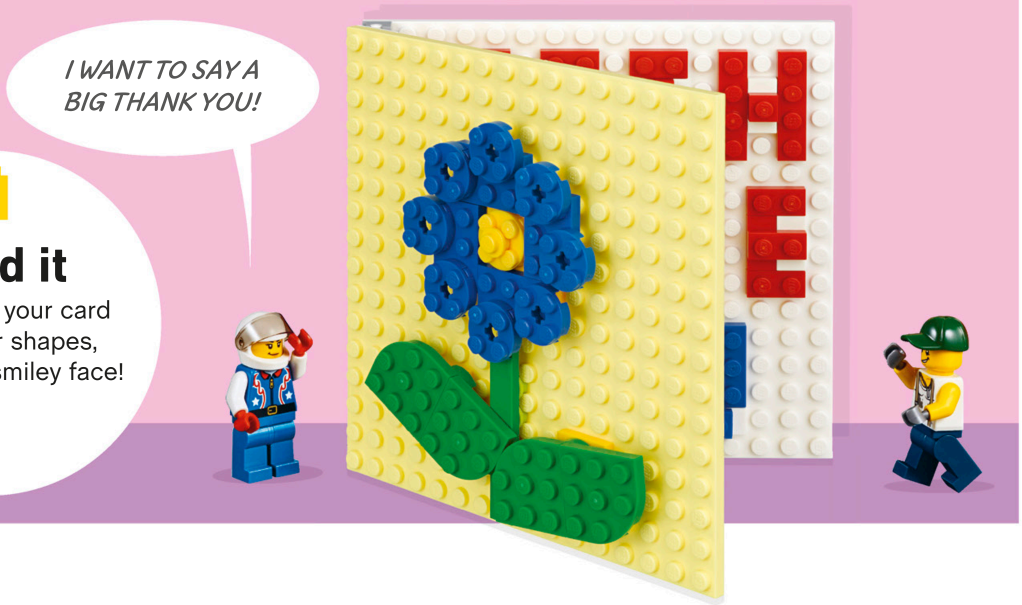


Wheels connect to axle which sits in a brick with hole

6

Give a thank-you card

Make somebody's day a little brighter. Build a LEGO card and decorate it to say thank you to a neighbor, bus driver, or teacher. Design a nice message to go inside.



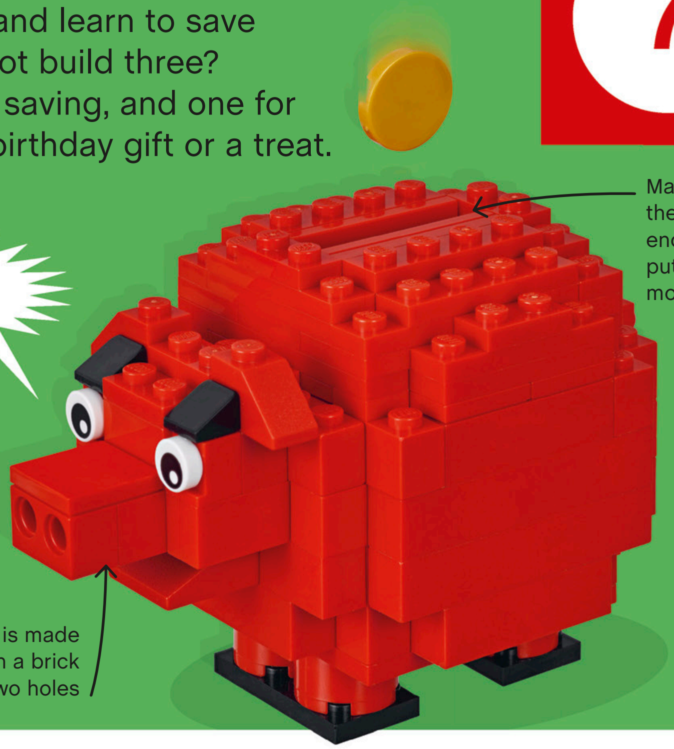
Build it

Personalize your card with flower shapes, hearts, or a smiley face!

7

Save your pennies

Build a LEGO piggy bank and learn to save money. Even better, why not build three? One for spending, one for saving, and one for sharing—buy someone a birthday gift or a treat.



Make sure the slot is big enough to put your money in

Snout is made with a brick with two holes

Build it

Your piggy bank can be any shape you like. It just needs to be hollow, with a slot to put money in.

8

Make someone laugh

Telling a joke is a laughing matter. Get creative and write your own jokes, or memorize a few favorites and cheer up your family members and friends. It will tickle your funny bones, too!

WHY WOULDN'T THE SKELETON GO SKYDIVING?
HE DIDN'T HAVE THE GUTS FOR IT!

9

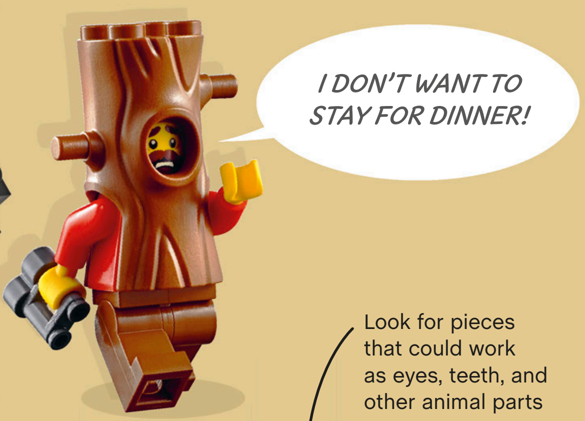
Be animal aware

Find out about endangered animals from books or online. Why not build an animal with LEGO bricks and share what you have learned at a “show and tell” at school? The more we know about endangered animals, the more we can help them.

Discover what your animal likes to eat—the giant panda eats bamboo

Build it

Think about the animal features that really stand out, such as a panda’s coloring, a rhino’s horn, or a tiger’s stripes.



Look for pieces that could work as eyes, teeth, and other animal parts

A LEGO cone piece makes a great rhino horn

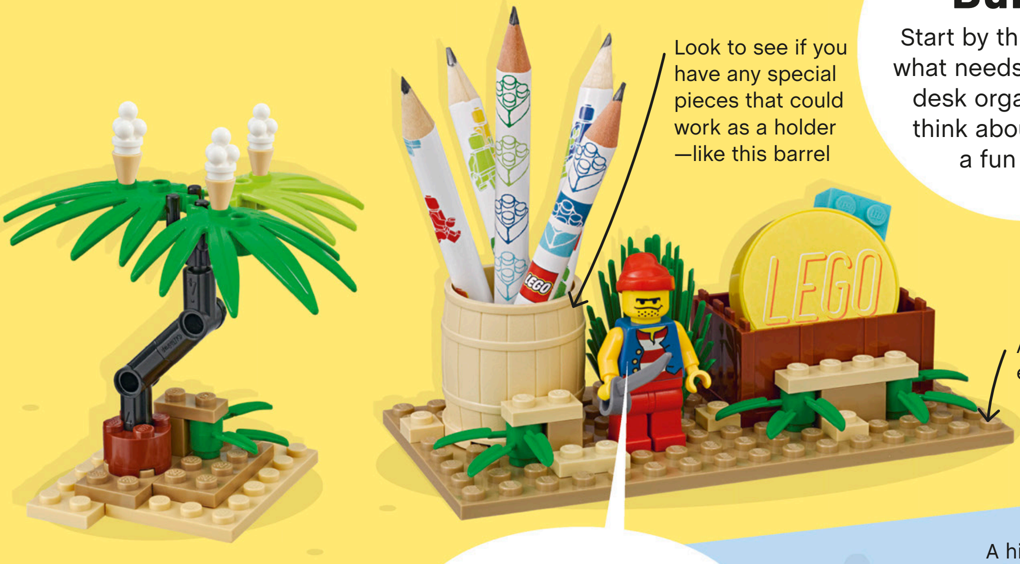
Become a cleaning whiz

10

"Clean your room!" It's the chore that can be a bore, but there are ways to make it more fun! Put some music on, race against the clock, or be inspired by your LEGO bricks. Look around you for what you could declutter. Why not build a LEGO pen holder to keep your desk tidy? What else could you build for your room?

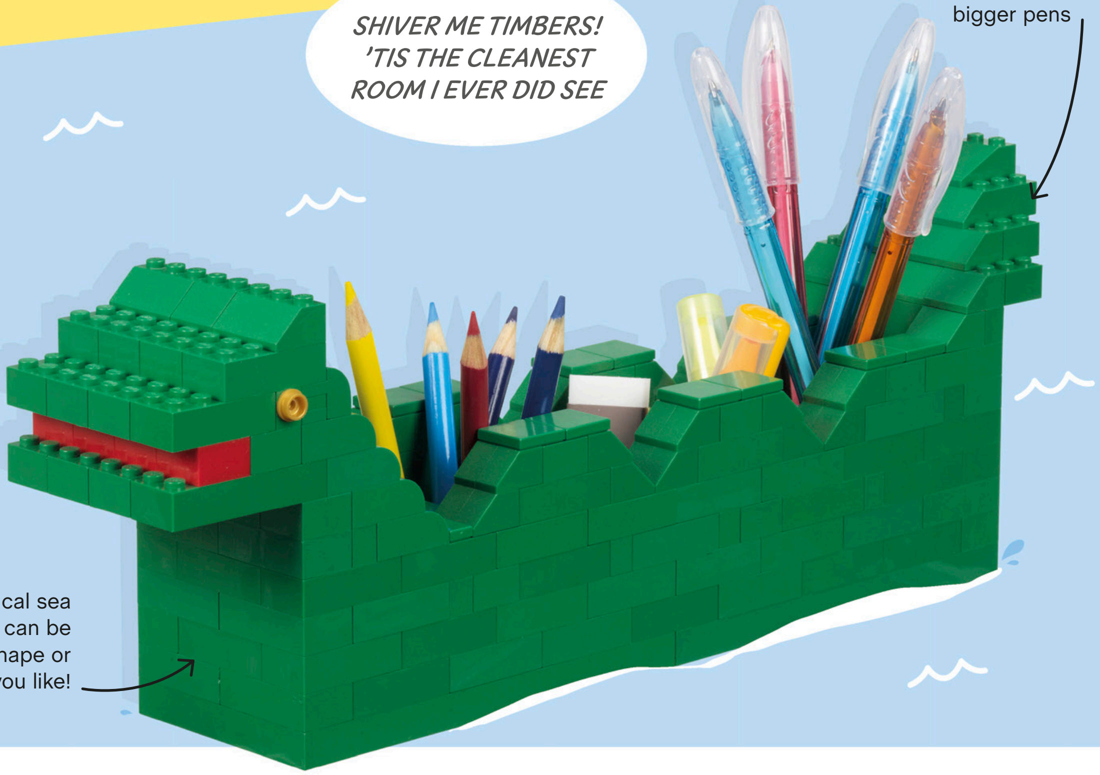
Build it

Start by thinking about what needs to fit in your desk organizer. Then think about colors or a fun theme.



Look to see if you have any special pieces that could work as a holder—like this barrel

A baseplate keeps everything stable



A high tail supports bigger pens

A mythical sea monster can be any shape or color you like!

11

Celebrate differences

Differences are great! The world would be a very dull place if everyone were the same. Get together with your friends and build each other as LEGO minifigures. Think about the many ways you are alike and different. We often find we love people precisely because they are not the same as us.

YOU HAVE THE PRETTIEST EYE
YOU HAVE THE BEST MUSTACHE!
IT MUST BE AMAZING TO BE ABLE TO FLY
I WISH I COULD SING LIKE YOU!

Minifigures could look like your friends or reflect their personalities or hobbies in some way

Be a litter champion

12

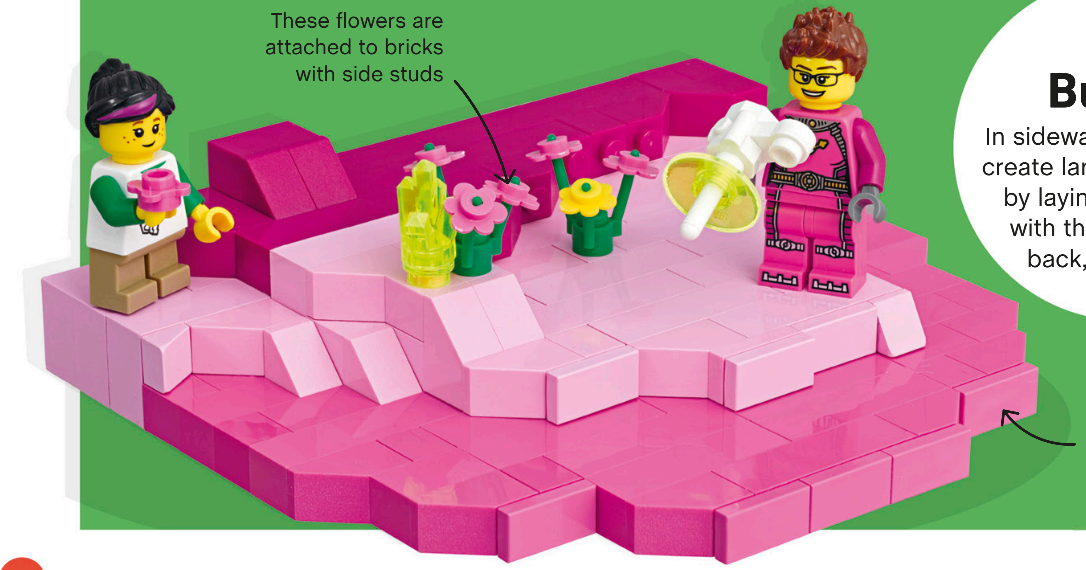
Help out in your community—and make it a prettier place to live. Neighborhood organizations often hold seasonal clean-up days for cleaning up parks and other public areas. Get outside with your family, put on some gloves, and start clearing.

Use recycling bins where appropriate
I'M GIVING LITTER THE BRUSH-OFF!
PIZZA

Share your skills

13

Are you a whiz at something? Playing an instrument, card tricks, or building with LEGO bricks? If so, don't keep your skill to yourself. Teach it to a friend! Why not teach them some LEGO building tips, such as how to build sideways?


These flowers are attached to bricks with side studs
Tiles hide the studs at the edge of the terrace

Build it

In sideways building, you create large, flat surfaces by laying bricks down with the studs at the back, not the top.

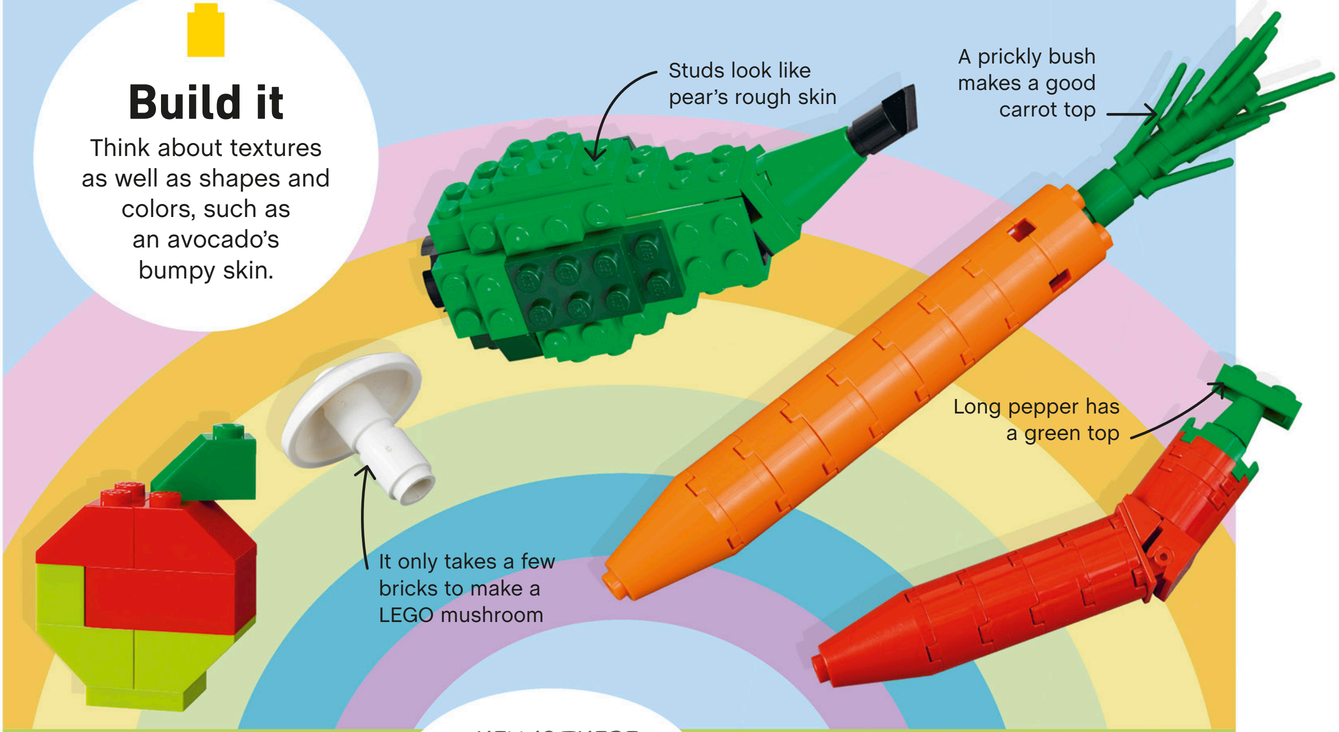
14

Eat a rainbow

Fruit and vegetables are bursting with vitamins and minerals that keep us healthy and strong. We need at least five portions a day. Build a bumper crop of LEGO fruit and vegetables, and you might just find your appetite for the real thing beginning to grow!

Build it

Think about textures as well as shapes and colors, such as an avocado's bumpy skin.


Studs look like pear's rough skin
A prickly bush makes a good carrot top
Long pepper has a green top
It only takes a few bricks to make a LEGO mushroom

HEY, IS THERE ONLY ONE BANANA LEFT?
YES, BUT IT'S THE BEST OF THE BUNCH!

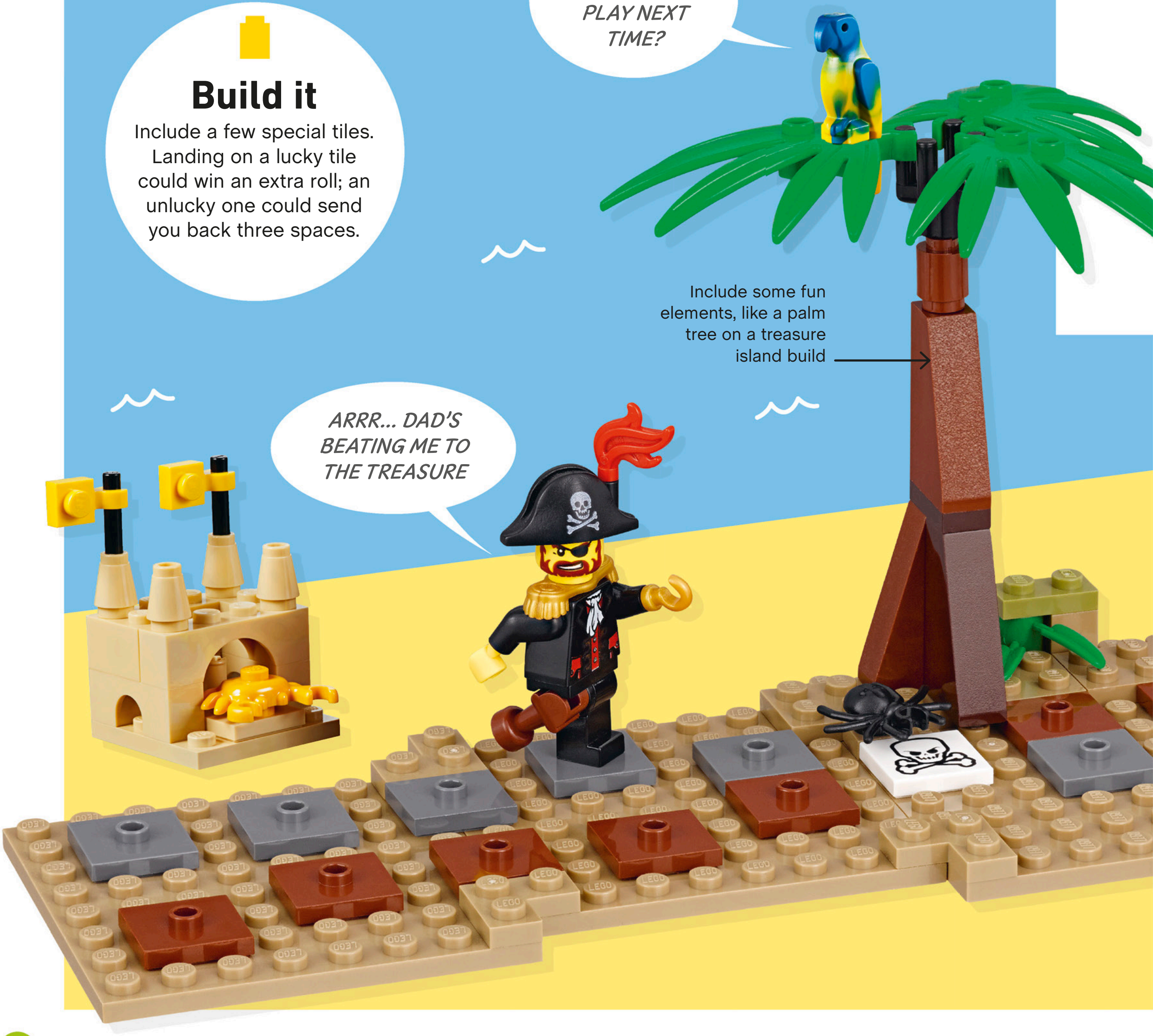
Create a family game

15

Family time doesn't have to mean just watching TV together. Why not share some fun with your very own LEGO board game instead? Build a course, choose a finishing point, and draw up some rules. Pick a minifigure to represent each family member and start rolling that die!

Build it

Include a few special tiles. Landing on a lucky tile could win an extra roll; an unlucky one could send you back three spaces.


THIS LOOKS FUN. CAN I PLAY NEXT TIME?
ARRR... DAD'S BEATING ME TO THE TREASURE

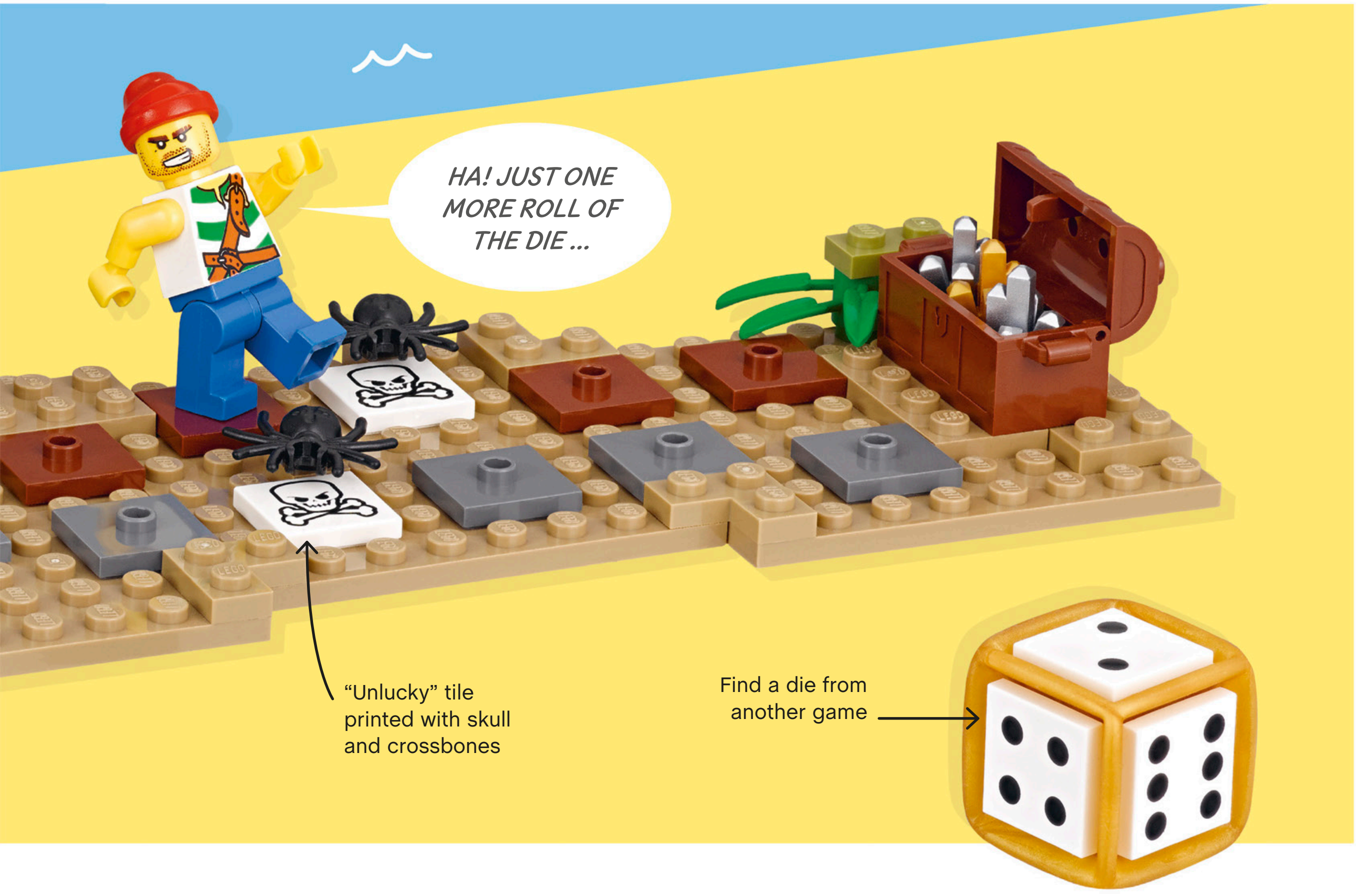
Include some fun elements, like a palm tree on a treasure island build

16

Talk to the new kid

It can be daunting to join a new school or club. If you see a newcomer, make sure to welcome them. Start chatting and help them feel like one of the gang. You might have lots in common!

WOW! YOU'RE ALL LEGO FANS LIKE ME?


HA! JUST ONE MORE ROLL OF THE DIE ...

"Unlucky" tile printed with skull and crossbones

Find a die from another game

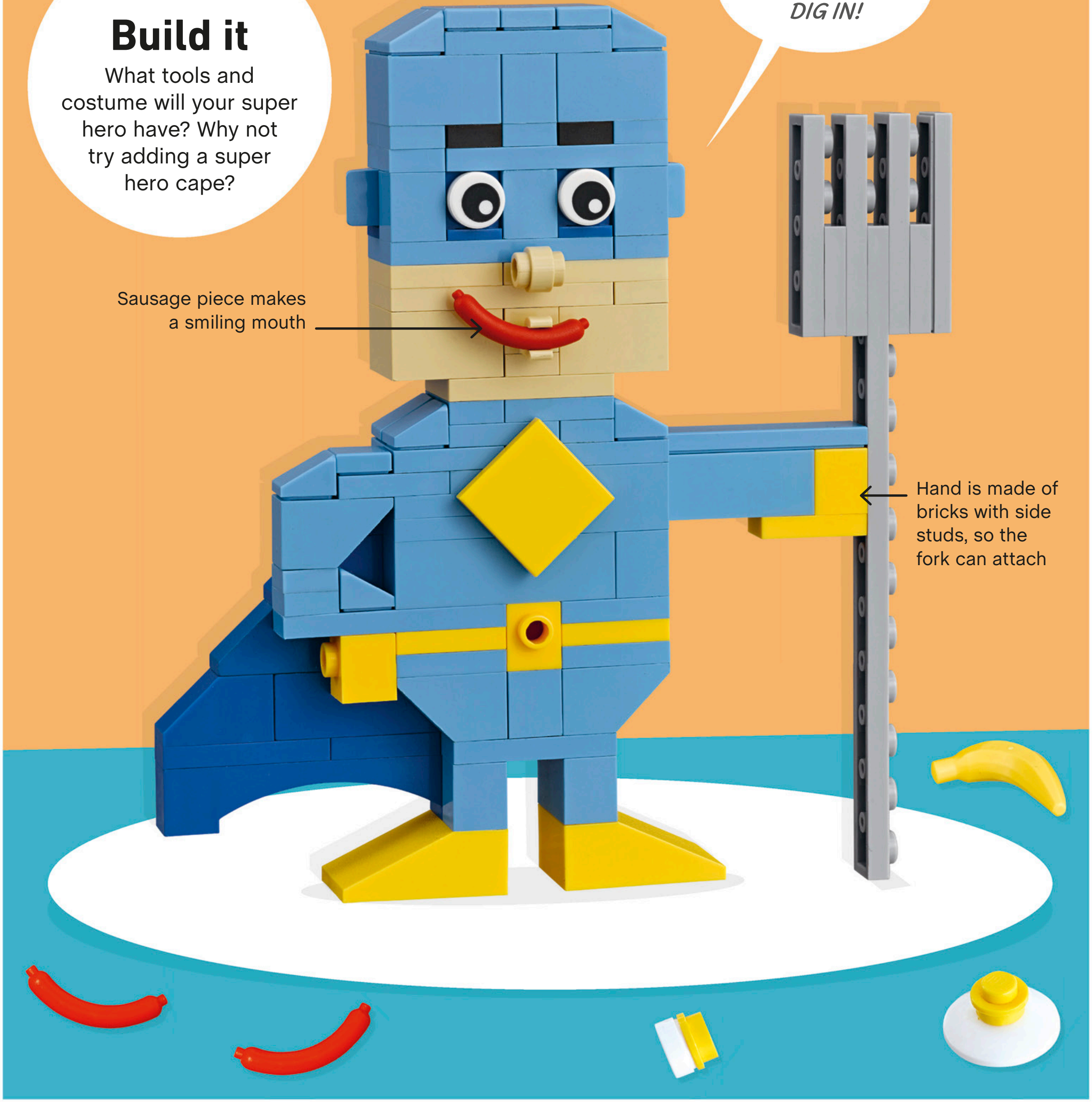
Be a food-waste hero

17

“Captain Cutlery here, with an important message. Nobody wastes food in this kitchen!” Build your very own food-waste super hero to remind your family not to throw food away. Think about all the ways you could waste less. Use up ripe fruit in cakes and pies, add spare vegetables to a soup, and turn leftovers into a new meal.

Build it

What tools and costume will your super hero have? Why not try adding a super hero cape?



Sausage piece makes a smiling mouth

Hand is made of bricks with side studs, so the fork can attach

18

3, 2, 1 ... run!

Being active doesn't have to mean playing sports. Put music on and dance, head to the the playground, or play this fun LEGO building race with a friend. Exercise has so many amazing benefits. It gives us an energy boost, helps us sleep better, and makes us feel happier. What are you waiting for?

I'M FLYING TO THE FINISH LINE
READY, SET, BUILD!

LEGO race

1. You and your friend stand at opposite ends of the room with a pile of LEGO bricks in the middle. Make sure there are no obstacles in the way!

2. Set a timer for three minutes. Both run to the pile of LEGO bricks, run back to your side, and place a brick down.

3. Run between the brick pile and back to your sides, placing your brick on top. When the timer stops, the person with the tallest tower wins!

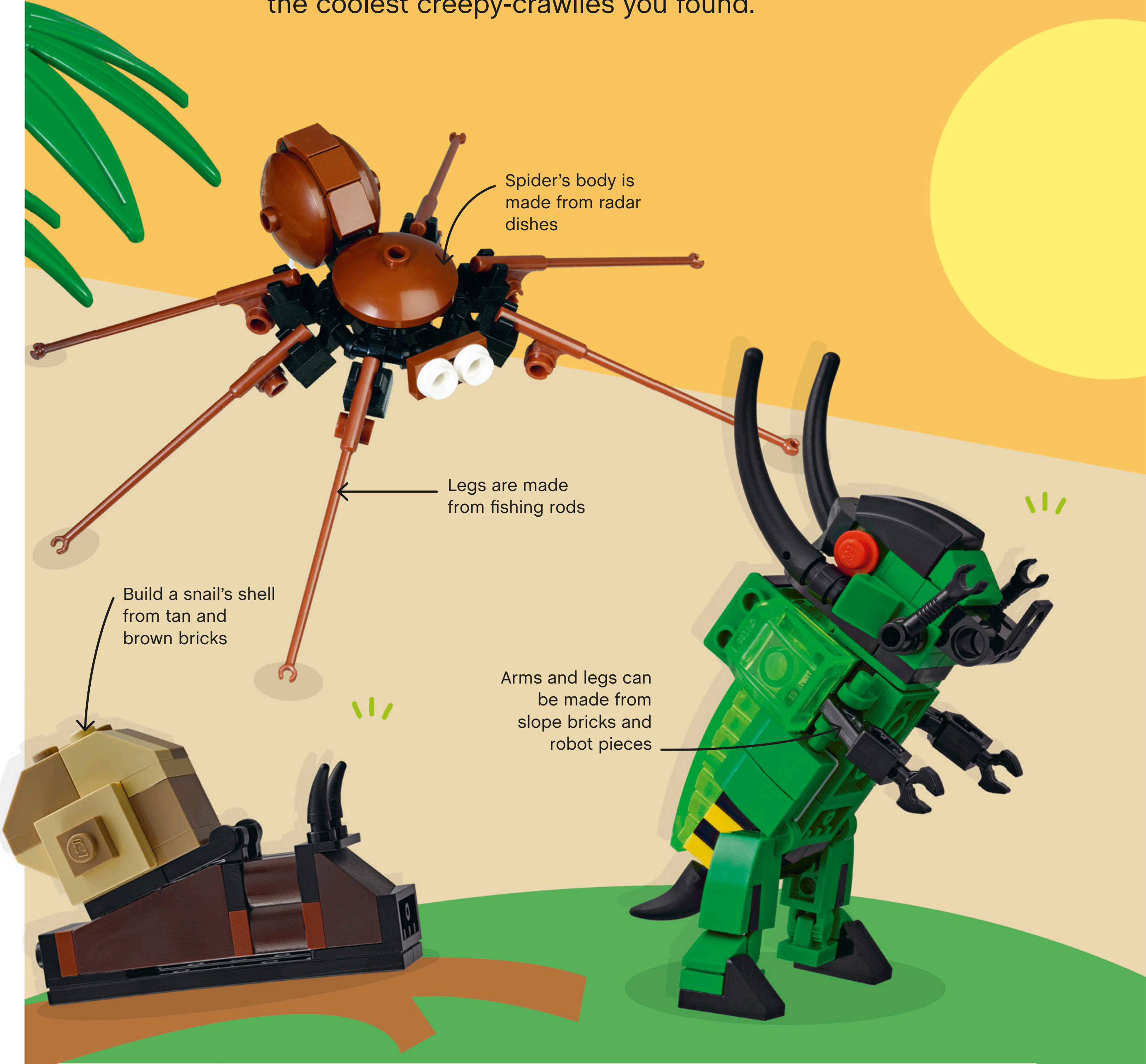
Play it

Build with LEGO bricks and run around at the same time! See who can build the tallest tower in this energetic building game.

19

Go on a bug hunt

Be a minibeast detective and head out on an adventure to your local woodland or park to learn about the important creatures that live there. Many bugs like to live in dark, damp places. Peek under logs or rocks, peer into cracks in bark and walls, and poke your nose into long grass. When home, build LEGO versions of the coolest creepy-crawlies you found.



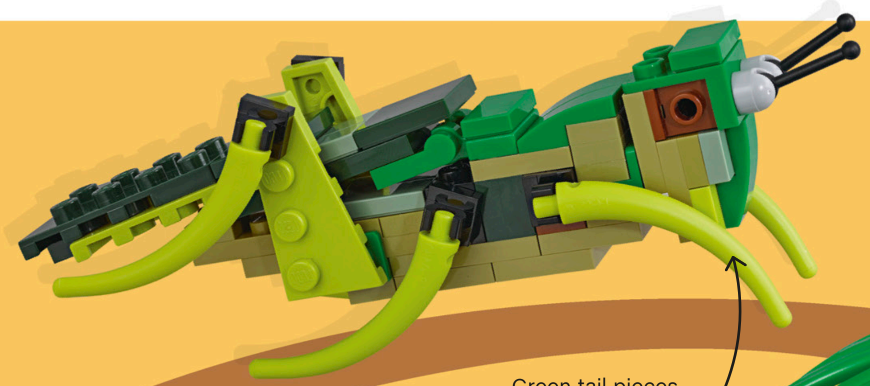
Spider's body is made from radar dishes

Legs are made from fishing rods

Build a snail's shell from tan and brown bricks

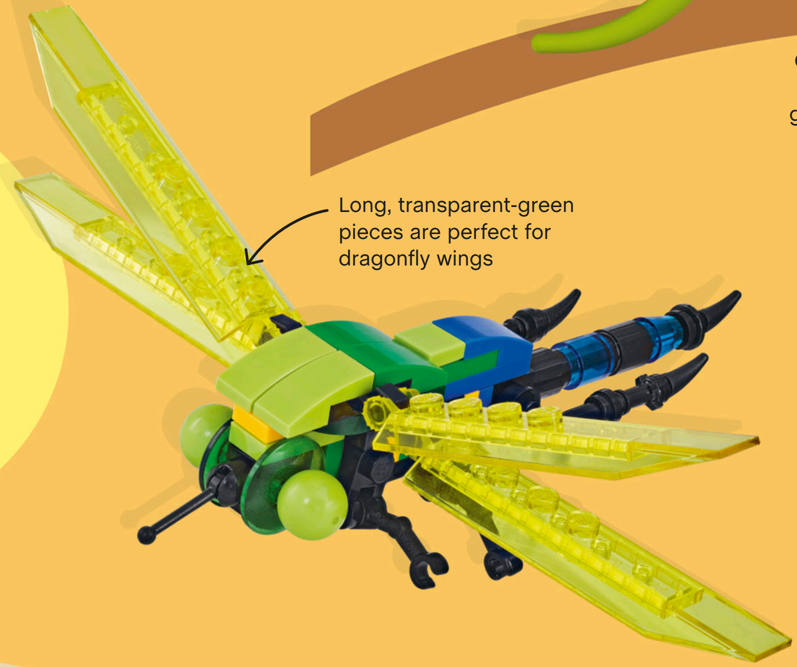
Arms and legs can be made from slope bricks and robot pieces

Remember Minibeasts are small and probably scared of you. Don't pick them up or move them from where you found them.



Green tail pieces make distinctive grasshopper legs

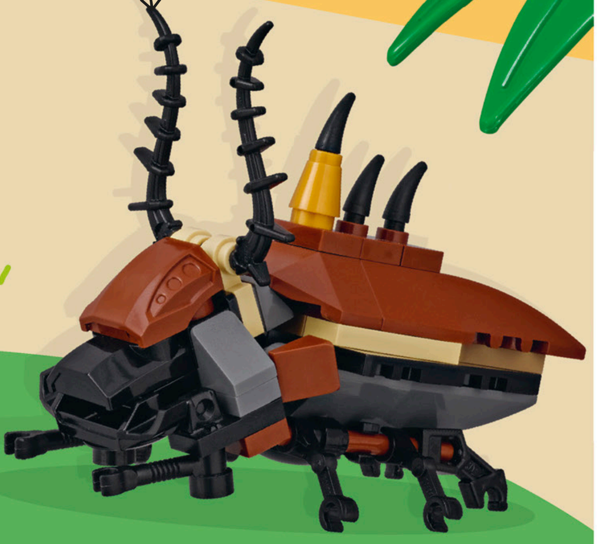
Long, transparent-green pieces are perfect for dragonfly wings



Build it

Look for unusual pieces that can work as antennae, legs, and shells. Be realistic with color, or get creative with your own colorful creations.

Beetle's antennae are black plant pieces



NOBODY WARNED ME THEY WOULD BE THIS BIG!

Give toys a new home

20

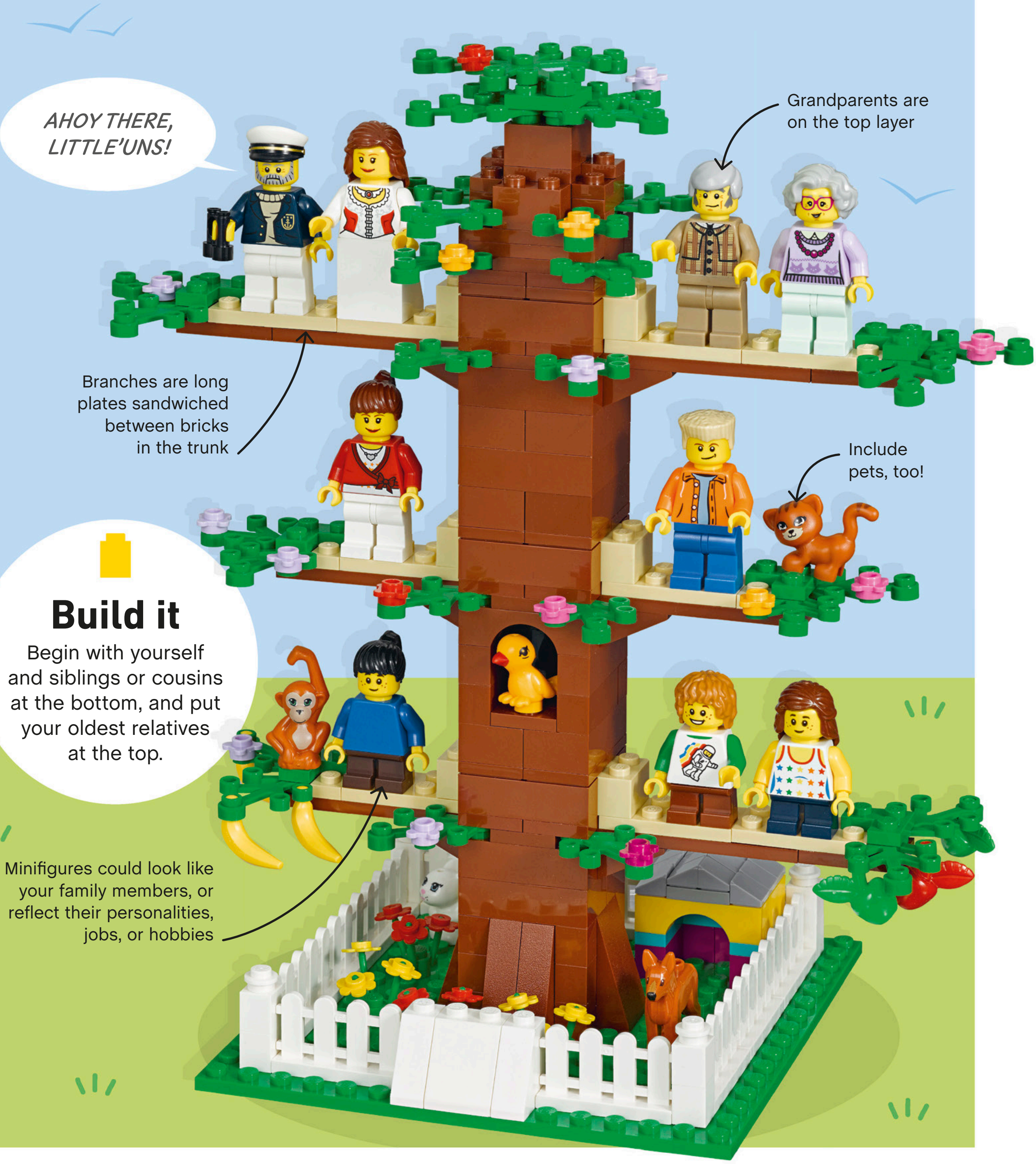
Are there any toys you haven't played with in a long time? Hand down your old toys to younger friends or neighbors. Give the toys a cleaning and make sure that there aren't any missing pieces. It can be hard to part with old toys, but knowing your unused toys will be loved by somebody else will make you feel good.

THIS WAS MY FAVORITE TOY WHEN I WAS A YOUNG ROBOT
YOU'LL LOVE PLAYING WITH MY OLD TOYS!

21

Discover your history

Talk to an older relative about your family history. You're bound to learn a lot! Build a LEGO® family tree to include your grandparents, parents, aunts and uncles, cousins, brothers and sisters—and, of course, you!



Grandparents are on the top layer

Branches are long plates sandwiched between bricks in the trunk

Include pets, too!

Minifigures could look like your family members, or reflect their personalities, jobs, or hobbies

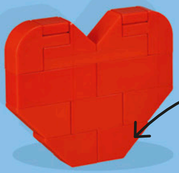
Build it

Begin with yourself and siblings or cousins at the bottom, and put your oldest relatives at the top.

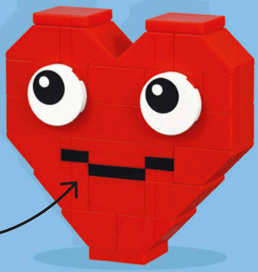
Love yourself

22

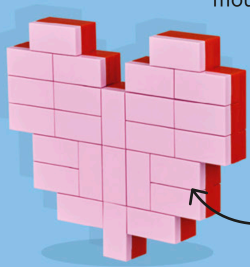
Remember—you are special! Build a LEGO heart to show yourself some love. Place it on your shelf as a reminder when you need it that you are good enough just the way you are. Your LEGO heart could be one color or a mixture of colors.



Sloped bricks form bottom of heart



Add eyes and a mouth for extra cuteness!



Pink tiles are on top of two layers of red plates

Build it

Look for curved bricks to make rounded corners, or go for a blockier effect.

Sing for joy

23

La la la la la la la! There are so many reasons why singing makes us happy. It releases feel-good chemicals in the brain and it makes us feel energized. Why not sing with your friends or neighbors, or join a group? It's fun to sing together. Or you could get creative and make up your own songs!

"EVERYTHING IS AWESOME ..."

24

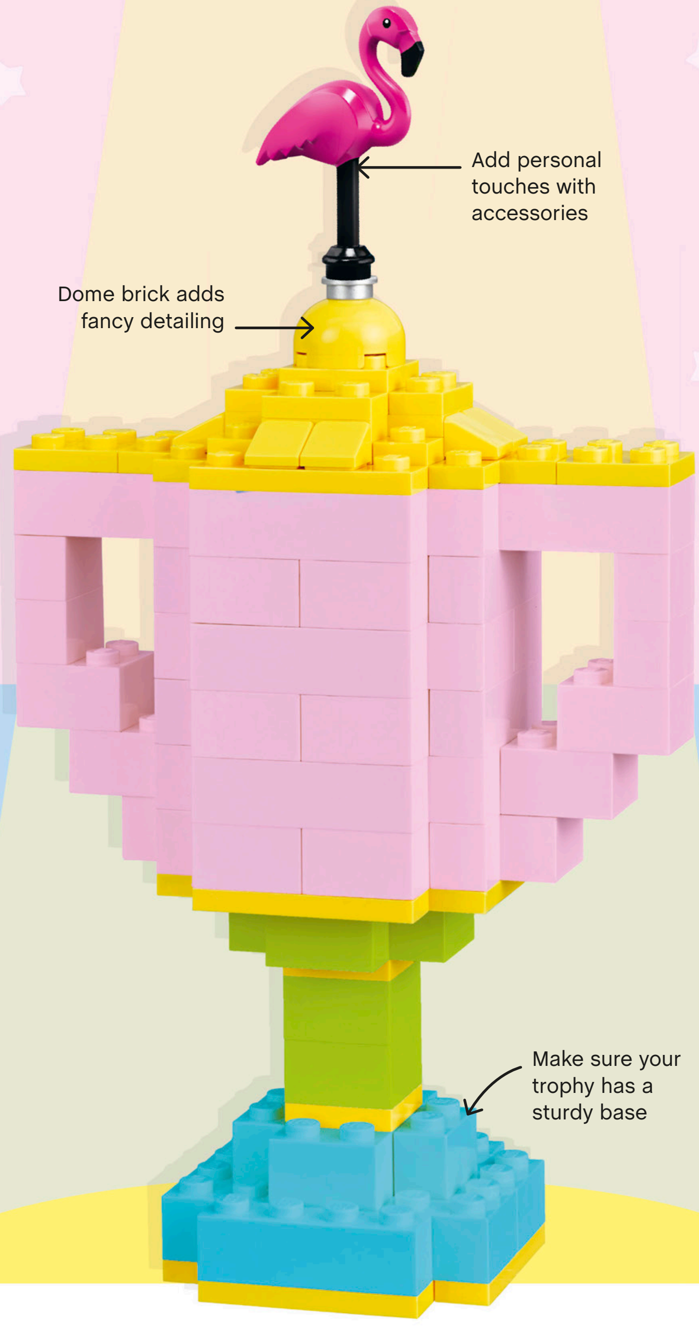
Host an awards night

“Ladies and gentlemen, your host tonight is … me!” Celebrate all the amazing things that your friends or family do by putting on an awards ceremony. Just hearing why you think they are awesome will make their day. Will you give an award to the best hugger, the friend who always makes you laugh, or the bravest spider remover? Build LEGO trophies to make your ceremony extra special.

Build it

Build two sturdy arms for holding the trophy triumphantly in the air.

THE AWARD FOR BEST LEGO TROPHY MAKER GOES TO …



Add personal touches with accessories

Dome brick adds fancy detailing

Make sure your trophy has a sturdy base

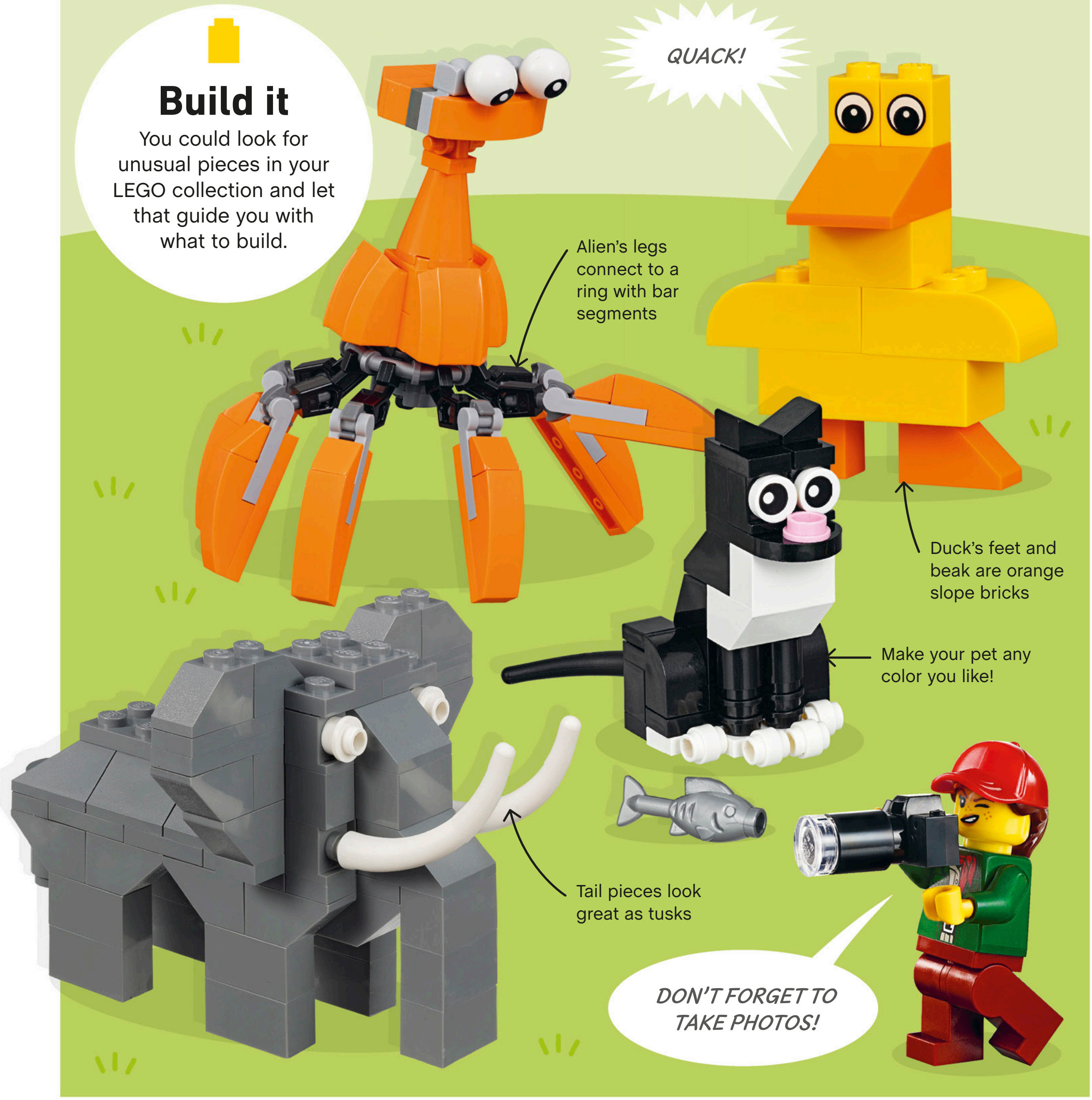
Go on a pet adventure

25

Build a LEGO pet. It could be a cat, a duck, an elephant—or even an alien! Choose a name and take turns with friends, classmates, or family members to "take care of" your pet and take it on adventures. Where will you go? For a walk, to the park, on a picnic ...? After a few days, tell your friends or family all about your exciting experiences.

Build it

You could look for unusual pieces in your LEGO collection and let that guide you with what to build.



Alien's legs connect to a ring with bar segments

Duck's feet and beak are orange slope bricks

Make your pet any color you like!

Tail pieces look great as tusks

26

Share it!

Sharing is caring! Do something nice for a friend or your brother or sister and share your snack or a toy. You'll probably find that they will return the kind deed and share something with you!

DO YOU WANT TO SHARE THIS WITH ME?
YEEESSS PLEASE!

27

Be kind online

Treat others online the same as you would if you were face to face. Positive messages, comments, and emojis will give your friends a real boost. Keep to your agreed rules for online safety and always tell a grown-up if you are concerned about anything you see.

I LOVE YOUR PHOTO —IT'S FIERCE!
ROOARR!

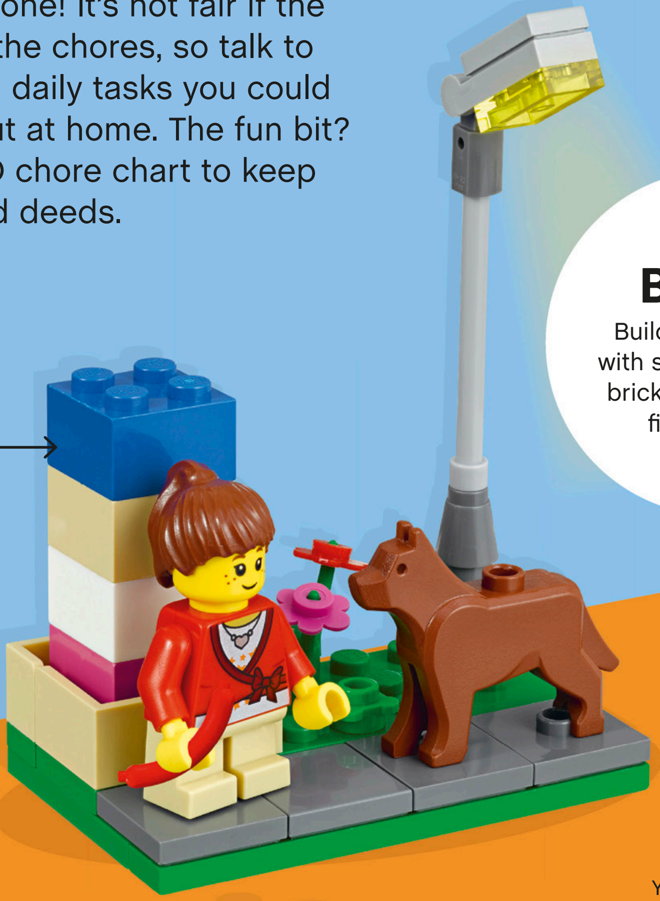
Top a chore chart

28

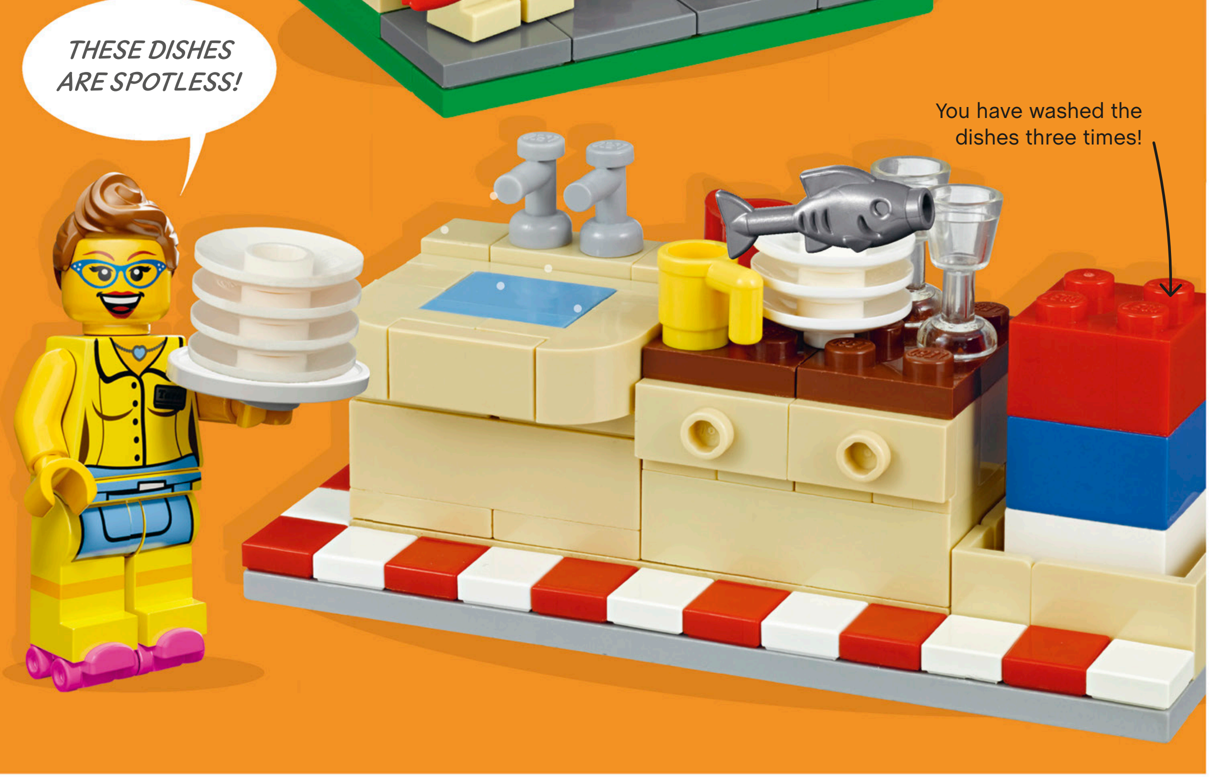
Chores! Ugh! They may not be fun, but they need to be done! It's not fair if the grown-ups do all the chores, so talk to them about which daily tasks you could take on to help out at home. The fun bit? Build a cute LEGO chore chart to keep track of your good deeds.

Build it

Build a little scene with space to stack a brick each time you finish a task.



This stack shows how many times you have taken the dog for a walk

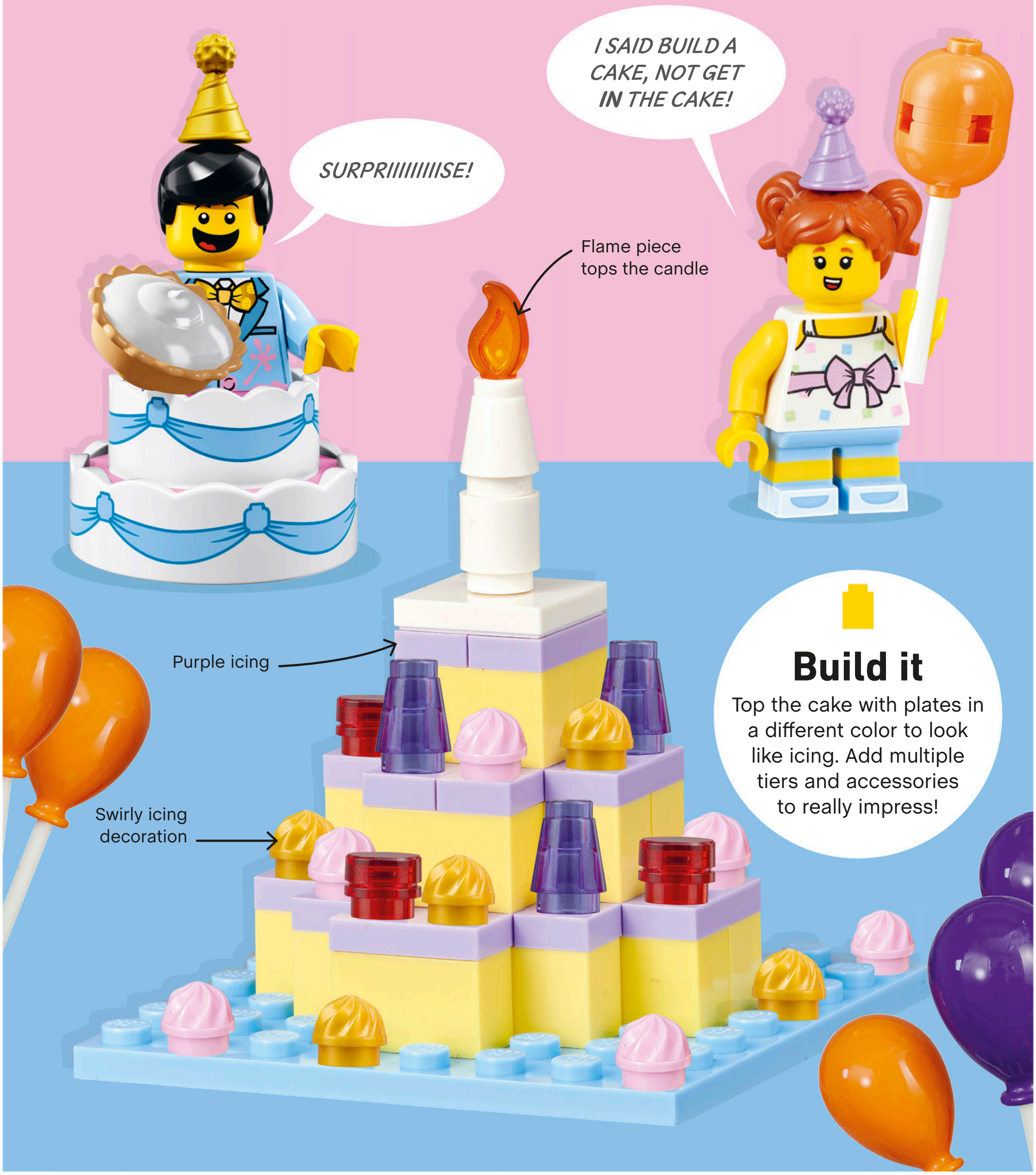


You have washed the dishes three times!

29

Bring the birthday joy

A grown-up's birthday often goes by unnoticed. Make a relative or neighbor's birthday extra special by surprising them with a LEGO birthday cake. Don't forget the candle!


SURPRIIIIIIIIISE!
I SAID BUILD A CAKE, NOT GET IN THE CAKE!
Flame piece tops the candle
Purple icing
Swirly icing decoration

Build it

Top the cake with plates in a different color to look like icing. Add multiple tiers and accessories to really impress!

Help a classmate

30

Do you find math easy or are you a writing whiz? If you're good at something at school, why not offer to help a friend who isn't so confident? Don't actually do their work for them, but share your ideas or talk through how you solved a problem.

I'M REALLY STRUGGLING TO WRITE THIS
I THINK YOU NEED A SMALLER PENCIL!

Offer your seat

31

Show you care by giving up your chair! Look around you when on a bus or train or in a waiting area to see if somebody might need it. If there is somebody elderly, frail, pregnant, or who has a baby or very small children, ask them if they would like your seat.

WOULD YOU LIKE TO SIT DOWN?
YES PLEASE, DEAR!

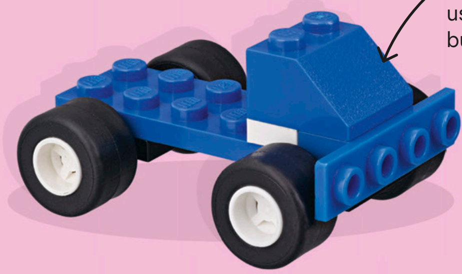
32

Start a chain of creativity

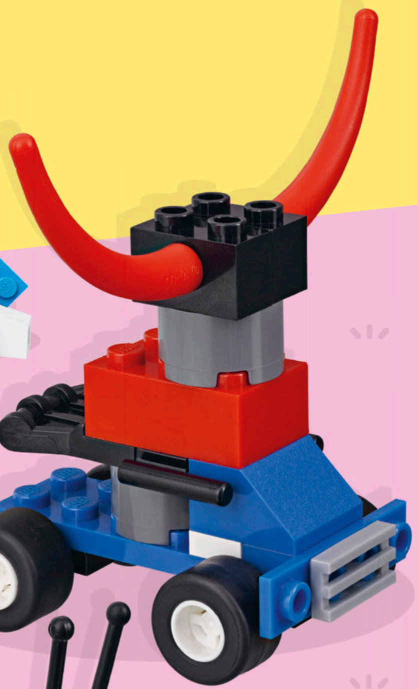
Spread creativity among your friends. The best thing about this fun timed game is that anything goes! What fun creations can you build together? When you've finished, talk about what your creations could be. The sillier the better!

Play it

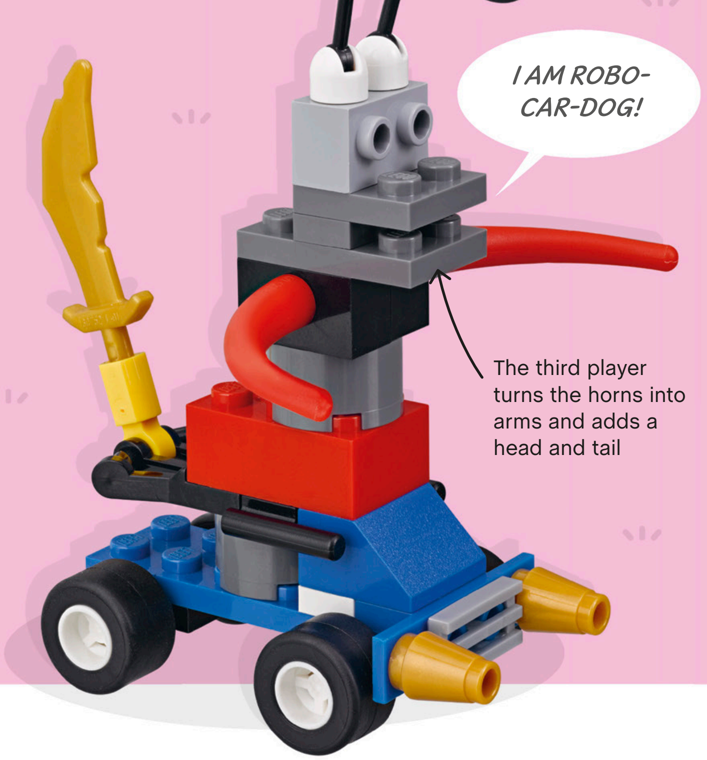
All you need to start a chain of creativity is a large pile of LEGO bricks, your friends, and a timer.



The first player uses 10 bricks to build a little car



The next player adds another 10 pieces



The third player turns the horns into arms and adds a head and tail

Creativity chain

1. Sit around the pile of LEGO bricks. Set a timer for one minute. Grab 10 bricks each and start to build.

2. After one minute, pass your model to the person to your right. Reset the timer for one minute. Each grab 10 more bricks and add them to the model now in front of you.

3. Repeat steps 1 and 2 until everyone has added bricks to all the models.

4. Admire your shared creations!

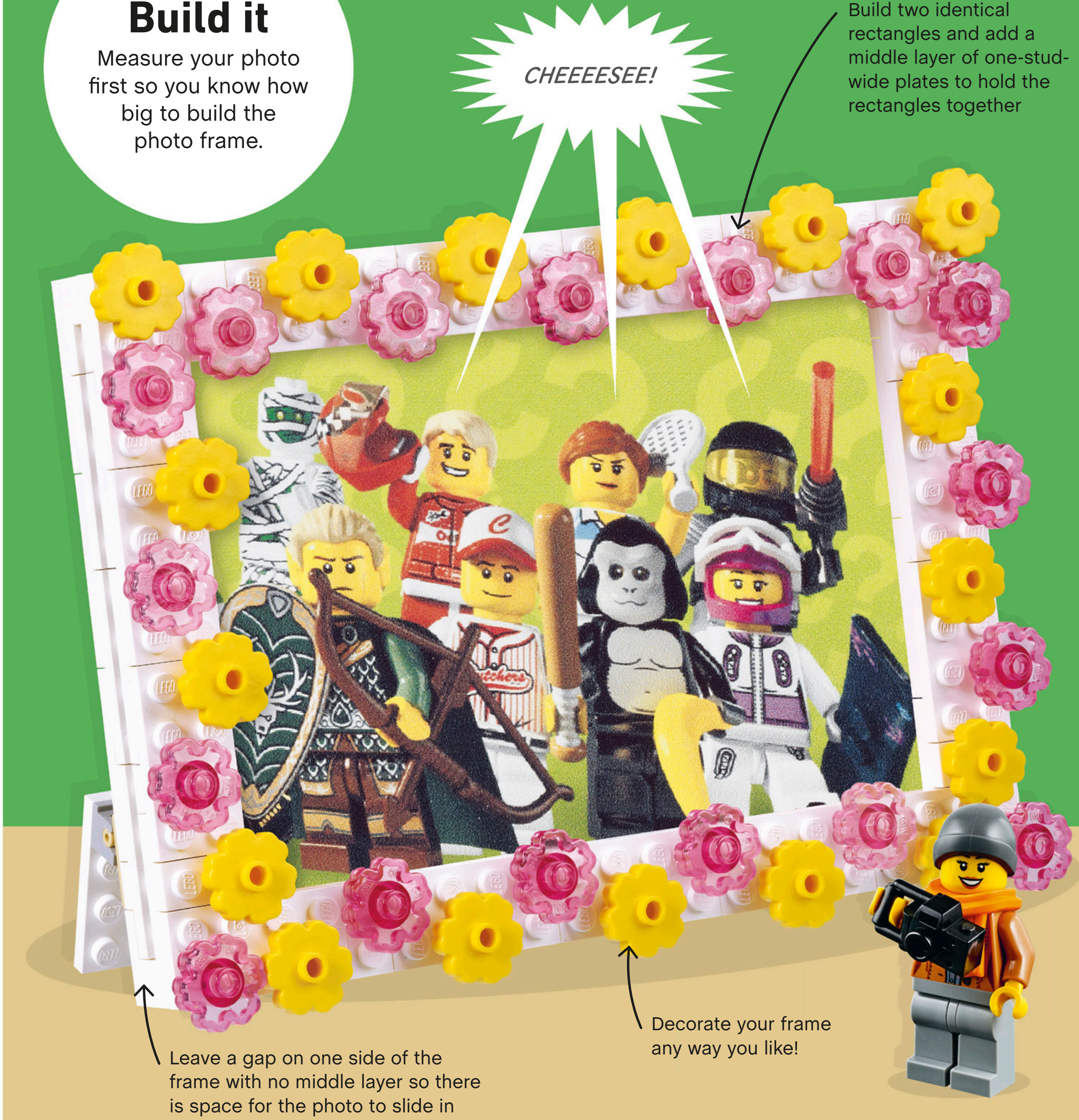
Say cheese!

33

Looking at a photo of your family or friends can make you feel happy inside! Take a new photo or find an old favorite. Ask a grown-up to help you print the photo, and then build a cool LEGO photo frame to put by your bed.

Build it

Measure your photo first so you know how big to build the photo frame.



Build two identical rectangles and add a middle layer of one-stud-wide plates to hold the rectangles together

Leave a gap on one side of the frame with no middle layer so there is space for the photo to slide in

Decorate your frame any way you like!

34

Be the news

Is there something you feel passionate about? Not everyone will share your passion, but they might like to learn more. You could offer to write a story for your school newsletter or present the topic to your class.

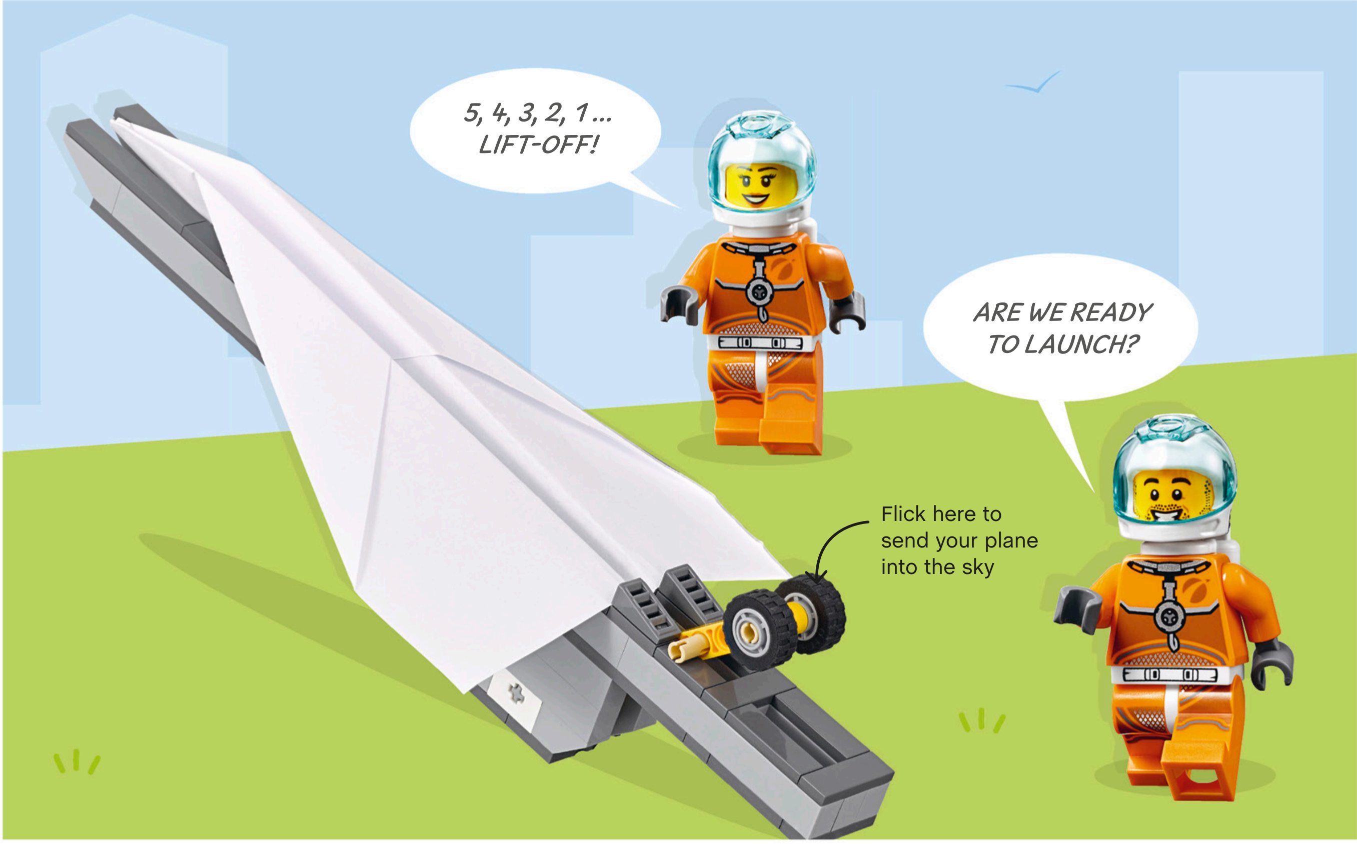
SPACE TRAVEL IS THE FUTURE!
POLICE
NO, CODING IS THE FUTURE!
EAT MORE VEGETABLES!
01001100
01000101
01000111
01001111

Lights out

35

Start a family “lights out challenge” to help everyone remember to turn off lights when they leave a room. Every time you remember to turn off the lights, you gain one minute of your favorite activity. But every time you forget, you lose a minute!

WE LIKE TO HANG OUT IN THE DARK

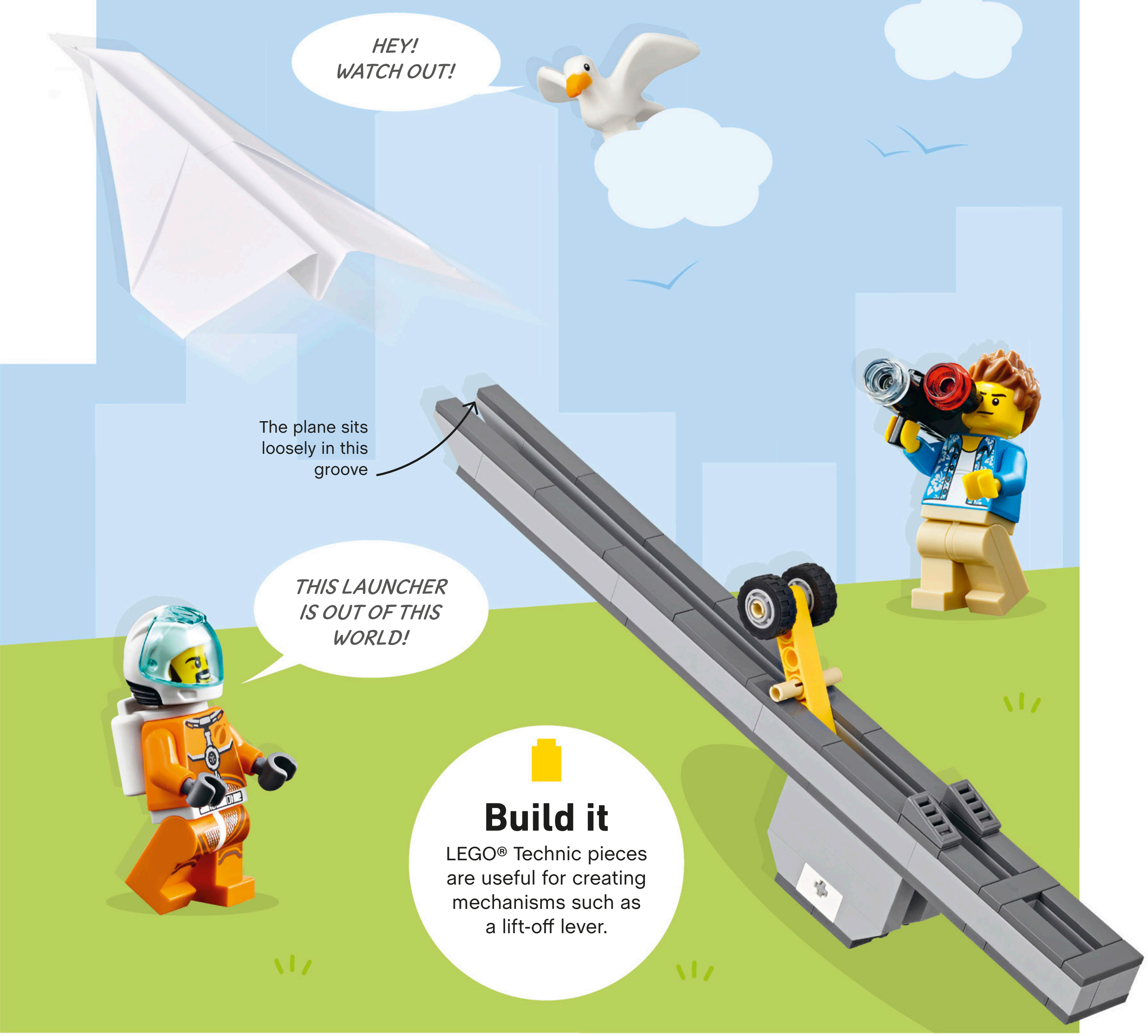

5, 4, 3, 2, 1 ... LIFT-OFF!
ARE WE READY TO LAUNCH?

Flick here to send your plane into the sky

36

Solve it!

The sky's the limit! Work together with a friend or a group of friends on a LEGO building challenge. You'll probably find you have different things you are good at, so celebrate your talents and pool them together to solve your LEGO conundrum. Here's a challenge to start you off. Build a LEGO paper aeroplane launcher and see how far your planes can soar.



The plane sits loosely in this groove

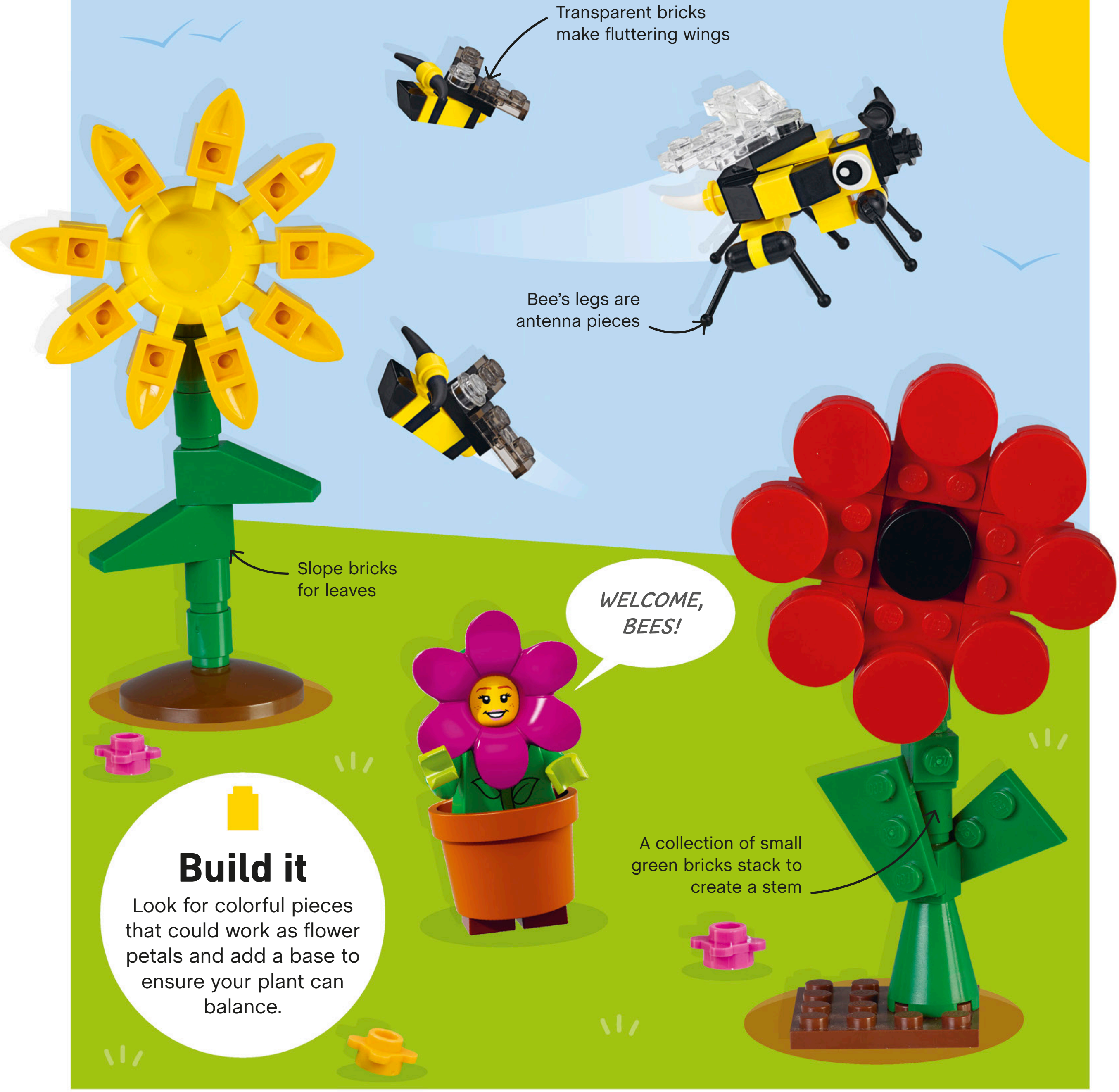
Build it

LEGO® Technic pieces are useful for creating mechanisms such as a lift-off lever.

Bee friendly

37

Bzzzz! Bees need our help! These important insects help pollinate plants, but their numbers are dropping. Encourage bees to your garden by growing flowers such as sunflowers, nasturtiums, lavender, and honeysuckle. Build some LEGO flowers and bees to spread the message at a “show and tell” at school.



Transparent bricks make fluttering wings

Bee’s legs are antenna pieces

Slope bricks for leaves

A collection of small green bricks stack to create a stem

Build it

Look for colorful pieces that could work as flower petals and add a base to ensure your plant can balance.

38

Welcome everyone

Organize a LEGO games afternoon—and don’t just invite your closest friends. Ask someone you haven’t invited before. It is kind to include others and it’s a great opportunity to foster new friendships. Play a fun LEGO game like this creative ’bots challenge!

’Bots challenge

1. Sit with your friends around a big pile of LEGO pieces. Set a timer for 10 minutes, and start building.

2. See who can build the quirkiest robots before the time runs out!

3. Play again with another theme—why not try building cars, barnyard animals, or scary monsters?

Play it

Build any robot you want in this timed building challenge. The quirkier the better!

39

Have your say

If you get a chance to speak up about an issue at school, make sure your voice is heard. It could be about anything from special events to snack-time ideas. Join in discussions at class circle times, write ideas in a suggestions box, and vote in school elections.

WHAT ABOUT A COSTUME DAY?
BANANA!
I THINK THERE SHOULD BE MORE BANANAS!

Step into their shoes

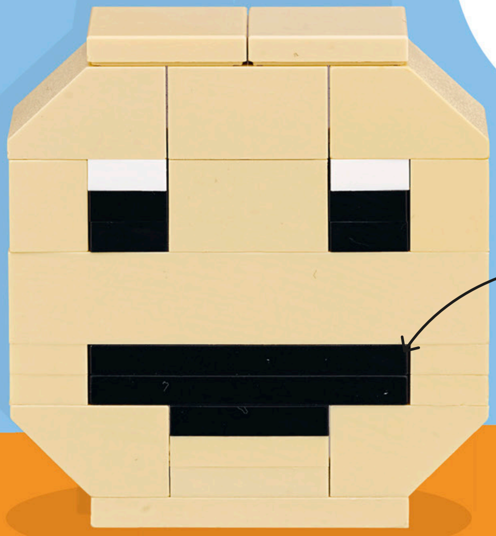
40

It's always good to think about other people's feelings. If your friend does not seem their usual self, ask yourself some questions: How do you think they are feeling? Why might they be feeling that way? What could you do to help? Building a LEGO® emoji might just bring a smile to your friend's face!

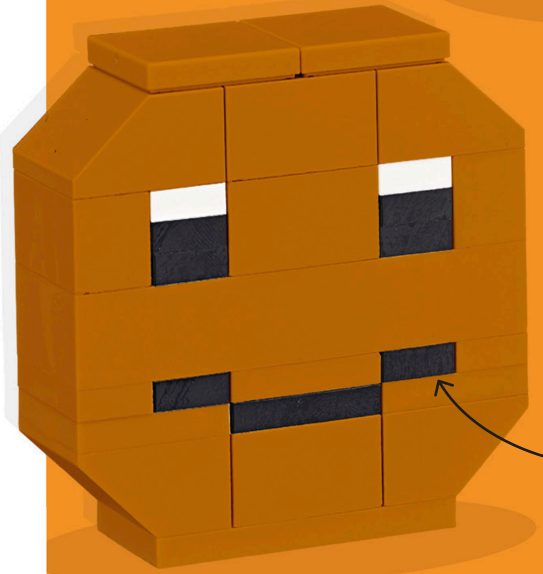
Build it

Use different colored plates to create facial expressions. You could also build another expression on the other side!

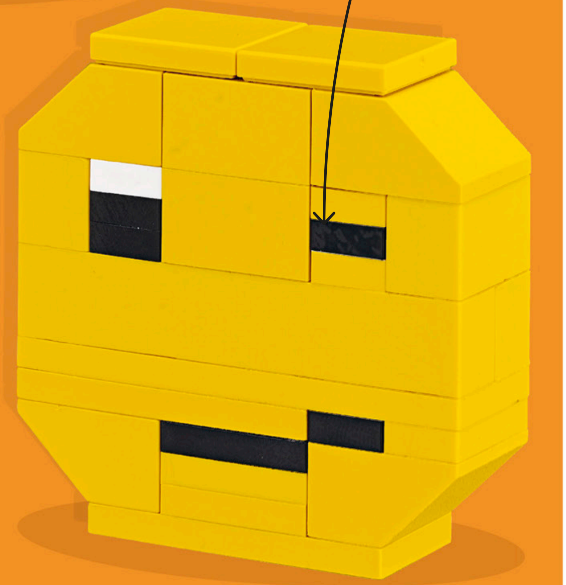
YOUR SMILE IS EVEN BIGGER THAN MINE!



Doubling up the plates makes an even bigger smile!



These black plates create a smile



A small plate gives a wink

41

Be brave

Stepping out of your comfort zone can be nerve-racking, but it can be exciting, too! Is there something you feel worried about trying? Chances are you'll feel proud if you give it a try. What will you do? Jump off the diving board? Join a new club? Sleep over at a friend's house?

HEY, CAN I CATCH SOME WAVES?
LEGO
LEGO

42

Swap it!

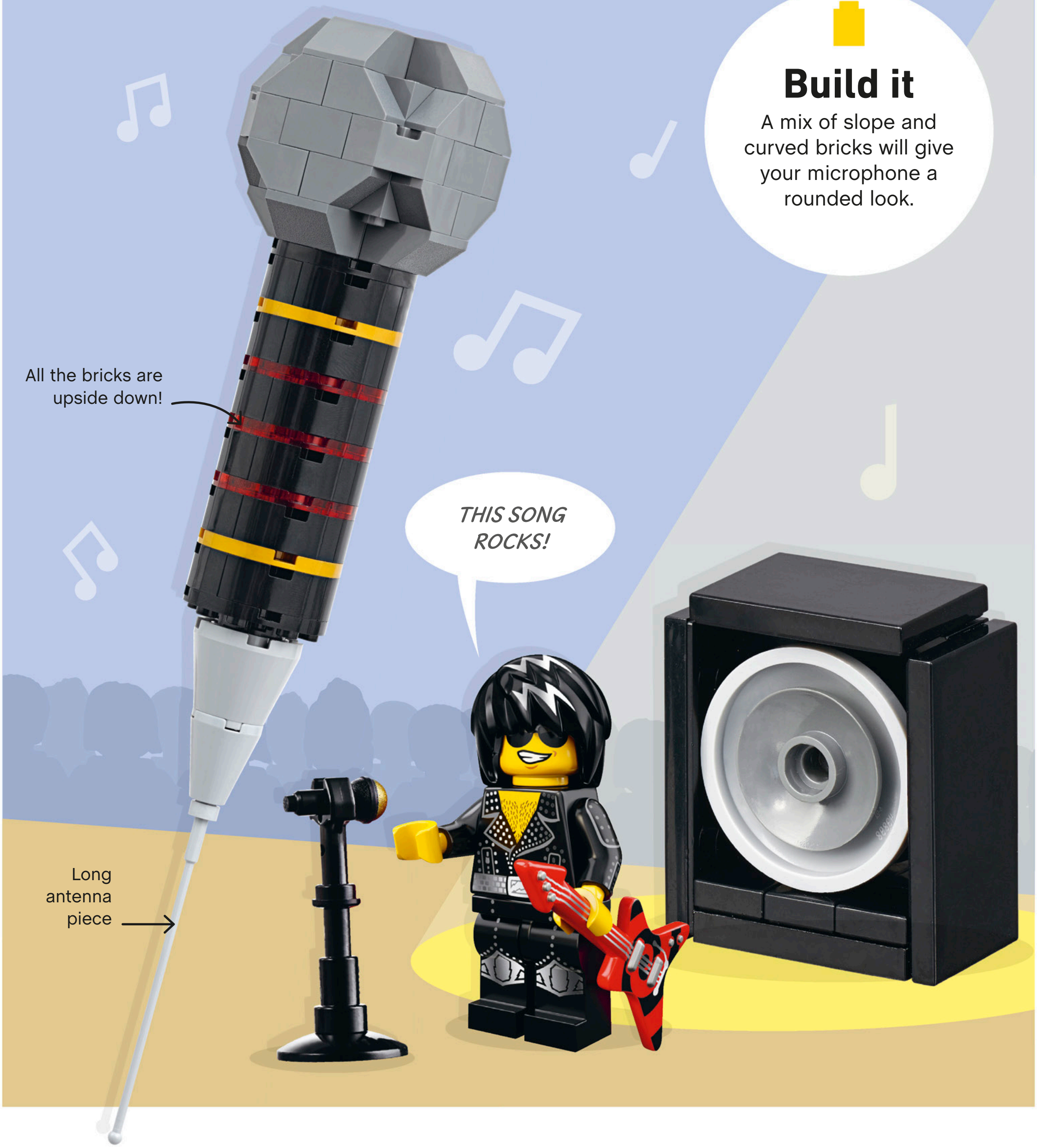
Grown out of your clothes? Need an outfit for a costume party? Organize a clothes swap! Get grown-ups involved and have fun finding "new" clothes for free! Set the date before a change of season and invite friends and neighbors!

YOUR DRESS IS MAGICAL!
YOUR CAT COSTUME IS PURR-FECT!

Make your school sparkle

43

Contribute to your school by helping organize a fun event. What about a class talent show where students can showcase their skills, such as singing, dancing, sports, acting, magic, or comedy? Talk to your teacher for advice on how to set it up—and build yourself a LEGO microphone to really look the part!



All the bricks are upside down!

Long antenna piece

Build it

A mix of slope and curved bricks will give your microphone a rounded look.

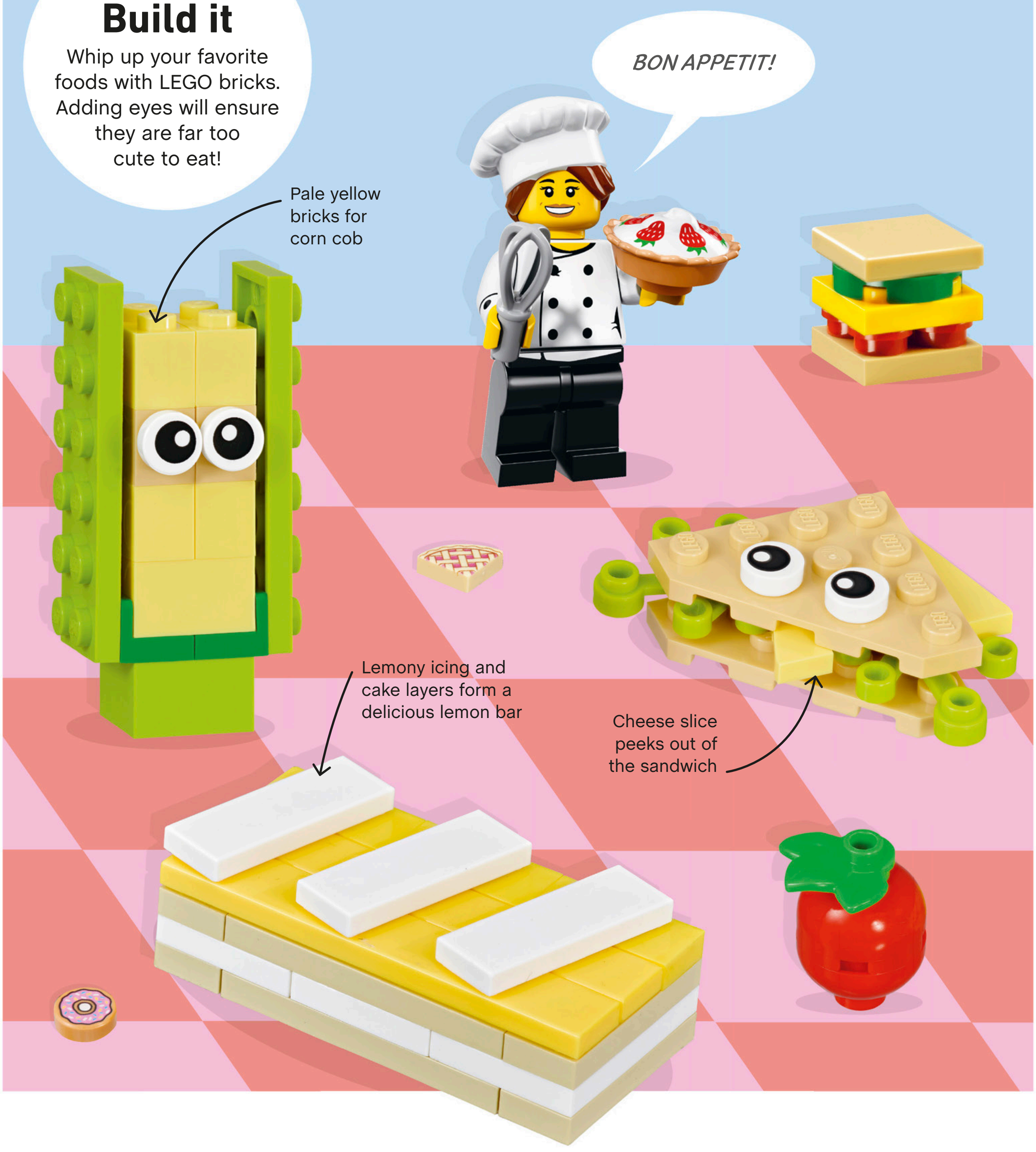
44

Be a chef

Pop your chef's hat on and lend a hand at mealtimes. There are lots of ways you can get involved—stirring, whisking, measuring ingredients, cracking eggs, or crumbling cheese. Don't forget to set the table, too! Get inspired and plan your meals with LEGO bricks.

Build it

Whip up your favorite foods with LEGO bricks. Adding eyes will ensure they are far too cute to eat!



Pale yellow bricks for corn cob

Lemony icing and cake layers form a delicious lemon bar

Cheese slice peeks out of the sandwich

Celebrate you!

45

Express yourself by building a LEGO model or picking a minifigure to show the world who you really are. Is there a hobby, animal, or something else that represents your likes or personality in an awesome way?

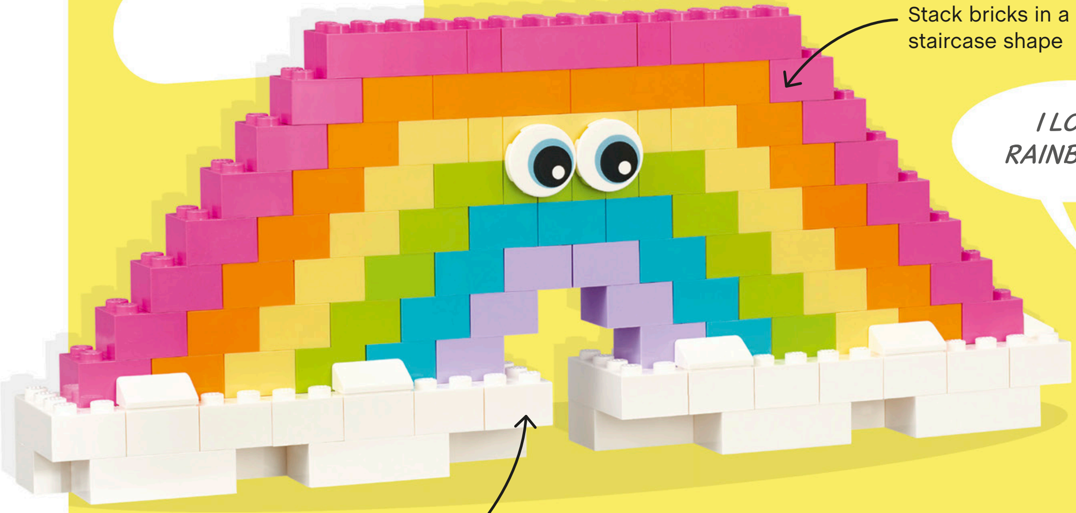
I'M TOP BANANA AROUND HERE!
I REALLY LIKE SPACE ... AND HOTDOGS
PIZZA
1$
1$
BANANA!

JUST CALL ME A UNIQUE-CORN

46

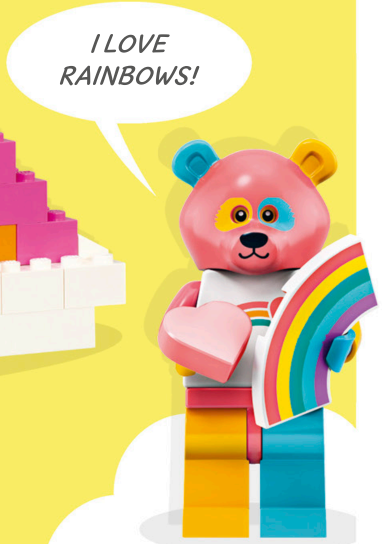
Hunt for rainbows

Add a splash of color to your neighborhood by building a LEGO rainbow and placing it by a window to bring a smile to people walking by. See if other children in the neighborhood would like to get involved, and go on a rainbow hunt to see how many you can spot!



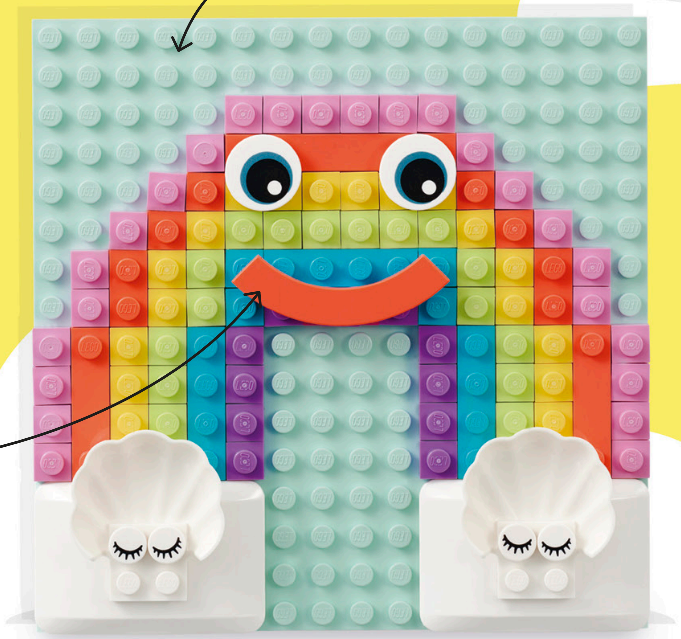
Stack bricks in a staircase shape

White bricks for clouds



Build it

You could build a 3-D model or a flat design on a baseplate, which you can prop up in your window.



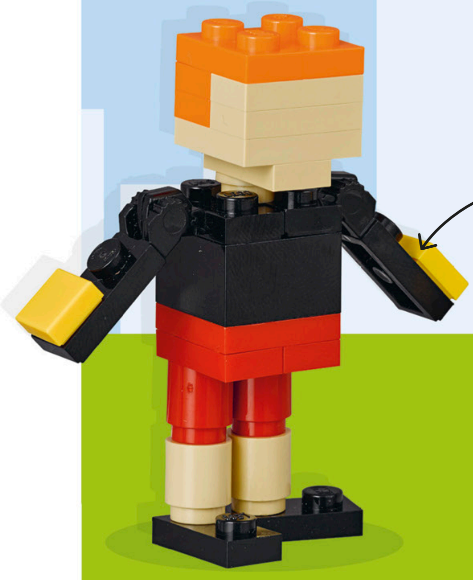
Baseplate is the color of the sky

Adding a grin to your model is sure to make passers-by smile

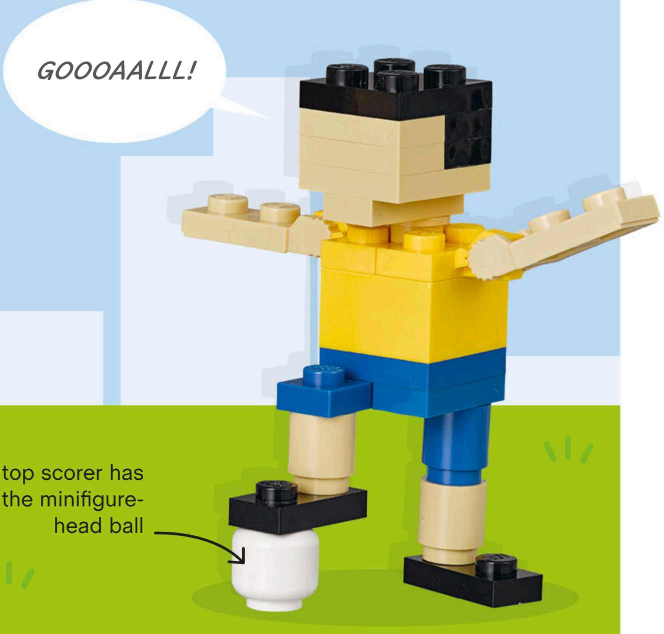
Become a team player

47

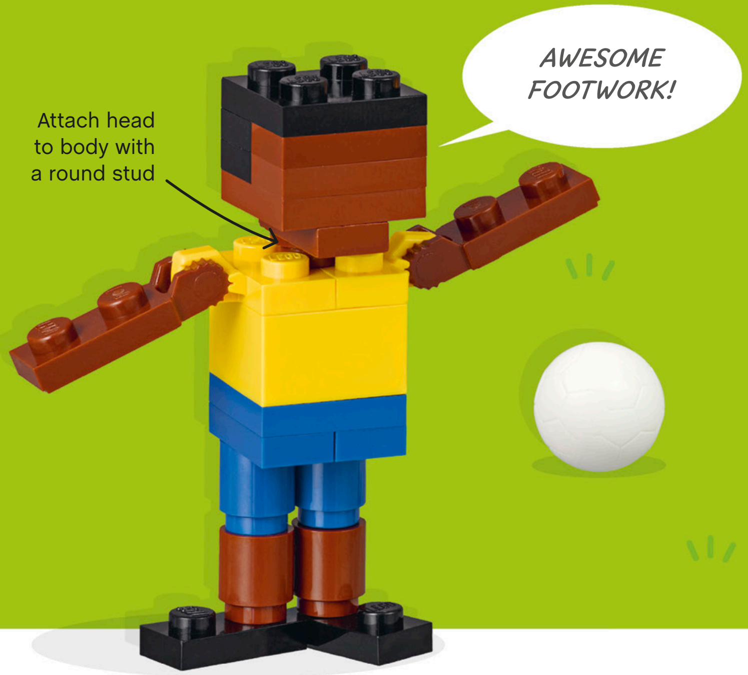
Join a team and you'll learn patience, trust, and teamwork—all while making friends and having fun along the way. Don't feel you need to do what your friends do. Follow your interests—you could join a sports team, trivia team, or chess team. You might even pick up a trophy or two!



The goalie has some gloves made from tiles



This top scorer has the minifigure-head ball



Attach head to body with a round stud

Build it

Build team spirit by creating your team with LEGO bricks, making each model look like a real-life member.

48

Borrow kindly

Be a brilliant borrower! If a friend lends you something, treat it with care. Don't let it get dirty or damaged, and whatever you do, don't lose it. Give it back when you say you will, too. That way, your friend will know they can trust you to borrow other things in future.

THANKS! I HAD FUN WITH THIS
YOU'RE WELCOME!

49

Turn off the faucet

Did you know that if you brush your teeth for two minutes and leave the faucet running, you'll be wasting up to 2.5 gallons (10 litres) of water? Save precious water and turn off that faucet! Build a LEGO toothbrush and place it next to the faucet to help remind you!

Build it

Use long plates and slope bricks for your toothbrush, and add white bricks for the bristles.

WHOOPS! I CAN'T BRUSH MY TEETH WITH THIS BRUSH!

Tell a LEGO® tale

50

“Once upon a time there was a LEGO fan who built a story ...” Entertain your younger brothers, sisters, or friends by telling them a story using your LEGO bricks. You could tell a LEGO version of a well-known tale, such as the Three Billy Goats Gruff, or invent a story of your own filled with monsters, princesses, dragons—or whatever your imagination dreams up!

I’M GOING TO RESCUE A PRINCESS FROM A TOWER ...

Three scenes tell the story of the prince, princess, and dragon

THANKS! BUT I’M QUITE HAPPY UP HERE!

Build it

Keep your scenes small and simple, focusing on a few key moments in the story.

SEE! THERE’S A FIRE-BREATHING DRAGON DOWN HERE!

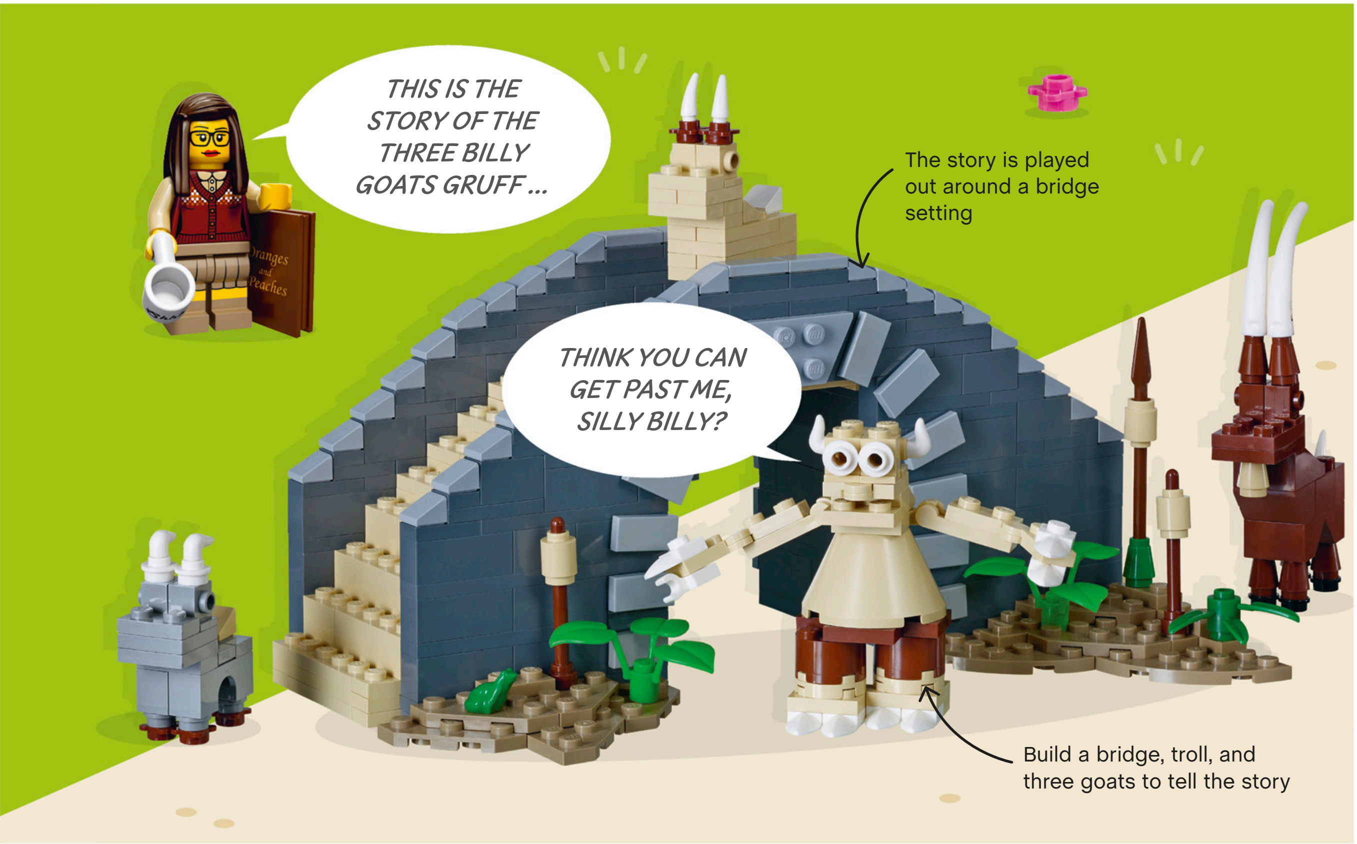
Move the minifigure characters across the different scenes

51

Be awesome and recycle

Did you know that more than half of what goes into the average trash can could be recycled? Challenge your family to reduce the amount of trash you produce each day by throwing your paper, glass, cans, and single-use plastic into recycling bins.

ALL READY TO RECYCLE!


THIS IS THE STORY OF THE THREE BILLY GOATS GRUFF ...
Oranges and Peaches
THINK YOU CAN GET PAST ME, SILLY BILLY?

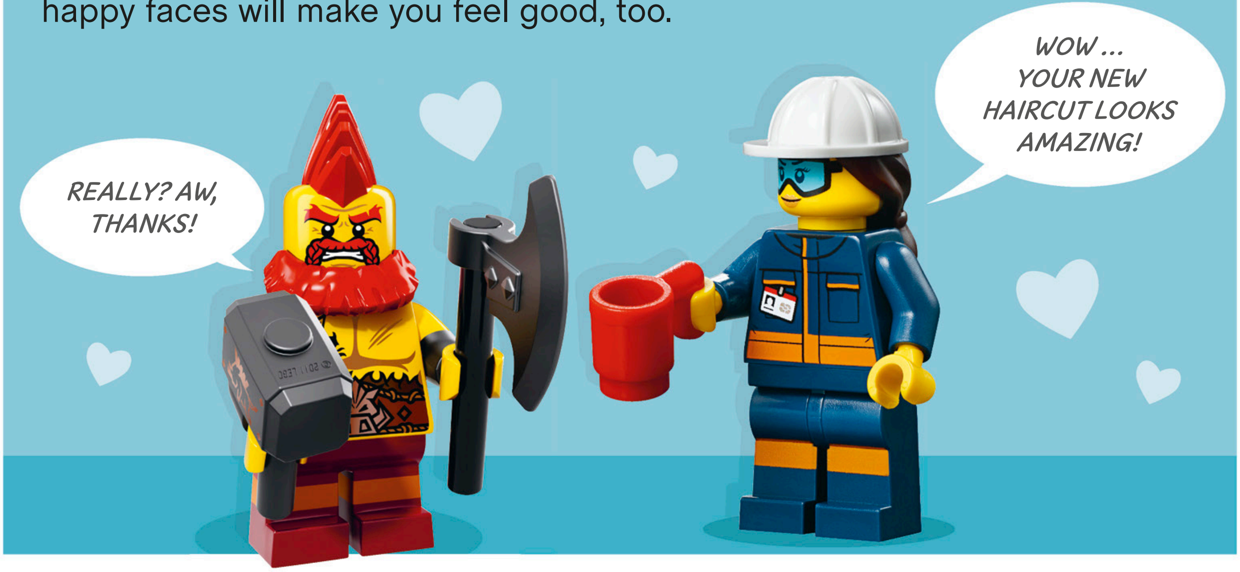
The story is played out around a bridge setting

Build a bridge, troll, and three goats to tell the story

Make someone feel great

52

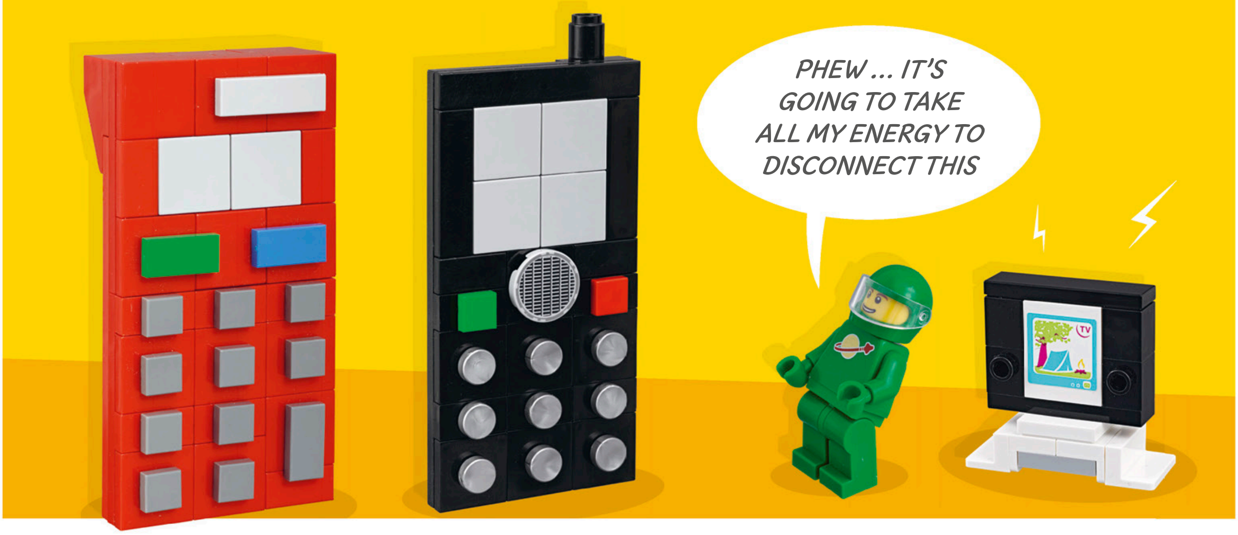
Compliments cost nothing, so sprinkle them freely. Admire a shop assistant's necklace or your teacher's new shoes. Tell a friend she's the best dancer in the class. It will make them feel great—and seeing their happy faces will make you feel good, too.


WOW …
YOUR NEW
HAIRCUT LOOKS
AMAZING!
REALLY? AW,
THANKS!

Unplug it!

53

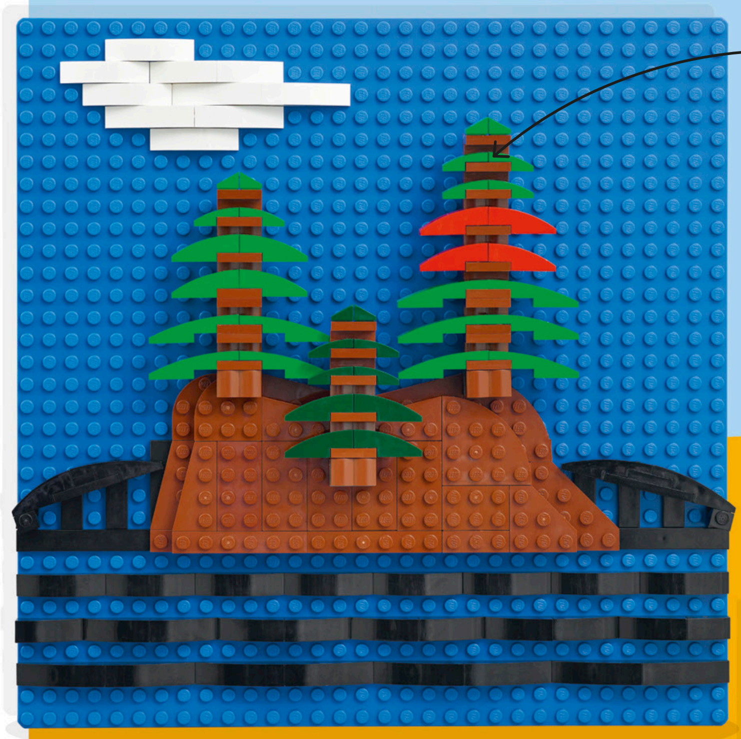
Save energy by unplugging! When something is plugged in —whether it is turned on or off—it still uses electricity. Make it a habit to unplug your phone charger, computer, television, and other small devices as much as possible. Always leave the fridge and freezer plugged in, though!


PHEW … IT'S
GOING TO TAKE
ALL MY ENERGY TO
DISCONNECT THIS

54

Celebrate where you live

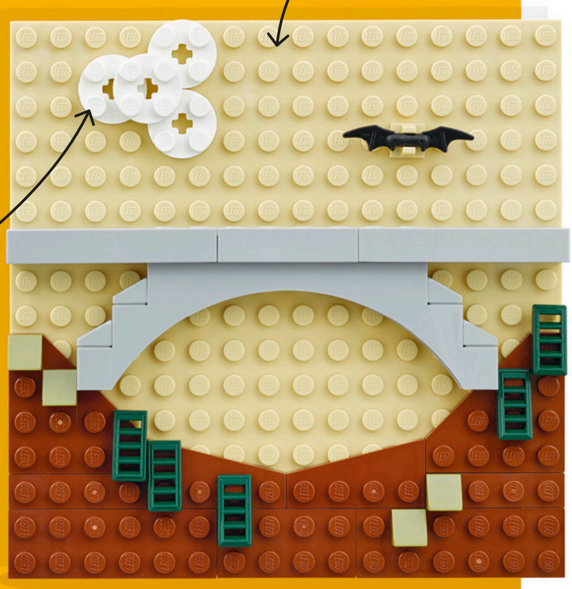
Show some love for your local area by making a LEGO logo depicting all that's good about it. Is there a famous building? A distinctive bridge? Some awesome trees? Is it by a beach or a lake? Ask your friends what their favorite things about your neighborhood are, too, so you come up with a design that will make everyone proud.



Build up details in layers to give a 3-D look

THIS PLACE LOOKS TREE-MENDOUS!

A large square plate makes a good base



Clouds are overlapping round bricks

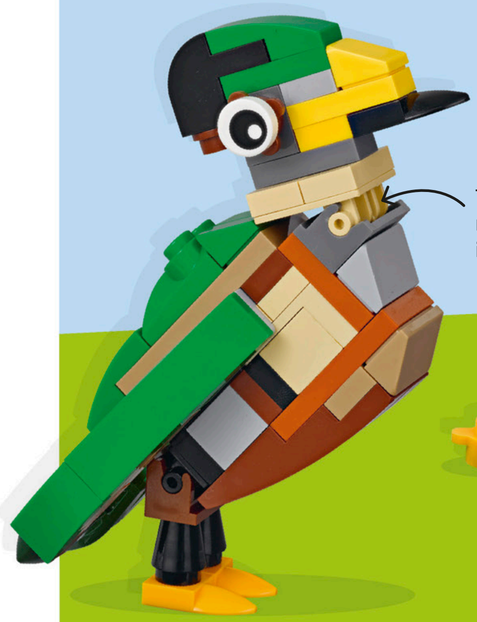
Build it

It's a good idea to sketch out your idea first so you can figure out colors and proportions.

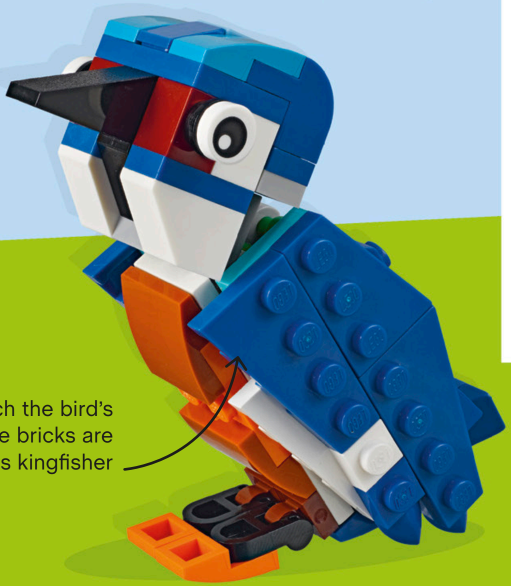
Go bird-watching

55

Birds don't just look pretty, they help control pests, pollinate plants, and spread seeds, too. We should take care to preserve the habitats of birds, especially rare ones. What birds can you see on a woodland walk, in a city park, or by a lake? Use books or look online to identify them. Then build the beautiful birds you have seen out of LEGO bricks.



This woodpecker's neck is hinged, so it can really peck

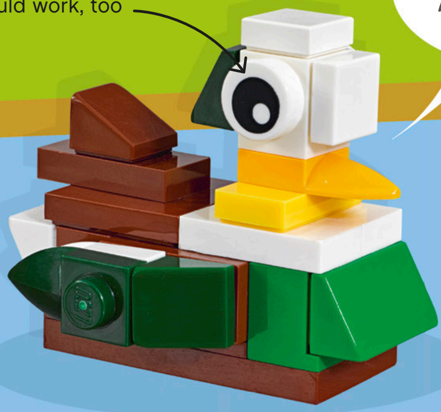


Try to match the bird's colors—blue bricks are perfect for this kingfisher

Build it

Tooth plates are really useful for building birds—they make great beaks, feet, and feather tips.

If you don't have a special eye piece, a small, round brick would work, too

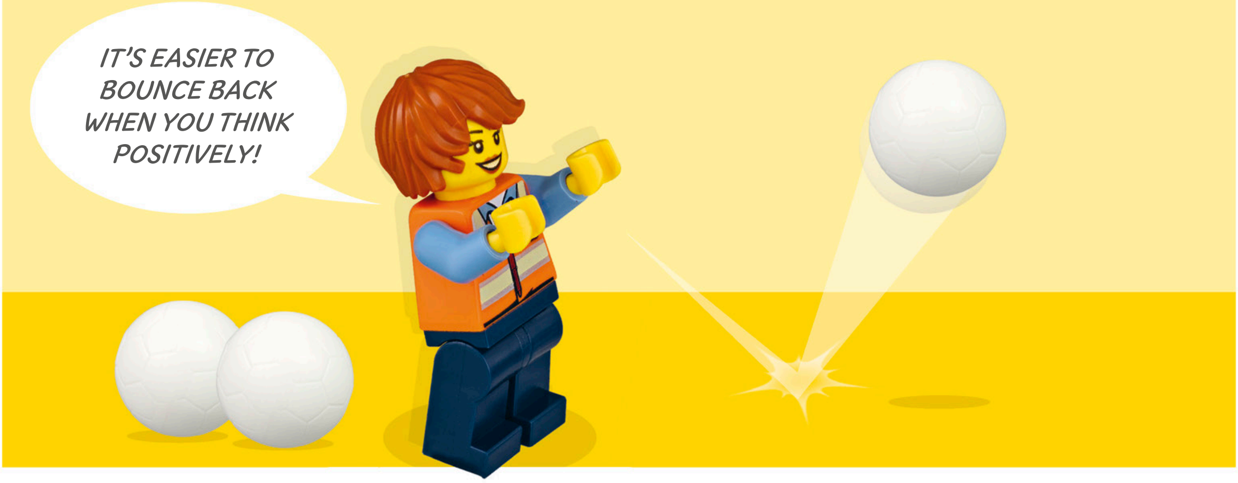


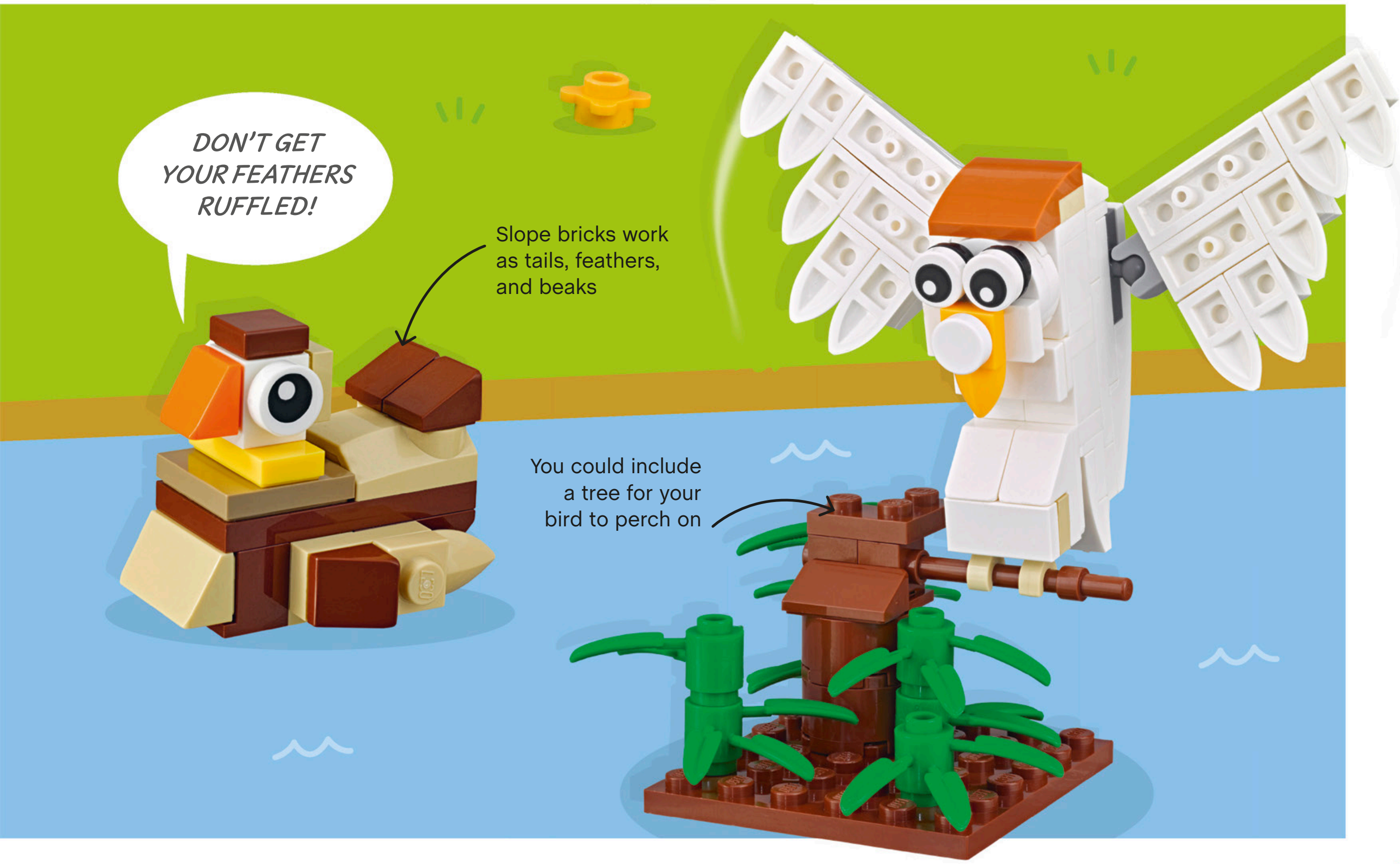
Take care! Birds scare easily, so keep your distance when bird-watching and don't make any loud noises.

56

Look on the bright side

A bad day at school or angry words with a friend can sometimes send your mood into a downward spiral. Don't let that happen! Staying positive will help you keep these little setbacks in proportion. Focus on nice things instead. Plan a day out, read a book, or play with your LEGO bricks. You'll be looking on the bright side again in no time!


IT'S EASIER TO BOUNCE BACK WHEN YOU THINK POSITIVELY!


DON'T GET YOUR FEATHERS RUFFLED!

Slope bricks work as tails, feathers, and beaks

You could include a tree for your bird to perch on

57

Befriend an elderly person

Elderly people might feel lonely, especially if they don't get out much. Why not befriend some elderly neighbors? You could chat with your new friends over the fence about what it was like to be your age years ago, and tell them about what it is like to be a child now.

THIS IS MY FAVORITE LEGO MODEL

58

Have sweet dreams

You've heard of counting sheep? Try counting LEGO minifigures as you fall asleep instead! It is important to get enough sleep—our bodies need it to repair and grow. If we don't get enough, we find it difficult to concentrate. Before bedtime, unwind by building some funny, silly LEGO characters to star in your dreams at night.

Borrow a minifigure hat for your funny character

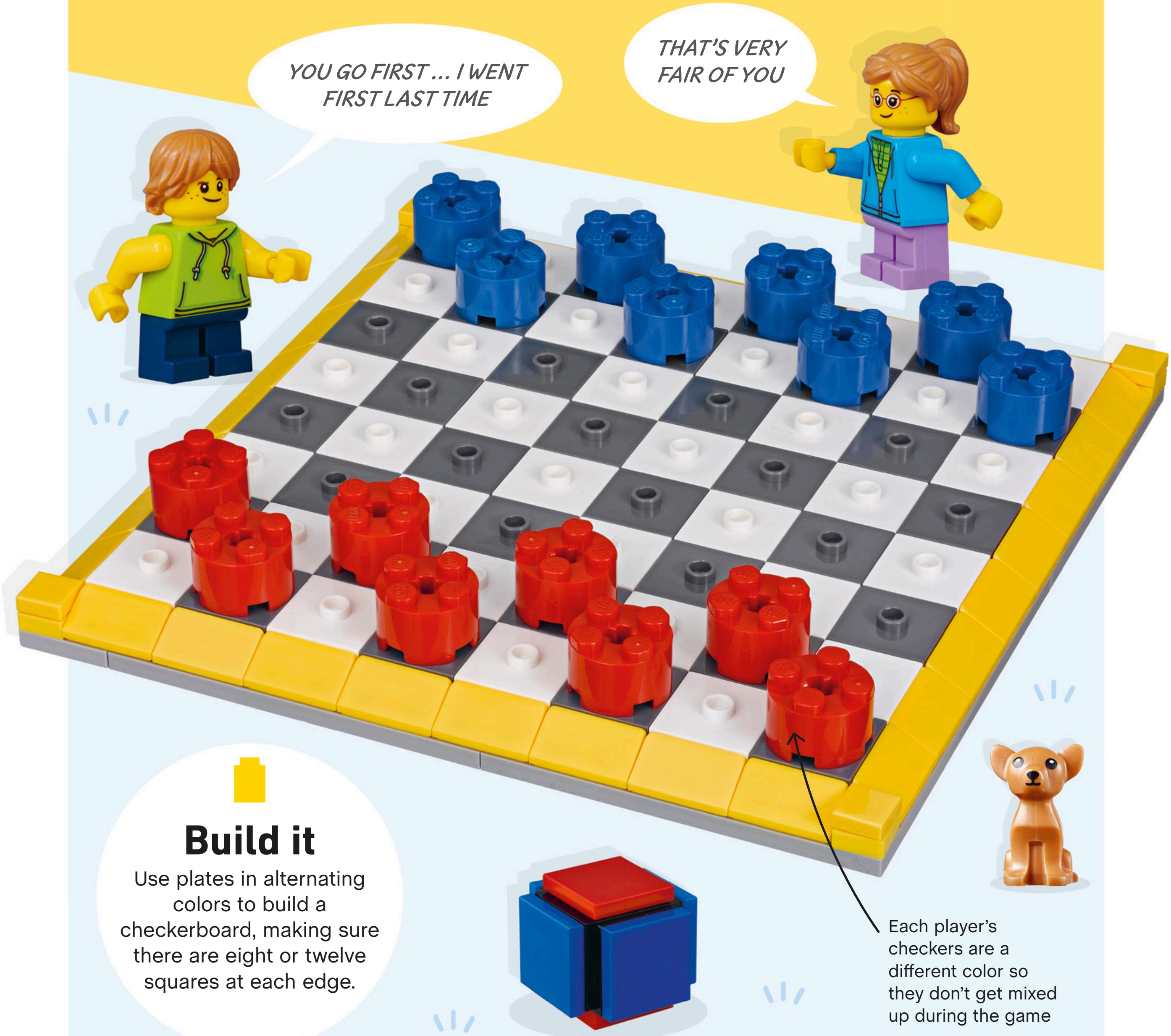
Build it

Keep your pre-bedtime building simple. You don't want to stay up late trying to finish your builds!

59

Be fair!

Winning a game feels great if you've played fairly. Create a LEGO game with your friends. Will it be a board game that relies on lucky rolls of a die? Or will it be a game of pure strategy, like checkers? Of course, there is one rule your games should always have: absolutely no cheating!


YOU GO FIRST ... I WENT FIRST LAST TIME
THAT'S VERY FAIR OF YOU

Each player's checkers are a different color so they don't get mixed up during the game

Build it

Use plates in alternating colors to build a checkerboard, making sure there are eight or twelve squares at each edge.

Start a club

60

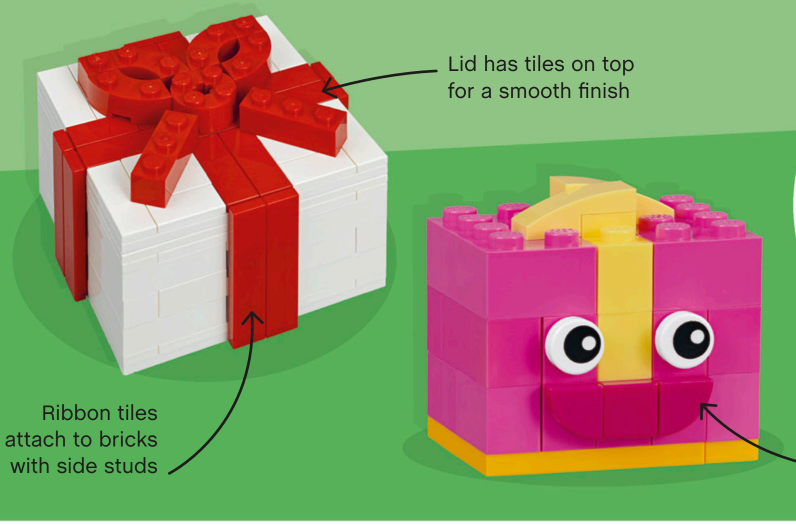
A shared hobby is ten times the fun. How about starting an after-school club, such as a LEGO® club, with some classmates? You could play games, hold competitions, and join in epic group builds. Talk to your teacher for advice on how to get it started.

HERE'S YOUR BAND OF BRICKSTERS MEMBERSHIP CARD!

Surprise a pal

61

Don't wait for a special occasion to give a gift. Make a friend smile with a present inside a pretty LEGO gift box. What you put inside—a piece of candy, a bracelet, or that LEGO minifigure your friend has had their eye on—is up to you.


Lid has tiles on top for a smooth finish
Ribbon tiles attach to bricks with side studs
Add facial features for a beaming box

Build it

Begin with a simple box with plates at the bottom and bricks stacked at the sides. Then add a lid and decorations.

62

Celebrate heroes

You don't have to wear a cape to be a hero! Heroes are all around us. Take a look through newspapers for local people who have been recognized for bravery, community service, or selfless acts. Look online or in books for people in history who have done something brave. Don't forget your family photos, too. Why not do a "show and tell" about someone who has made the world a better place?

I WANT TO BE JUST LIKE YOU WHEN I GROW UP!

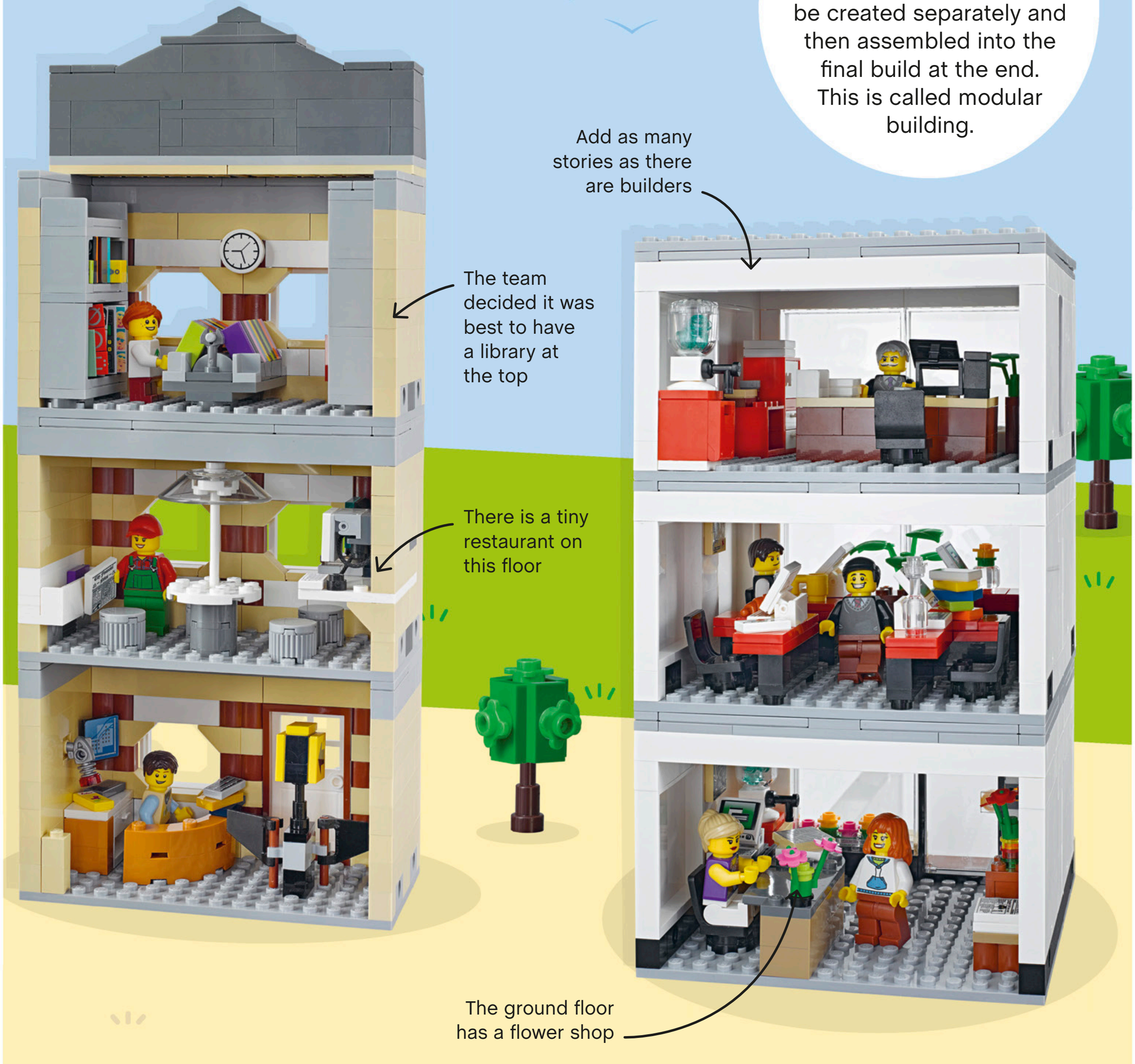
Build together

63

Sharing ideas can expand your horizons—and your LEGO builds, too! Get together with friends, choose a theme for a build, and start firing off ideas and suggestions on how to go about it. Make everyone responsible for a different part, such as different floors of a tall building. Put the model together and notice how similar—or different—the parts look.

Build it

The building sections can be created separately and then assembled into the final build at the end. This is called modular building.



Add as many stories as there are builders

The team decided it was best to have a library at the top

There is a tiny restaurant on this floor

The ground floor has a flower shop

64

Host a book swap

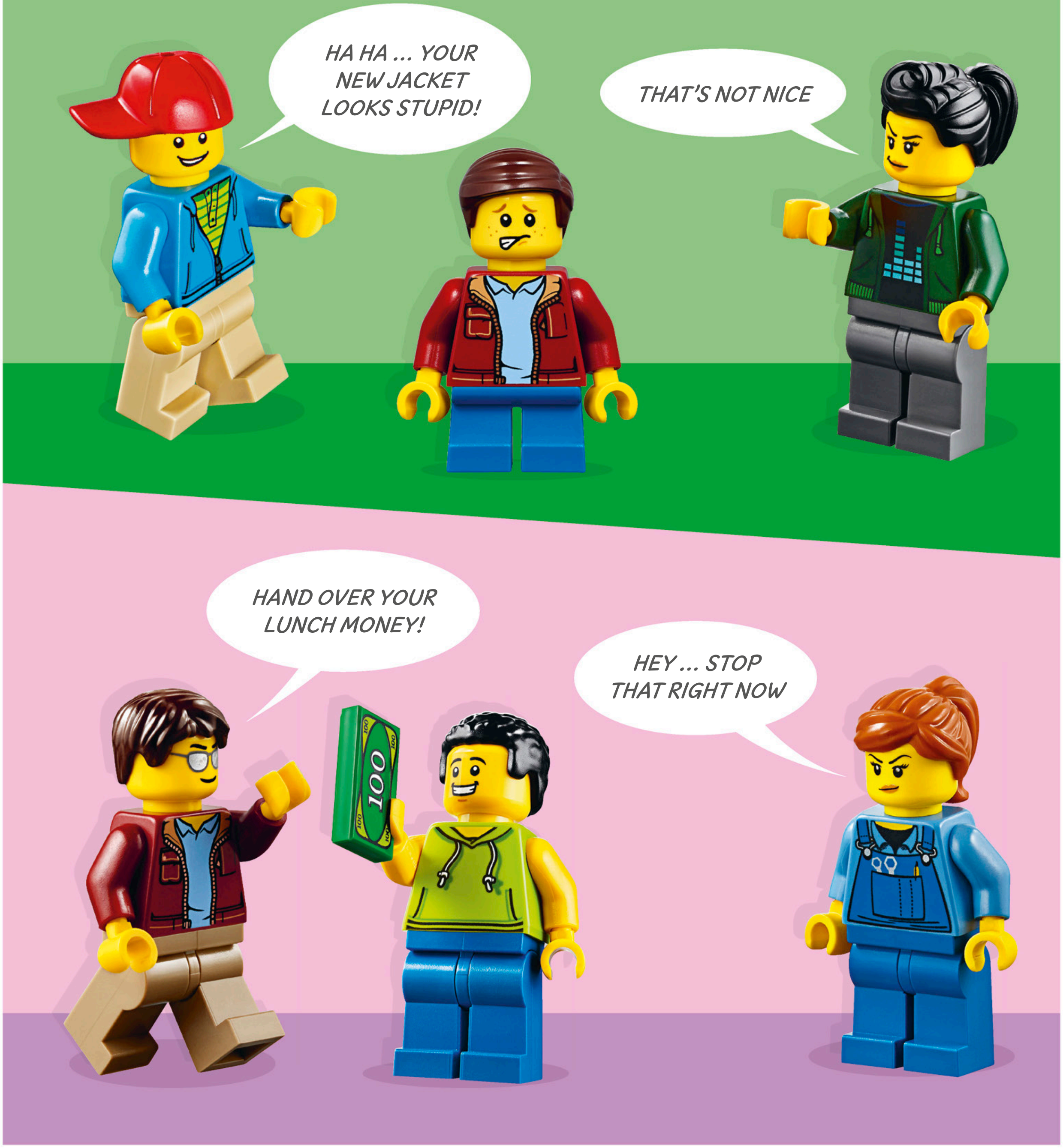
Why not host a book swap party for your bookworm buddies? It's a great way of discovering new authors or trying books you'd never have picked up in a bookstore or at school. Just don't fight over the LEGO books!

WOW ... IT'S A LEGO BOOK!
I'VE GOT A LEGO BOOK AS WELL!
ME, TOO!

Stand up for what's right

65

We all know we shouldn't tolerate unkind behavior, but it takes courage to stand up to it. It can help to think about what to say beforehand. Rehearse with your minifigures what you might say or do in certain situations. If you are worried about any unkind behavior, always talk to a grown-up for advice.


HA HA ... YOUR NEW JACKET LOOKS STUPID!
THAT'S NOT NICE
HAND OVER YOUR LUNCH MONEY!
100
HEY ... STOP THAT RIGHT NOW

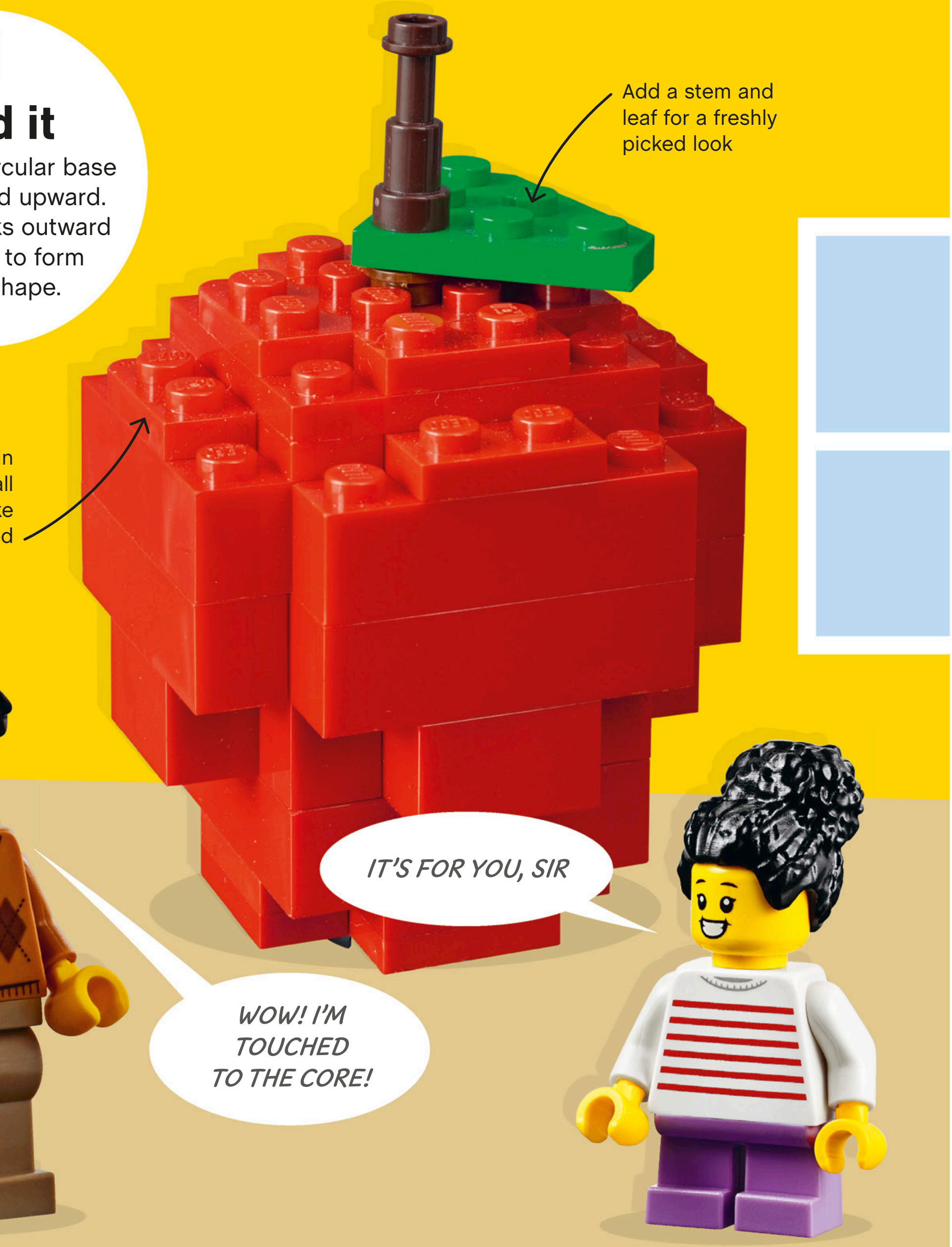
66

Thank your teacher

Do you have a favorite teacher? Someone kind, funny, and inspiring, who makes learning fun? Show your appreciation with a small handmade gift or card. You could even revive an old tradition of bringing them an apple, but with a twist—make it with LEGO bricks!

Build it

Start with a circular base and then build upward. Step the bricks outward and then in to form a round shape.



Add a stem and leaf for a freshly picked look

Bricks form the main shape, and small plates help to make it look rounded

Be a good neighbor

67

Help build a friendly community around you by making a difference to a neighbor's day. Offer to take out an elderly person's trash cans, sweep leaves off someone's driveway, and take time to greet newcomers.

I'M NOT LEAVING UNTIL ALL THESE LEAVES ARE GONE
WATCH OUT FOR HEDGEHOGS!

Say no to trash

68

Picnics are perfect—and you can make yours a trash-free lunch! Bring a drink in a reusable bottle, food in a lunchbox, and cutlery from home.

I HAVE NO TRASH ... OR LUNCH!
WHOOPS! YOU CAN SHARE OURS!

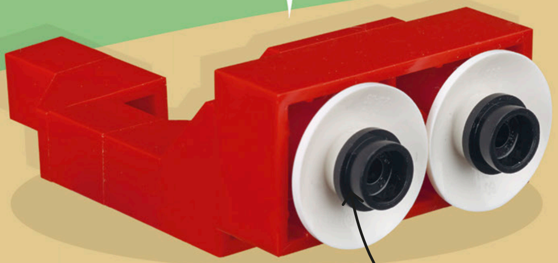
69

Start a worm farm

Worms are amazing little environmentalists. They eat microbes from food scraps, turning them into compost. It's easy to start a worm farm in a compost pile or bucket. Read up about it online first so you know how to keep your worms happy and healthy. You'll soon be the proud owner of a colony of wrigglers—and you may notice other visitors, too!

Build it

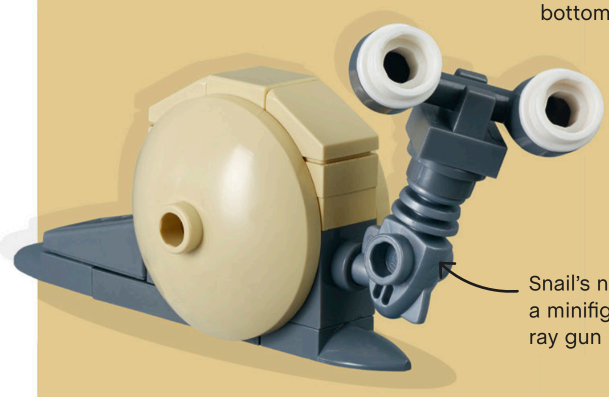
Make a simple little LEGO worm from just a few bricks. It will remind you to scoop scraps into the wormery, not the kitchen trash can.



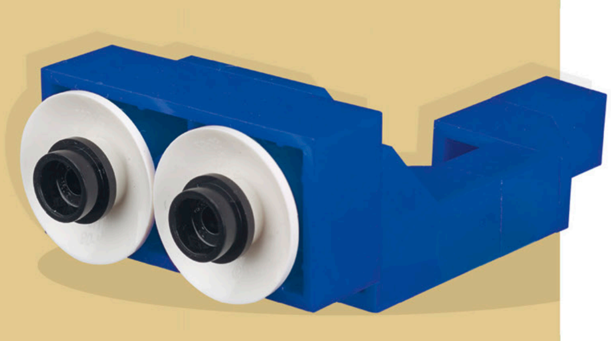
Worm's eyes are plugged into the bottom of a brick

CAN SOMEONE MAKE A FARM FOR US?

Slug's body is a slope



Snail's neck is a minifigure ray gun



Remember Find out how to care for your worms, including what you should and shouldn't feed them.

Be their biggest fan

70

Sometimes we can feel jealous when a friend does something we wish we could do, such as acing a test or scoring a goal. Push those jealous feelings aside, congratulate your friend, and you will feel much better. Build a LEGO number "1" to show your pal just how fabulous you think they are.

YOU'RE **ONE** OF A KIND!
1

LEGO numbers also make cool decorations for birthdays or important dates

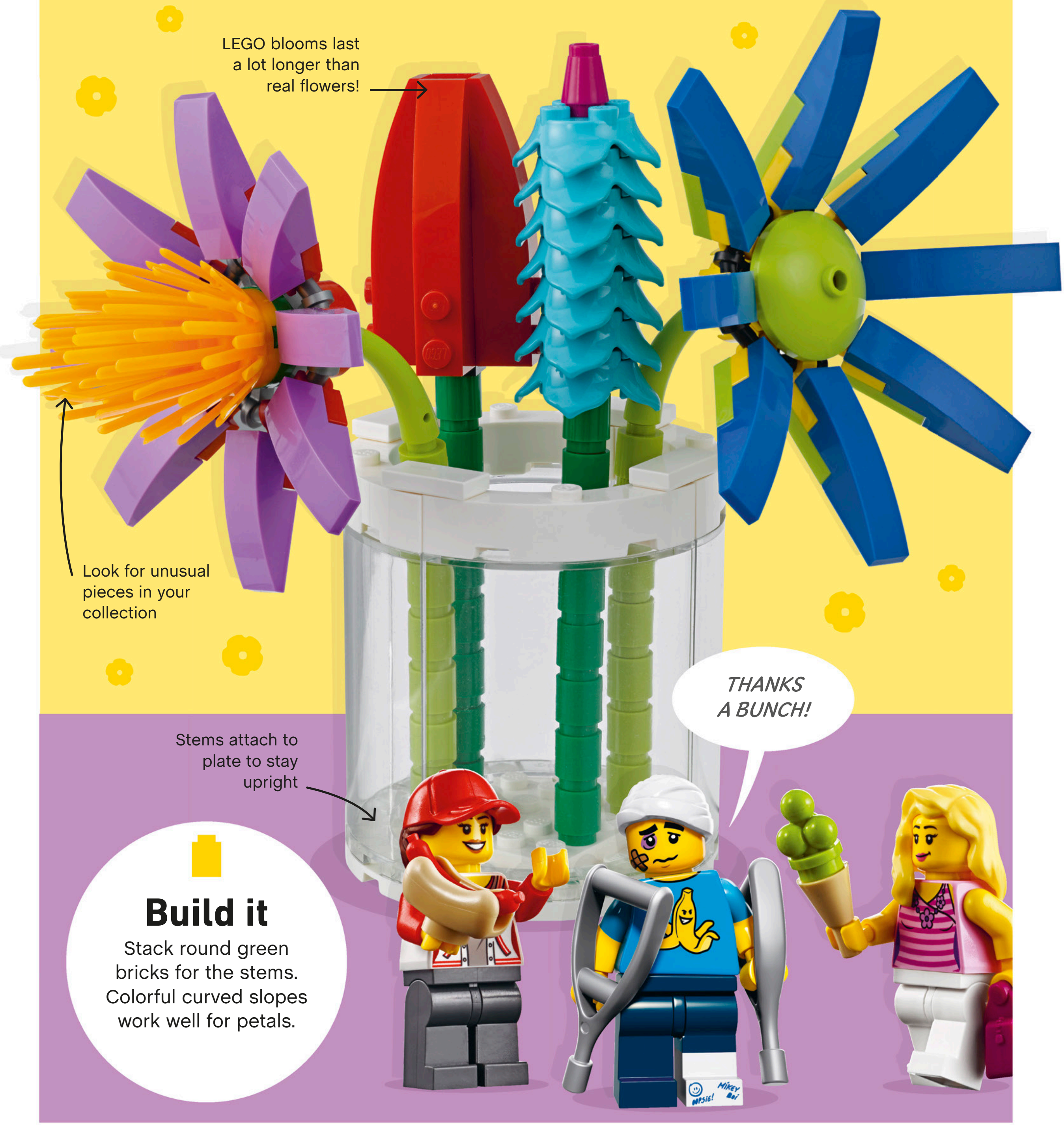
Build it

Your brick-built number could be one color or a mixture of colors. You could decorate it with accessories, too!

71

Wish them well

If someone you love is sick or in pain, do something nice for them to show them you care. Deliver a treat, draw them a picture, create a little care package, or surprise them with a glorious bunch of LEGO flowers.



LEGO blooms last a lot longer than real flowers!

Look for unusual pieces in your collection

Stems attach to plate to stay upright

Build it

Stack round green bricks for the stems. Colorful curved slopes work well for petals.

Respect the rules

72

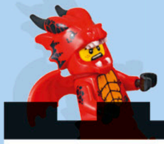
It might feel like you're always having to follow rules! Waiting for a walk signal when crossing the road, wearing a bike helmet, not running in the school hallways—the list is long, but all the rules are there to keep us safe and well. Respect the rules at school, at home, and in the wider world, and encourage others to do the same. Luckily, there are no rules when building with LEGO bricks!

IS THIS LIGHT EVER GOING TO TURN GREEN?
4
29
Octan

73

Focus your mind

If you feel like you have too many thoughts racing round your head, try to pay attention to just one sense at a time. This could be what you see, hear, smell, taste, or feel. Practice with this fun minifigure guessing game.



Who's in the bag?

1. Place a few minifigures inside a fabric bag or sock.
2. Set a timer for one minute, close your eyes, and feel one minifigure through the bag. Really focus your attention on what you can feel.
3. After one minute, take the minifigure out. Did you guess it correctly? Repeat until you've guessed them all—just with your sense of touch!

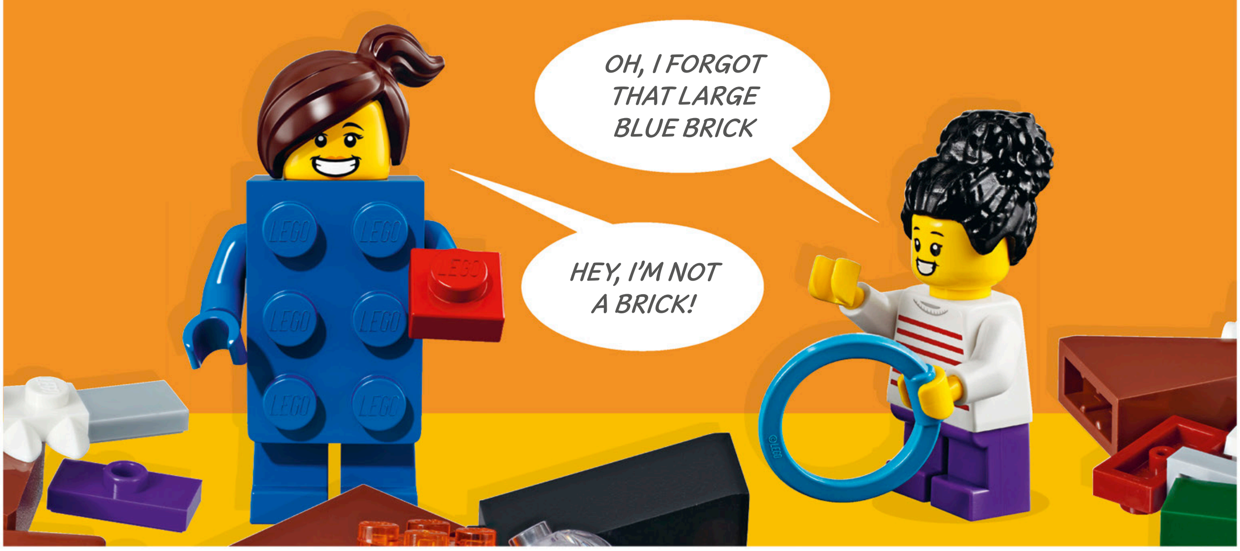
Play it

Can you identify minifigures just by how they feel? Close your eyes and focus your mind.

74

Be kind, clean up!

Always offer to clean up before leaving a friend's house. Make this part of playtime—see who can pick up the most number of toys in three minutes, or put some music on and have a dance party while you clean!


OH, I FORGOT THAT LARGE BLUE BRICK
HEY, I'M NOT A BRICK!

Start a "library of things"

75

As a family, set up a community "library of things" to share objects with friends and neighbors. Create a list of things that you don't use often, such as tools, costumes, and board games, which everyone else can add to. Simply send an email when you'd like to borrow something.

A TELESCOPE! JUST WHAT I'VE BEEN LOOKING FOR!
THIS COSTUME IS COSMICALLY COOL!

Be a kindness detective

76

If you are feeling sad about something, it can sometimes be hard to pick yourself up. Put on your (invisible) detective hat and look around you to see all the little acts of kindness that people are doing for each other every single day. You probably won't have to look far.

THANK YOU FOR THE WATER, DARLING
HOPE YOU FEEL BETTER SOON!

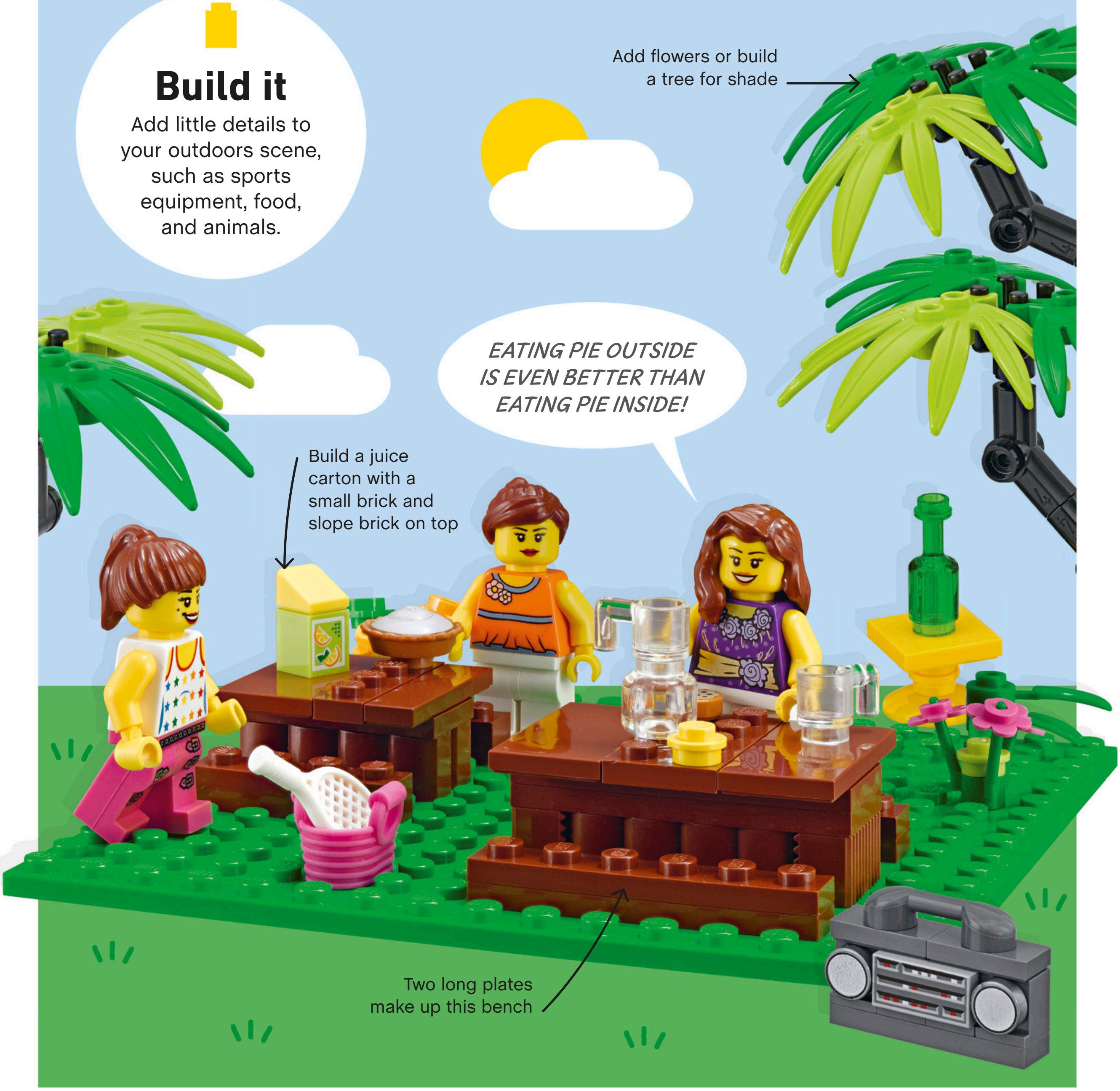
77

Get outdoors!

Being outside isn't just fun, it's good for us too! We get a dose of vitamin D, which is important for healthy bones. Try to do something outdoors every day, such as going on a walk, heading to the park, playing sports, or having a picnic. And if the weather's really bad, have fun putting together a LEGO model of your favorite outdoor activity instead!

Build it

Add little details to your outdoors scene, such as sports equipment, food, and animals.



Add flowers or build a tree for shade

Build a juice carton with a small brick and slope brick on top

Two long plates make up this bench

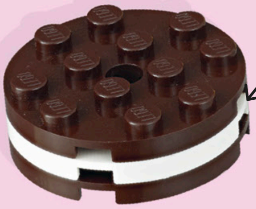
Treat someone

78

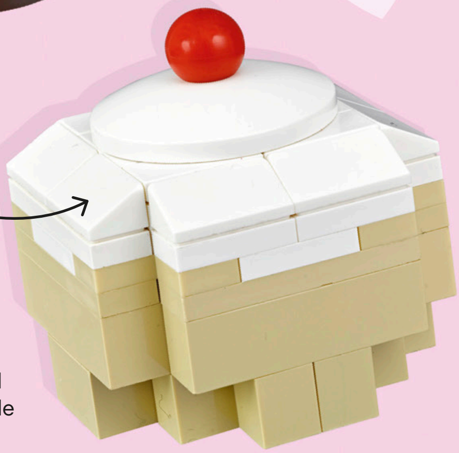
Show someone you care by surprising them with their favorite sweet treat! A baked goody is sure to brighten their day—whether it's a homemade cupcake, a brownie from their favorite bakery, or even a LEGO cookie! See what delicious-looking creations you can build with your LEGO bricks.

Build it

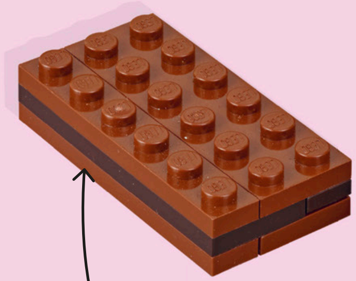
You only need a handful of bricks to build a simple cookie or cake. Add layers or even icing for fancier treats.



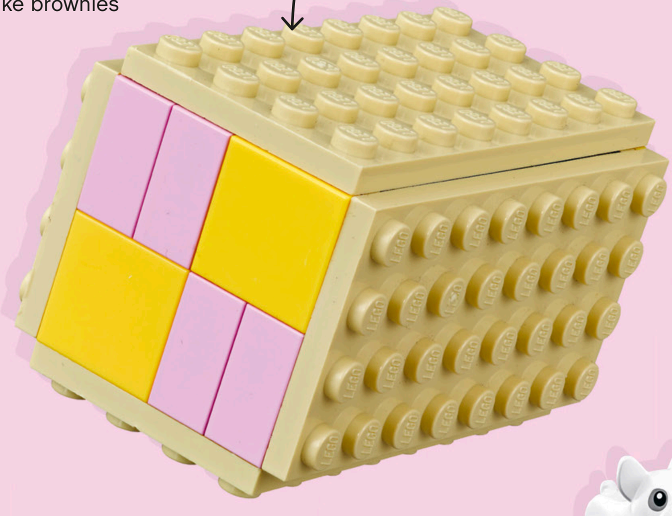
Use a white round plate for a layer of cream



Don't forget icing and a cherry for your bun!



Build a rectangle shape for bars like brownies



LEGO Battenberg cake has pink and yellow bricks inside

AW! THANK YOU, DEAR. THAT'S SO SWEET!

79

Grow vegetables

If you have access to an outdoor space, why not plant a vegetable garden? By growing your own vegetables or herbs you won't have to visit the stores as much, and you'll get lots of fresh air outside.

Build it

Use your LEGO bricks to plan what to grow. Build some LEGO veggies and arrange them together in a LEGO garden.

This vegetable garden might need a scarecrow to keep birds away!

80

Read all about it!

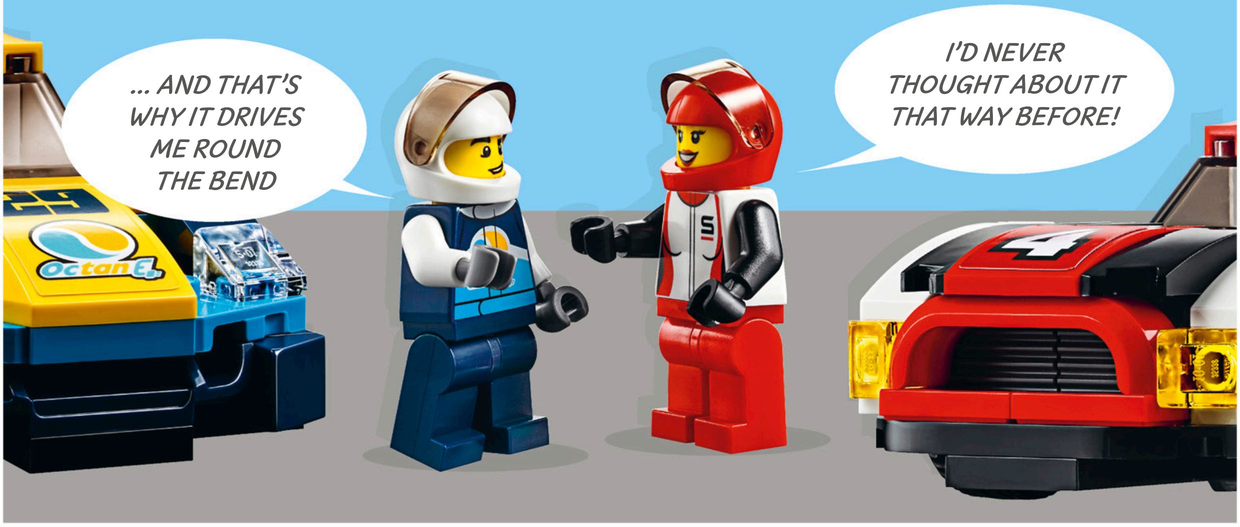
Start a "good news" newspaper full of positive stories. If you hear about someone doing something kind or a story with a happy ending, write about it in your paper. Once you have collected enough stories, spread the cheer by handing out copies to your family and friends.

THE NEIGHBORS' LOST CAT HAS BEEN FOUND SAFE AND SOUND!
THE LEGO NEWS
The greatest LEGO hero ever!

Listen to others

81

Take part in a friendly discussion about a topic that is important to you. Speak up about what you believe in, but remember that it is important to listen to other people's points of view as well. Stay positive and respectful, and see what you can learn from others.


... AND THAT'S WHY IT DRIVES ME ROUND THE BEND
I'D NEVER THOUGHT ABOUT IT THAT WAY BEFORE!

Volunteer at school

82

Be a superstar at school by finding ways to help out your busy teachers. Get into the habit of returning books after you use them, putting away sports equipment at the end of a sports lesson, and picking up litter when you see it. Helping out with little tasks can make a huge difference.

IT'S IMPORTANT TO CLEAN UP AFTER YOUR-SHELF!

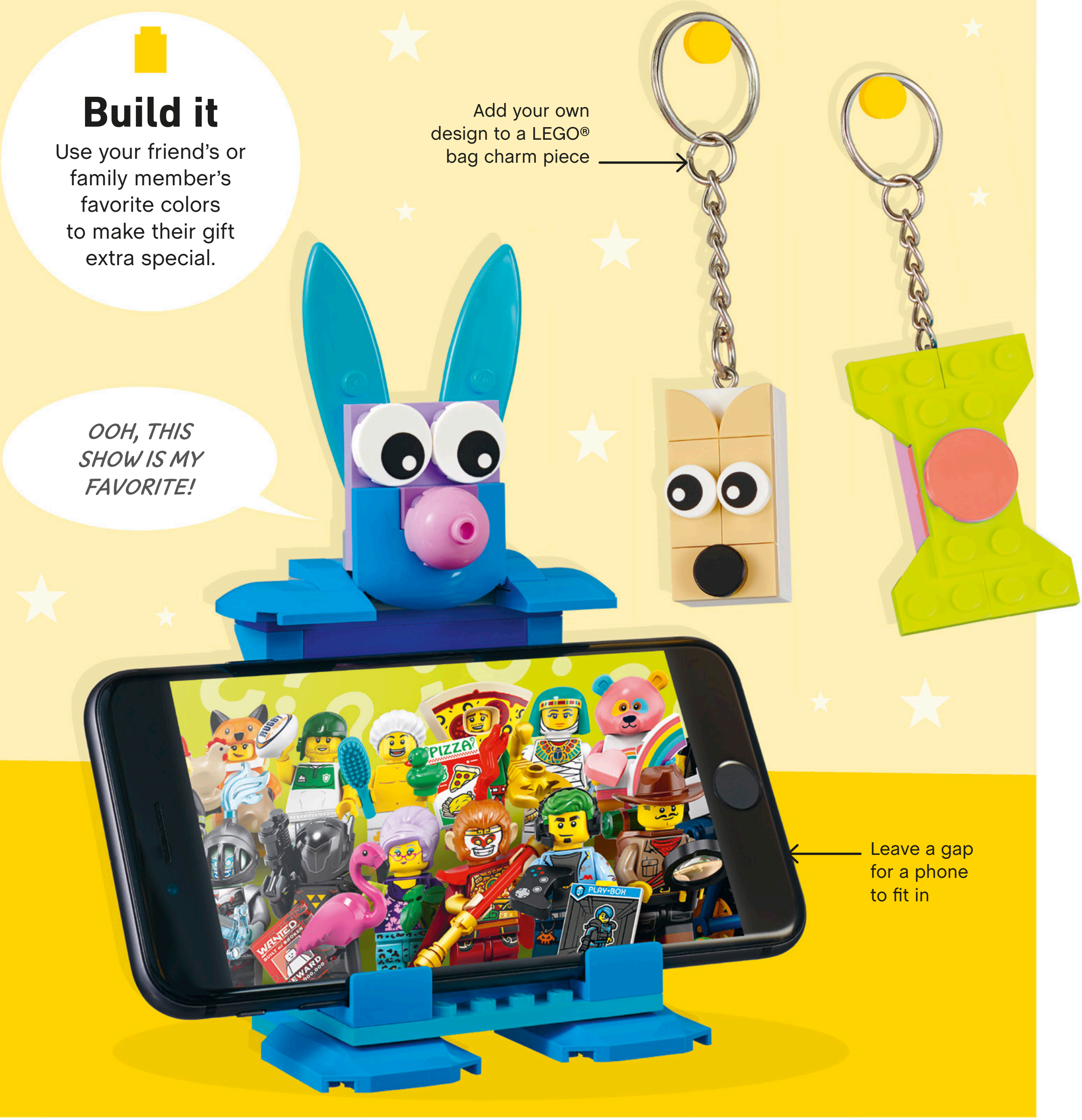
83

Give a thoughtful gift

Everyone likes to receive gifts, and gifts with a nice thought behind them are extra special. Give someone a gift that you think they'll really appreciate. For example, if your brother or sister struggles to find their schoolbag, a brightly colored bag charm will make it easier. If your friend loves watching videos on their phone, a phone stand will let them watch hands-free.

Build it

Use your friend's or family member's favorite colors to make their gift extra special.


OOH, THIS SHOW IS MY FAVORITE!
Add your own design to a LEGO® bag charm piece
PIZZA
PLAY-BOX
WANTED
Leave a gap for a phone to fit in

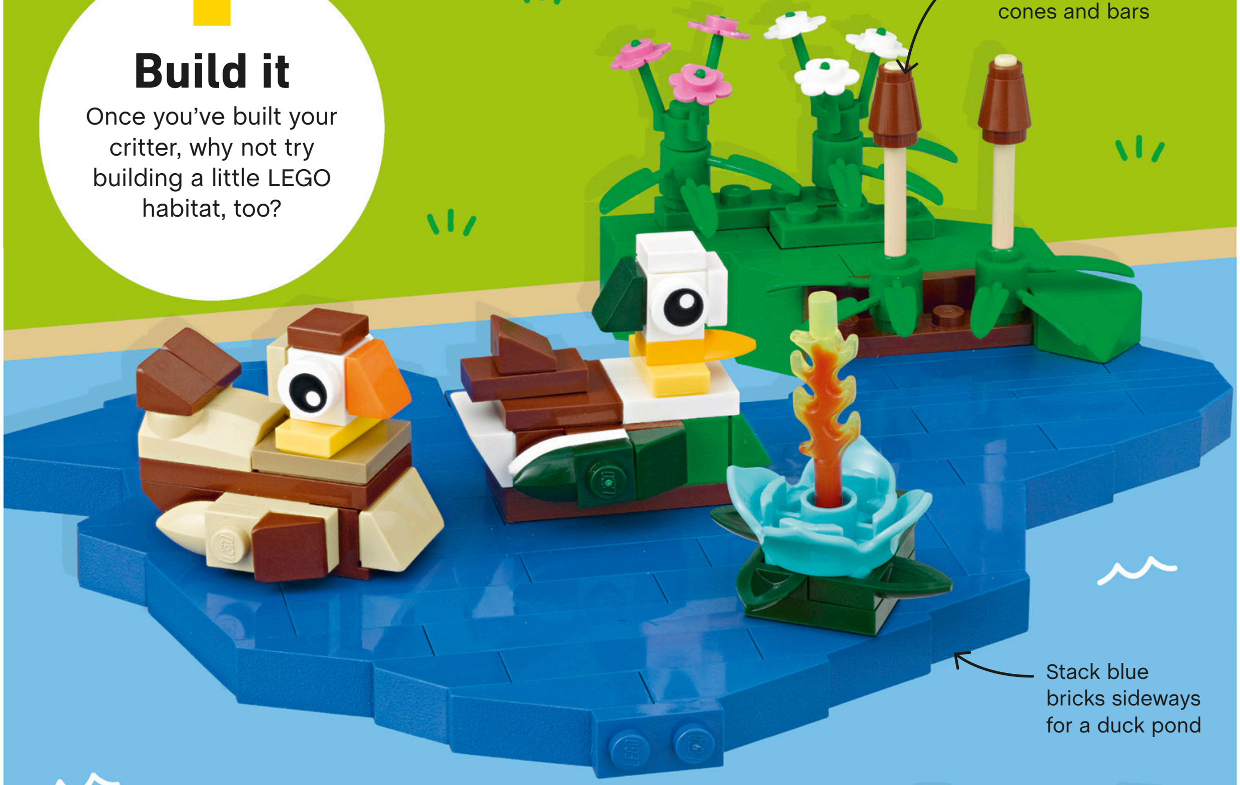
Meet new critters

84

Wildlife is everywhere! Take a trip to a beach, lake, river, or pond to learn about the different creatures that live there. When home, read about them in books or online to find out more. What kind of food do they eat, where do they sleep, and how do they take care of their young? Now build them with your LEGO bricks!

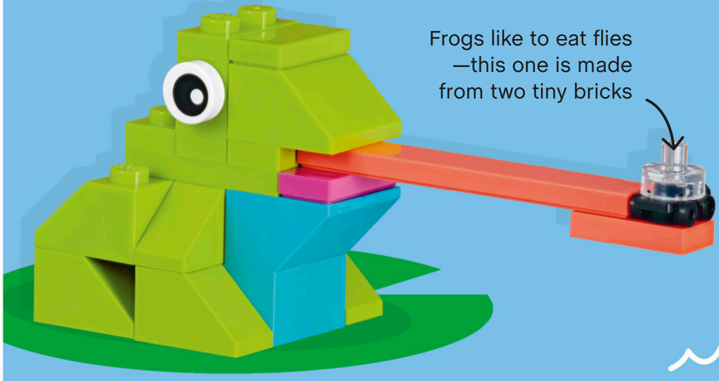
Build it

Once you've built your critter, why not try building a little LEGO habitat, too?

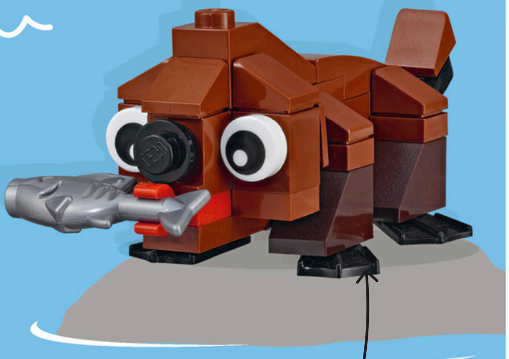


Bulrushes are made from cones and bars

Stack blue bricks sideways for a duck pond



Frogs like to eat flies—this one is made from two tiny bricks

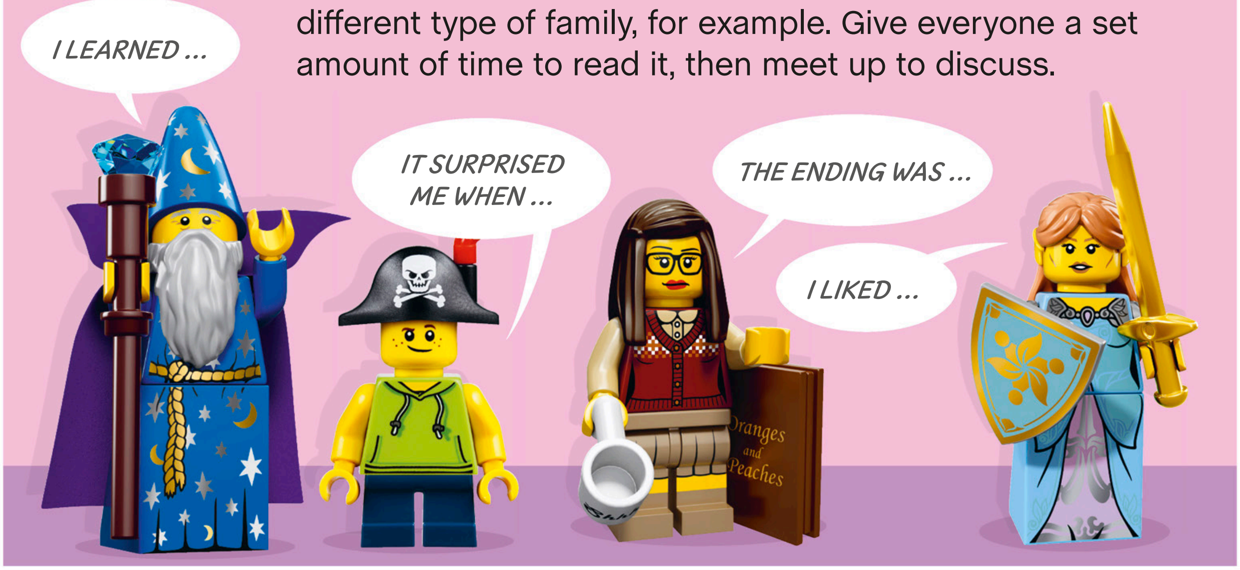


Beaver's webbed feet are LEGO flippers

85

Start a special book club

Love reading? Set up a book club—with a twist! Invite your friends or family to join, then take turns choosing a book that is about someone from a different background. The character could be from a different country or have a different type of family, for example. Give everyone a set amount of time to read it, then meet up to discuss.


I LEARNED …
IT SURPRISED ME WHEN …
THE ENDING WAS …
I LIKED …
Oranges and Peaches

86

Buy local

Have fun discovering what's on your doorstep and visit small shops. Get to know your local shop owners and cut down on pollution, too—especially if you walk! Encourage your family to buy local by shopping at a farmer's market or bakery, buying presents at a craft fair or boutique, and eating in family-owned restaurants and cafés.

THANK YOU FOR THE BANANA. IT'S JUST WHAT I WANTED!

Explore the world

87

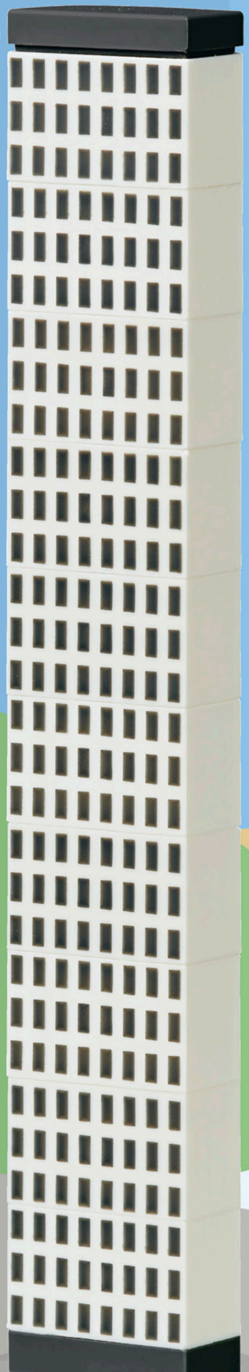
There's a whole world out there! Be a global citizen by being curious about other places and cultures. Challenge yourself to go online or visit a library to learn about as many different countries as you can. Learn about what life might be like for a child your age who lives there, and use your bricks to build something from the countries you learn about.

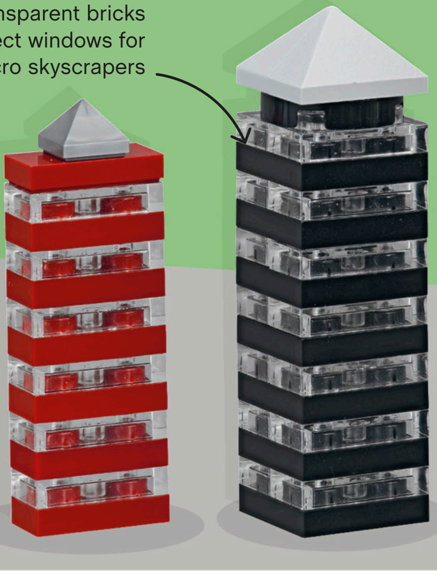
Build it

You could build animals, buildings, food, people, transportation ... anything! Use pictures for reference.

Japan has beautiful castles that were built by noblemen many years ago

Red plates for blossoms





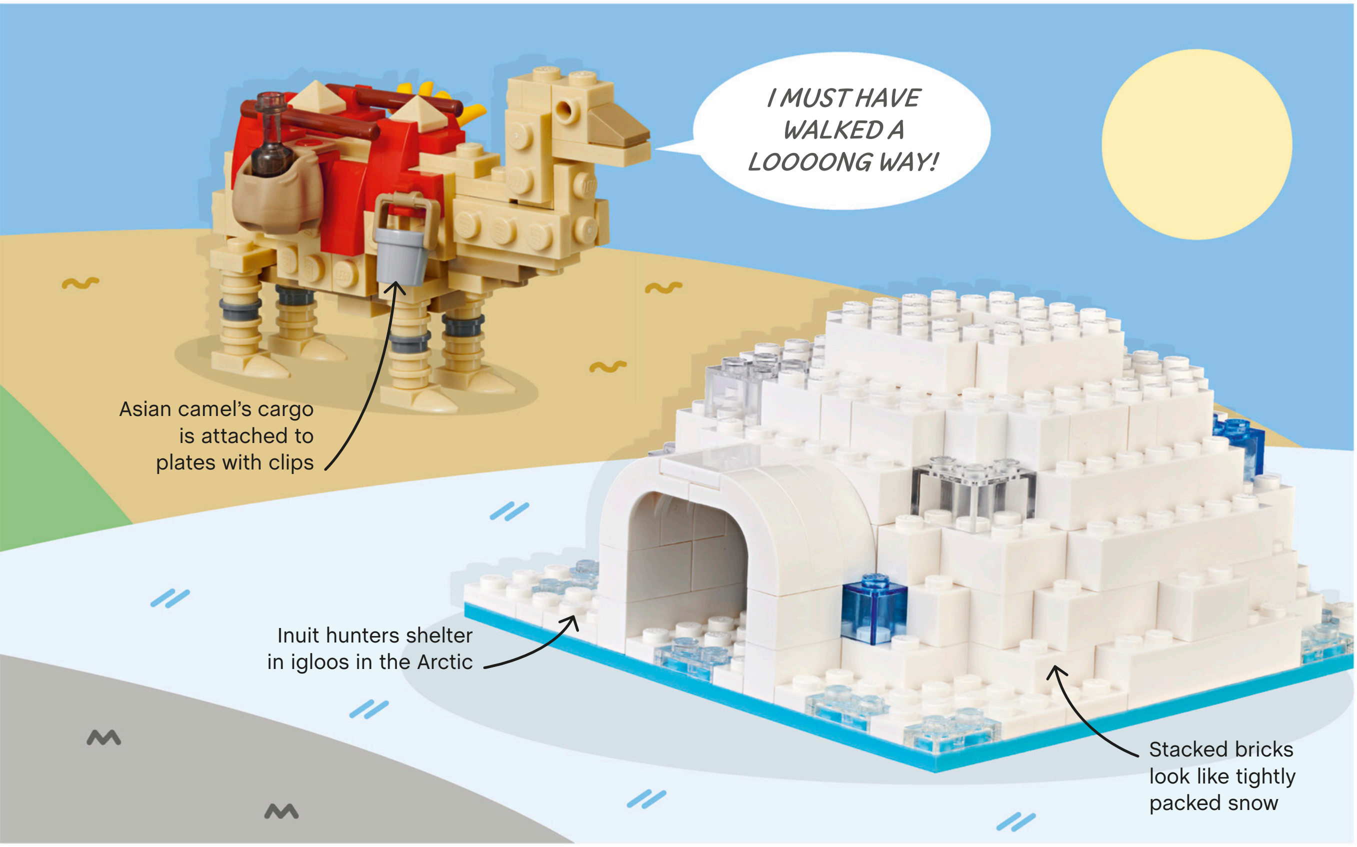
Tiny transparent bricks make perfect windows for micro skyscrapers

88

Give a helping hand

Look for opportunities to help people throughout the day. It could be holding a door open, letting someone with just a few items go in front of you at a checkout, or helping a teacher carry something. Don't be afraid to ask other people for help when you need it, too!

I'LL HOLD YOUR ICE POP FOR YOU!
I CAN'T HOLD ANYTHING IN THIS COSTUME!


I MUST HAVE WALKED A LOOOONG WAY!

Asian camel's cargo is attached to plates with clips

Inuit hunters shelter in igloos in the Arctic

Stacked bricks look like tightly packed snow

89

Save paper

When you're busy practicing your painting skills or writing up your plans to rebuild the world, remember to double up to save paper. Once you've used one side of a piece of paper, simply flip it over. You'll halve the amount of paper you get through!

DON'T FORGET TO USE BOTH SIDES OF THE PAPER!

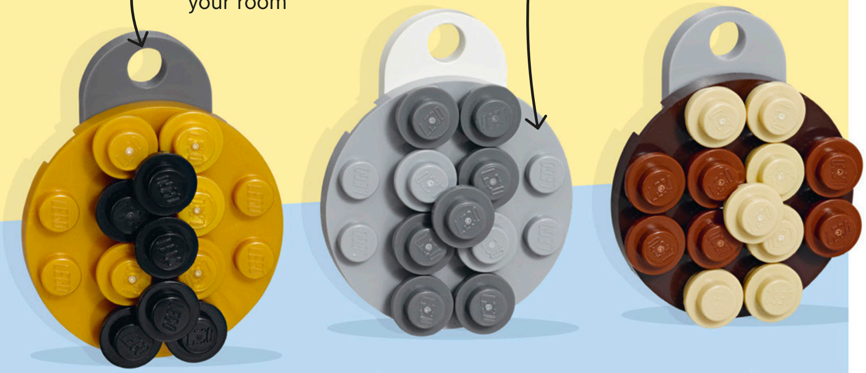
90

Celebrate the little things

Build yourself a LEGO medal for something you are proud of, however small. Perhaps you spoke up in class, finished a school project, or helped a friend with a problem. Hang the medal to remind yourself when you need it that you are awesome.

Build it

Add a number figure to your medals to mark different achievements—add two layers of small round plates.



Thread ribbon through this hole to hang the medal in your room

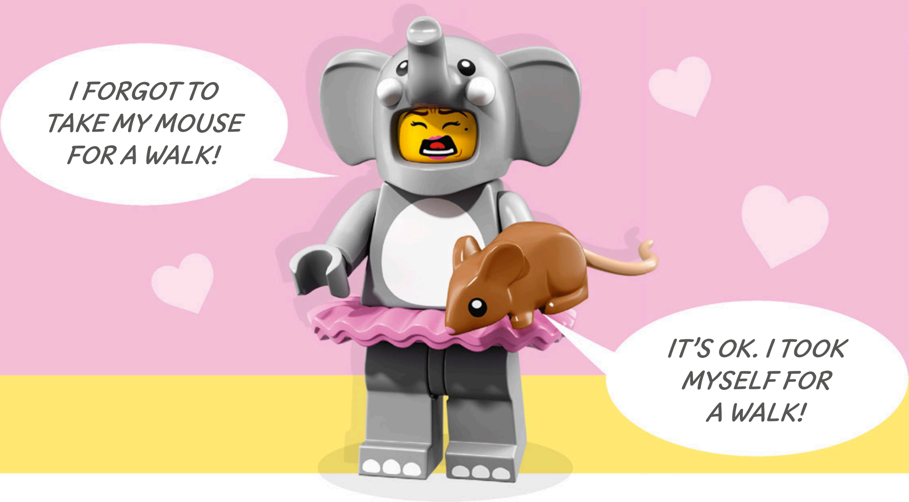
Make more than one to remind you of different things you are proud of

I'M GOING TO NEED A HAND WITH THIS PAINTBRUSH!

91

Be kind to yourself

No one's perfect! When you make a mistake or something goes wrong, don't get discouraged. Use it as a chance to learn. Forgot to walk the dog? Apologize and leave a note so you remember next time. Missed a goal at soccer? Focus instead on what went well in the game and what you learned. Just keep trying your best!


I FORGOT TO TAKE MY MOUSE FOR A WALK!
IT'S OK. I TOOK MYSELF FOR A WALK!

Do something you love every day

92

Make time to do something that makes you happy every single day—even if it's just for five minutes. Whether it's building with your LEGO bricks, drawing a picture, or playing an instrument, making time for something you love is an important way to care for yourself. Challenge yourself to build a LEGO model in five minutes as a fun way to start or end your day.

Tools work as bug antennae and legs

Create a little scene with just a handful of bricks

Transparent pieces for robot's eyes

Printed radar dish looks like an owl's feathery tummy

Build it

Be inspired by a single piece. A cone could be a beak, or a radar dish could be a penguin's tummy.

93

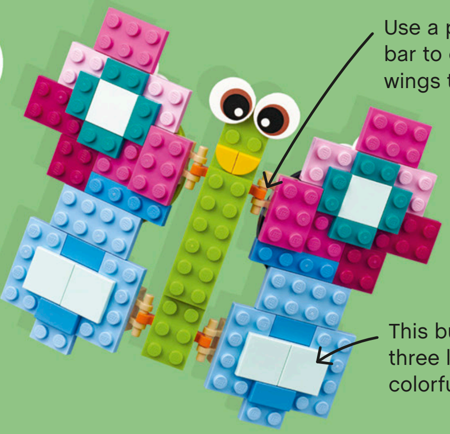
Plant a butterfly paradise

Grow plants like lavender and marjoram to encourage butterflies to visit. Butterflies help the environment by spreading pollen from plant to plant, plus you'll enjoy watching them flutter around. See how many types you can see, and then try building your own LEGO versions.

Build it

Build two wings that are mirror images of each other. Recreate a butterfly you see, or design a new one!

I'M A BUTTERFLY. WHEEEE!



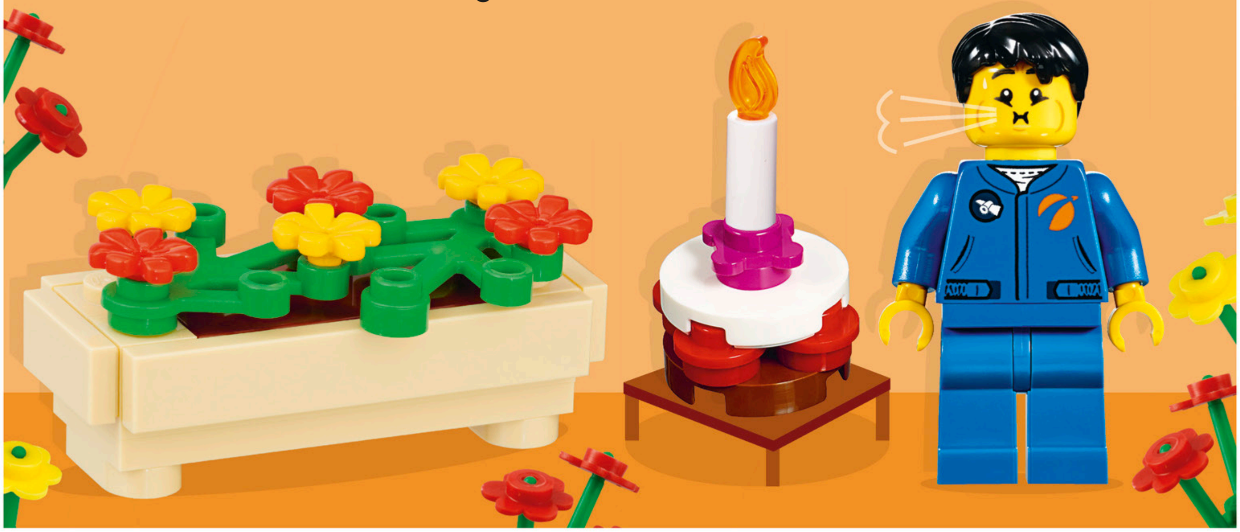
Use a plate with bar to connect the wings to the body

This butterfly has three layers of colorful plates

94

And breeeeathe!

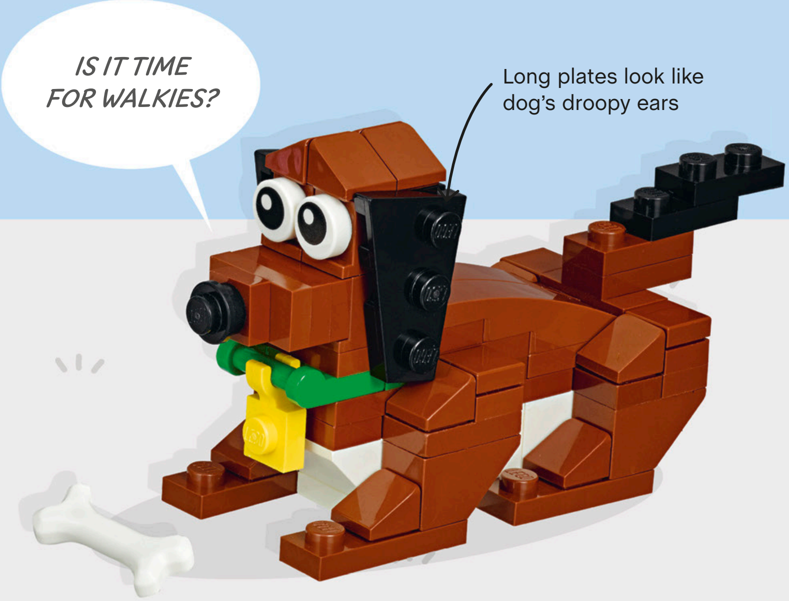
Breathe yourself calm when things get too much. Breathe in deeply through your nose for a count of four, hold your breath for four, and then breathe out deeply through your mouth for four. Just imagine you're smelling a flower and then blowing out candles on a cake!



Be kind to furry friends

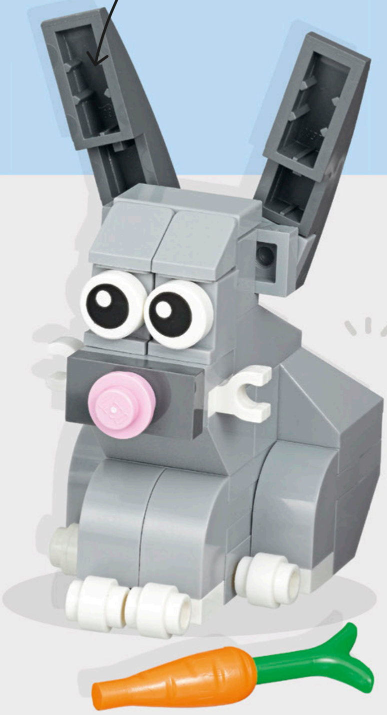
95

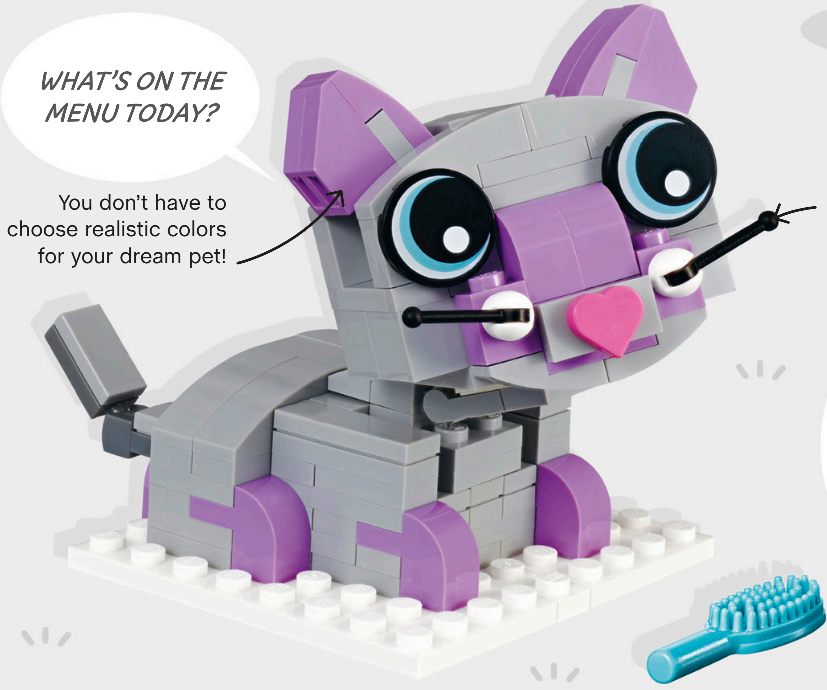
Owning a pet is a lot of fun, but it's a big responsibility, too. Pets need to be fed, watered, taken for walks or exercise, groomed, and cleaned up after regularly. Before getting a pet, decide as a family who will be responsible for each task. In the meantime, have fun building your dream pet with LEGO bricks—or you could just stick with your LEGO version!



Long plates look like dog's droopy ears

Sloped bricks for long bunny ears





You don't have to choose realistic colors for your dream pet!

Antenna elements make cute cat whiskers

Build it

Once you've built your adorable animal, why not build a bed and food bowl too? What else will it need?

96

Take a shower challenge

Taking a shower instead of a bath uses much less water—and shorter showers are even better! Set a timer and take on a family challenge to see who can take the shortest shower while still getting clean. Start scrubbing!

I'M THE WINNER TODAY, DUCKY!

97

Look around you!

Look up, down, and all around, and seek out the things that make you happy. What made you smile today? A squirrel running up a tree? Eating delicious ice cream? Seeing a huge sunflower? Build what made you happy.

Build it

Think about how you could use your bricks in different ways. Goblets make cool ice-cream cones.

I'M VERY HAPPY TO SERVE YOU

Ice-cream truck has headlights, a bumper, and a very important serving hatch

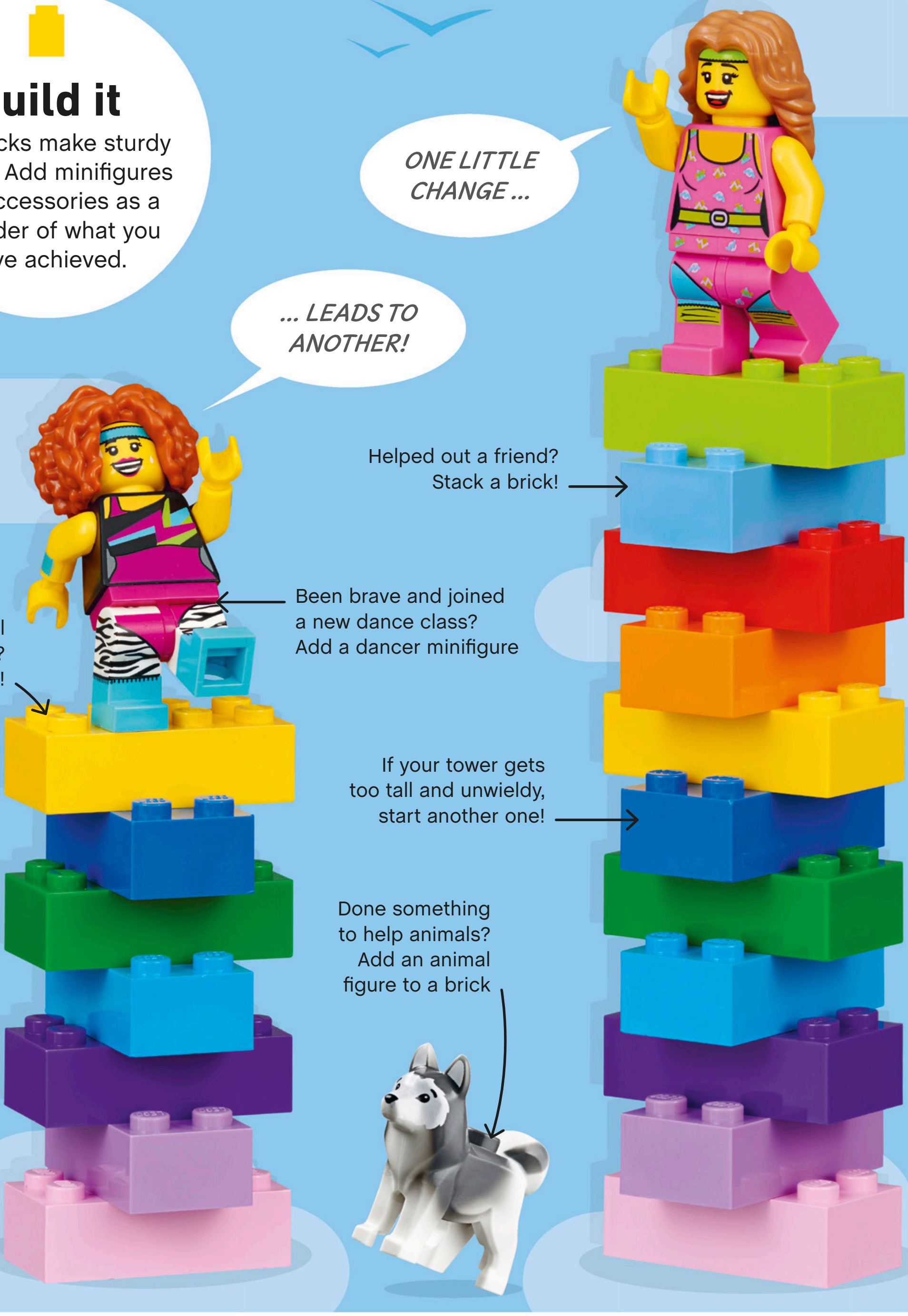
Create a “tower of change”

98

Keep track of your good deeds and achievements. Stack a LEGO brick on top of another for every change you make, every brave act, and every kind thing you do —and watch your “tower of change” grow!

Build it

2x4 bricks make sturdy towers. Add minifigures and accessories as a reminder of what you have achieved.



Helped out a friend? Stack a brick!

Been brave and joined a new dance class? Add a dancer minifigure

Made a real effort to recycle? Stack a brick!

If your tower gets too tall and unwieldy, start another one!

Done something to help animals? Add an animal figure to a brick

Spread some cheer

99

Be a ray of sunshine by spreading some happiness wherever you go. A little kindness can make a big difference to the people around you. Try to do something kind every day. What about starting with a cheery "good morning!" to someone you wouldn't usually greet?

HEY, GOOD MORNING!

Over to you!

100

Can you think of any other ways you could make a difference to the world around you? Whether it's caring for others, yourself, or the planet—small changes can make a BIG difference.

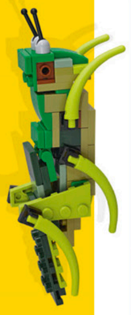
I MAY BE SMALL, BUT I CAN HELP REBUILD THE WORLD
ME, TOO!
WHAT WILL YOU DO TODAY?

Checklist

Why not check off the changes you make, the activities you complete, and the random acts of kindness you perform? Seeing the checks will make you feel good about everything you are doing.

☐ **1** Offer a hug
☐ **2** Pick up a friendship
☐ **3** Boost positivity
☐ **4** Ready, steady, grow …
☐ **5** Get moving!
☐ **6** Give a thank-you card
☐ **7** Save your pennies
☐ **8** Make someone laugh
☐ **9** Be animal aware
☐ **10** Become a cleaning whiz

☐ **11** Celebrate differences
☐ **12** Be a litter champion
☐ **13** Share your skills
☐ **14** Eat a rainbow
☐ **15** Create a family game
☐ **16** Talk to the new kid
☐ **17** Be a food-waste hero
☐ **18** 3, 2, 1 … run!
☐ **19** Go on a bug hunt
☐ **20** Give toys a new home



☐ **21** Discover your history
☐ **22** Love yourself
☐ **23** Sing for joy
☐ **24** Host an awards night
☐ **25** Go on a pet adventure
☐ **26** Share it!
☐ **27** Be kind online
☐ **28** Top a chore chart
☐ **29** Bring the birthday joy
☐ **30** Help a classmate

☐ **31** Offer your seat
☐ **32** Start a chain of creativity
☐ **33** Say cheese!
☐ **34** Be the news
☐ **35** Lights out
☐ **36** Solve it!
☐ **37** Bee friendly
☐ **38** Welcome everyone
☐ **39** Have your say
☐ **40** Step into their shoes

☐ **41** Be brave
☐ **42** Swap it!
☐ **43** Make your school sparkle
☐ **44** Be a chef
☐ **45** Celebrate you!
☐ **46** Hunt for rainbows
☐ **47** Become a team player
☐ **48** Borrow kindly
☐ **49** Turn off the faucet
☐ **50** Tell a LEGO® tale

- ☐ **51** Be awesome and recycle
- ☐ **52** Make someone feel great
- ☐ **53** Unplug it!
- ☐ **54** Celebrate where you live
- ☐ **55** Go bird-watching
- ☐ **56** Look on the bright side
- ☐ **57** Befriend an elderly person
- ☐ **58** Have sweet dreams
- ☐ **59** Be fair!
- ☐ **60** Start a club

- ☐ **61** Surprise a pal
- ☐ **62** Celebrate heroes
- ☐ **63** Build together
- ☐ **64** Host a book swap
- ☐ **65** Stand up for what's right
- ☐ **66** Thank your teacher
- ☐ **67** Be a good neighbor
- ☐ **68** Say no to trash
- ☐ **69** Start a worm farm
- ☐ **70** Be their biggest fan

- ☐ **71** Wish them well
- ☐ **72** Respect the rules
- ☐ **73** Focus your mind
- ☐ **74** Be kind, clean up!
- ☐ **75** Start a "library of things"
- ☐ **76** Be a kindness detective
- ☐ **77** Get outdoors!
- ☐ **78** Treat someone
- ☐ **79** Grow vegetables
- ☐ **80** Read all about it!

- ☐ **81** Listen to others
- ☐ **82** Volunteer at school
- ☐ **83** Give a thoughtful gift
- ☐ **84** Meet new critters
- ☐ **85** Start a special book club
- ☐ **86** Buy local
- ☐ **87** Explore the world
- ☐ **88** Give a helping hand
- ☐ **89** Save paper
- ☐ **90** Celebrate the little things

- ☐ **91** Be kind to yourself
- ☐ **92** Do something you love every day
- ☐ **93** Plant a butterfly paradise
- ☐ **94** And breeeeathe!
- ☐ **95** Be kind to furry friends
- ☐ **96** Take a shower challenge
- ☐ **97** Look around you!
- ☐ **98** Create a "tower of change"
- ☐ **99** Spread some cheer
- ☐ **100** Over to you!

WHAT DID YOU DO TODAY?

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